

ASSESSMENTS AND (ONLINE) COACHING

Occupational Excellence

If you have to change something- you have to measure it!

EVOKING EXCELLENCE IN OTHERS



Figure 1: Understanding the conceptual framework of the Performance Excellence

Coaching Model - Adapt, Adopt and Accelerate

This is what we do with passion

It is my dream to help as many people as possible to live a life of excellence and that they radiate from the inside out

No one wants to throw darts in the dark

Especially not when it comes to the success of your business and its employees.

THE DIFFERENT ONLINE COACHING ASSESSMENTS

Just click on the links and let your coaching journey begins

Our Coaching Process: 1 Chemistry check. 2. Discovery and assessment process. 3. Feedback meeting. 4. Action planning. 5. Alignment meeting. 6 Ongoing Coaching. 7. Realignment meeting

- Do your online assessments from home.
- Quick turnaround time and assessment outcome.
- Don't shoot in the dark. Fix the real issues and getting to the roots.
- Full hands-on support- Personal guidance when you need it
- Our comprehensive online assessment service offering you easy instantaneous benefits and online coaching.

How it all works..... Six easy steps

1. Your INVESTMENT will cost you: R 1716,20 (Discovery Health Tariffs).
2. Free: Need analysis discussion and priorities.
3. Select and agree on any 5 assessments.
4. We will invoice you after your final selection of assessments.
5. Weekly heart to heart either life or zoom implementation sessions, so you get all the professional help your situations need.
6. On-going personal guidance when you need it.

Norms for assessment results

FUNCTIONAL AND FLOURISHING	IRRITATING	DAMAGING	TOXIC	DEADLY

More than 80% Excellent and world-class	Between 70 and 80 % Still very good to good but early signals	Between 60 and 70 % Average to Below average	Between 50 and 60 % Very poor	Less than 50 % Exceptionally Poor
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Are you allowing time for things that matter most to you? Whether it's your family, your friends, your favourite vacation spot, there's much more to your life than work. Take a look at these resources to help sustain a healthy work-life balance.

We have found that most people know what to do in the problem areas of their lives. The difficulty is not that they don't know what to do, **but rather that they have an inability to do what they know!** We know in our minds, but something in the heart blocks us from doing what we know. **So how do you get the Truth from your mind to your heart? Let's start with an assessment**

Few would contest the value of learning—but the simple desire to grow is not enough. You'll need a plan if you want your natural curiosity and drive to translate into new capabilities. Research suggests three elements are key: a defined set of clear, immediate goals; a concrete time frame for meeting them; and a group of people you can turn to for support

See examples below

S: Please select where you want to focus on

Indecisiveness can be costly in terms of opportunity and our courage. You cannot build a reputation on what you are going to do. Henry Ford

OCCUPATIONAL EXCELLENCE

1	Accelerate Your Performance - How Best to Engage You Towards Accelerating Higher Performance at This Stage	https://forms.gle/mbmfdSJ1S44H2jSz7
2	Coaching and Mentoring- Change the Way You Play the Game	https://forms.gle/rNx3WjFYhxt73bATA
3	Bringing Your Plans into Reality- Create Momentum and Get into The Flow of Transforming Your Life	https://forms.gle/qU8aX65iB6Sghi7X9
4	Career Planning - Making Informed Career Decisions and Study Choices	https://forms.gle/x2bnt7uD2MZWBqRU8

5	Career Development Plan - Assisting You in Personal Development and Setting Career Directed Goals.	https://forms.gle/DbdkQdQzJDq7n3BAA
6	Coaching and Mentoring Questions to Develop Leaders: Part 1 Relating	
7	Coaching and Mentoring Questions to Develop Leaders: Part 2 Reflection	
8	Coaching and Mentoring Questions to Develop Leaders: Part 3 Reviewing	
9	Coaching and Mentoring Questions to Develop Leaders: Part 4 Refocus	
10	Coaching and Mentoring Questions to Develop Leaders: Part 5 Spiritual	
11	Deal with Tough Times- Dealing with Psychological Survival and Challenges	https://forms.gle/BWg1ruyDuyzXHF1H9
12	Enhancing Quality of Life - How You Feel About Your Health, Job, And Other Aspects of Your Life.	https://forms.gle/vaGSL6uPj59Vtnba9
13	Entrepreneurship That Prospers- Ten Critical Success Factors	https://forms.gle/1XjCYjm1815WukAK8
14	Establishing Strengths- Refine and Practice Your Strengths to Achieve Excellence	https://forms.gle/khnAkDvyJ9iD1C1PA
15	Focus: Personal Balanced Scorecard- Who You Are, Where Are You Going, Your Uniqueness, Measuring Results	https://forms.gle/fR9CGJLA6eVKUESq5
16	Identifying Coaching Needs- Looking at Who You Are, Who You Want to Be and What Is Important to You	https://forms.gle/zyUJ3v7byVL4o2DX9
17	Listening to Your EQ Heartbeat- Guide You to Heightened Awareness of Ways How EQ Can Help You Get the Results You Require.	https://forms.gle/tjc8u2QpqSLdMsFJ9
18	Measuring Blind Spots and Accountability- Quality Time, Family, Relationships. Good Steward, Diligent at Work	https://forms.gle/XToSYCPh3T3444j29
19	Obtaining Value Proposition – Determine You're Set of Characteristics That Define Your Brand	https://forms.gle/WHudUsv8vR9qmBnx9
20	Resilience Meter- Competency, Optimism, Potency, Usefulness, Belonging	https://forms.gle/TsFDw28dm8emXQ8bA

