



	Day 1	Day 2	Day 3	Day 4	Day 5	DAY 6	Day 7
Week 1	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Week 2	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Week 3	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Week 4	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Week 5	Day 29	Day 30	Day 31	Day 32	Day 33	Day 34	Day 35
Week 6	Day 36	Day 37	Day 38	Day 39	Day 40	Day 41	Day 42
Week 7	Day 43	Day 44	Day 45	Day 46	Day 47	Day 48	Day 49
Week 8	Day 50	Day 51	Day 52	Day 53	Day 54	Day 55	Day 56

