

Conversations with Nature Supply List Summary

The supply list is broken down by chapter in the workshop if you prefer to gather the supplies stage by stage.

Papers

- Large selection of lightweight papers such as tissue, and dressmaking pattern paper, in neutral shades.
- Large piece of white paper / card to use as background when photographing plants.
- Baking paper
- A4 copier paper
- Sandpaper
- Stiff card
- Lightweight card
- Freezer paper
- Scraps of ephemera such as handwritten letters, documents, botanical images

Fabric / thread / stitch

- Scraps of neutral coloured fabrics in different weights and textures
- Smooth lightweight fabric such as cotton A4 size
- Embroidery threads
- Cotton fabric in white or cream colour
- Needle and thread
- Scraps of cream/white silk.

Glues / paints / pastes

- Water-based household paint (the sort that you'd use for interior walls, called emulsion in the UK)
- Brown ink pad
- Brown oil pastel
- Brown ink or watercolour paint. I used Koh-i-nor dye paints
- Acrylic paints
- Gold paint
- Fine liner pen in black or brown
- White gesso
- Matte heavy gel medium - I used Liquitex
- Crackle paste, I used Range Opaque Crackle
- Texture paste (I used Daler and Rowney)
- Vaseline
- White air dry clay
- Sellotape
- ModPodge
- Repositionable spray glue
- Adhesive foam pad

Tools

- Iron
- Scissors
- Rolling pin
- Glue brush
- Paintbrush
- Fine detail paintbrush
- Spreader or palette knife
- Ruler
- Warm air gun
- Smartphone or camera. I used an iPhone and made use of the basic photo editing filters.
- Optional: software or app for photo editing to enable you to remove the backgrounds on photos, I use Canva.

Other

- Tin or box (see video for guidance)
- Letter stamp blocks
- Selection of plants / seed heads. Watch the video (2.2) for guidance on what types to look for.
- Diluted coffee
- White candle
- Cheese grater
- Dried pressed flowers, leaves or seeds
- String / cord / twine.
- Inkjet printer
- Piece of thick plastic or silicon mat to protect desk
- Letter stamp blocks

Optional

- Words cut out of a book
- Brown parcel paper
- Stencils
- Spoon