21	Resolving the Conflict - Understanding of The Conflict Issues Related to Your Organisational Strategic Focus Areas.	https://forms.gle/jjDd4bDNG7uo9Mby5
22	Reviewing Career Wellness - Discover Your Talents, Ignite Your Passion, And Realize Your Potential.	https://forms.gle/9HHqeAjbDQ72iaLd6
23	Screening Half Time- Struggles, Survival, Success, Significance, Surrender	https://forms.gle/wxV9i1WoySL15GFN6
24	See the Big Picture- See Your Life from A New Perspective, Develop Qualities to Take Your Life to The Next Level.	https://forms.gle/amaPNY6nn3LVwo4z7
25	Solving the One Thing- What Obstacles Are the Team Currently Having and Where Are You Under Pressure in Your Team?	https://forms.gle/vUve2Ye3m7ksFiYE8
26	Fixing Stumbling Blocks – Identifying Habitual Thoughts or Unquestioned Beliefs.	https://forms.gle/TYqSTa9uhj23qEq89
27	Sustaining Job Satisfaction – Evaluate Whether Internal and External Aspects of The Job Meet Individual Expectations.	https://forms.gle/iDCC7rfmi2vzKQPbA
28	Turn-Ons & Turn-Offs – Areas That Can Promote A Great Workplace or Areas (Turn-Offs) That Can Cause Irritation, Frustration and Dysfunction.	https://forms.gle/q64rnBGGAFsKXgap7
29	Value Your True Essence - Focus on Your Achievements and Strengths	https://forms.gle/Mfuq7Q1eGZnM9Wko8
30	Your Happiness Indicator - Words and Phrases to Describe You and How You Feel About Your Present Life.	https://forms.gle/V6h4KomQSpyARh9X6

“Love your family, work super hard, live your passion.” – Gary Vaynerchuck

Just click on the links and let your coaching Journey begins

FACILITATED BY DR MARIO DENTON

MARIO DENTON (MBA, M. Econ., PhD)

1. **In Africa** They Called Him, The Young One, The One Who Brings the Fire, The Platinum Eagle. the Wisdom Doctor.

2. **On the StrengthsFinder:** He Is Futuristic, Strategic Thinker and Maximiser, Full of ideas and Responsibility

3. **He Always Wants to Be. F.A.T.** (Faithful, Available, And Teachable).
4. **Feedback from His Clients:** When You Worked with Mario, You Will Always Get More Than What You Have Asked For. So, challenge him and ask for more.
5. **His Favourite Bible Verse:** Romans 12:2: Do Not Conform Any Longer to The Pattern of The World, But Be Transformed by The Renewing of Your Mind.
6. **Mario Is Passionate** About the Wellbeing and Development of People and Sees the Untapped Potential in Them.
7. As **Psychologist** Likes to Help People to Discover Their Unique Design.
8. He Is A Passionate and Enthusiastic Advocate of Lifelong Learning, Personal Growth and Development. The study leader of 160 MBA research projects
9. **He Is an Inspiring Action-Directed Business Coach** and Expert in Emotional Intelligence.
10. **His Mission Statement:** I Am Trusting God to Use My Coaching and Assessment Skills to Serve Leaders in Order to Significantly Impact Them in The Areas of Character-Based Leadership, Family and Stewardship. **I am, through Christ who strengthens me, a passionate people management facilitator through purposeful, authentic and stewardship conversations**
11. **Happily Married** For 41 Years with His Covenant Wife, The Wife of His Youth with three sons and four grandchildren.
12. **His Favourite Closing Comments** on TV And Radio: Make A Difference and Let the Rest of Your Life Be the Best Part of Your Life. You Ain 't Seen Nothing Yet. Prayer is the most powerful, cost effective under-utilized management tool. Leadership is about Following Him, serving others and influence the world to make a lasting Kingdom Impact

Master in his study field. He knows where he is going and what he wants to achieve

Available. He is available to serve it be professionally or in friendship

Right standing with God. Loves God and will seek ways to please God and want God's blessings in what he does

Illuminates a servant-leadership character

Observant of what goes on around him. Identifies new ideas and challenges in his surrounding

My 30 second Commercial and Affirmation.

You are great and a unique individual. You are born to do well, to succeed and to bless the lives of others. You have what it takes to be great. You are enthusiastic, optimistic and a change embracer. You are a giver rather than a taker, a hard worker and a happy person. You want to go out and make a difference in others people's lives. In an ocean,

full of rumblings and waves, you will be the one who brings stability and will be free and enjoy what you do. Stay humble.

TO GOD ALL THE GLORY

1. I thrive on it to see how I can help people to discover the best version of themselves.
2. It is my dream and my passion to inspire people to live out their God-given potential
3. I enjoy inspiring people to discover their redemptive purpose and to encourage them to walk it out

Mario Denton's Epitaph: Not selfish to share his knowledge and wisdom with others.

CONTACT DETAILS

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Just click on the links and let your online assessment and coaching journey begins



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