

# DYAD PROCESS



Witness

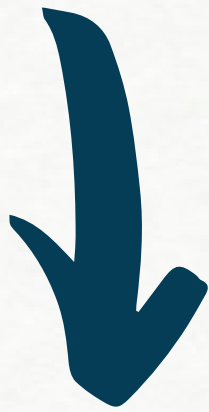


Explorer

1) Deliver the question



1) Receive the question and take it in fully.



2) Stay open and receive the processing person with presence and curiosity.

Remains silent for full round.

2) Sense into the question. Observe inwardly.

3) Express what is alive in you now as a result of your inquiry.



**SWAP EVERY 5 MINUTES**

(Total 40 minutes)

