



## Travel Tips: Must have

### Documents

#### A photocopy of:

- Passport
- Credit card
- Health Insurance Certificate
- Vaccination record
- Relationship Certificate (*if you're a woman traveling with a spouse/any other mahram*)
- Airline ticket
- Hotel booking receipt

#### Emergency contacts (Phones / Addresses)

- Phone numbers/addresses of your family and friends back home
- Travel agent / Hotel (locally)
- Police (999) / Fire Services (998) / Ambulance (997)

#### Just in case

- Passport size photos
- Saudi riyals / US dollars / credit card for emergencies

### Islamic Resources

- Pocket Quran (App)
- Umrah and Hajj Guide complete with Du'a (pocketable)
- List of your own du'as and du'as of those who asked you to pray for them

### Medical

- First aid kit
- General painkiller. Panadol / Paracetamol / Ibuprofen
- Anti-diarrheas. (Loperamide / pocai)
- Cough / cold medications
- Band-aids / plaster
- Glass prescription
- Personal medications

*Kindly consult your doctor first*

### Utilities

- Wet tissues (multipack pocketable)
- Tissue packs
- Quick dry hand towel

### For Men

- Ihram (How to wear Ihram)
- Ihram (Waist belt)
- **Quick-dry Undergarments**
- Comfortable garments (2 or 3 / layering)
- Pelikat / Sarong
- Shawl



## Travel Tips: Nice to have

### Accessories

- Safety pins
- Nail cutter
- A Travel Sewing Kit
- Neck pillow
- **Spray bottle (for wudhu)**
- Zip lock bag (Waterproof)
- Collapsible water bottle
- **Collapsible bag**
- Simple Bag for shoes to enter the Mosque

### Medical

- Lip balm
- Moisturizer
- Deodorant
- Eye drops

### Wear

- Comfortable Slippers
- Sunglasses / Hat (to protect from sun)
- Surgical Mask

### Tech

- Small torch light
- Trimmer/Disposable razors
- Pocket fan
- Travel plug
- Wrist-Watch (in case you won't be carrying a phone with you)

### Food

- Energy bar (while waiting)
- Mint
- Dry fruits

## Packing tips

### Folding technique

- Bundle (Video)
- Vacuum bag

### Organise pouches

- Clothes
- Undergarment
- Tech
- Toiletries
- Medical

### Packing list

- Having a check list
- Lay everything out

### Tips

- Roll your hijabs and other clothes to reduce wrinkles and save space.
- Place your hijab pins in a tic tac (halls) container to avoid losing them