

# Soul Deep Simplicity

## Lesson One Worksheet

### Mind

What I desire from simplicity is...

# Soul Deep Simplicity

## Lesson One Worksheet

### Heart

I pursue simplicity because...

# Soul Deep Simplicity

## Lesson One Worksheet

Soul

I describe my soul today as \_\_\_\_\_

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I hope to describe my soul after simplifying as \_\_\_\_\_

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