The Social Impact of Trauma Informed Care

Skills and strategies to support workplace wellbeing

Summary

Exploring the skills we need to build a postive social impact with Trauma Informed Care

Objectives

1

Identify a trauma informed culture

Break down the essentials of trauma informed care

2

Develop the skills we need to help build that container

Enhancing social impact via trauma informed-focused communication and decision making

3

Identify ways we can embed these skills in our work

Practicing communication, decision-making for survivors's support.

Clear is kind.

What is Trauma Informed Care?

Trauma-informed care: acknowledging trauma's role, ensuring accessibility.

It's about providing appropriate programming to a culture of traumatized people

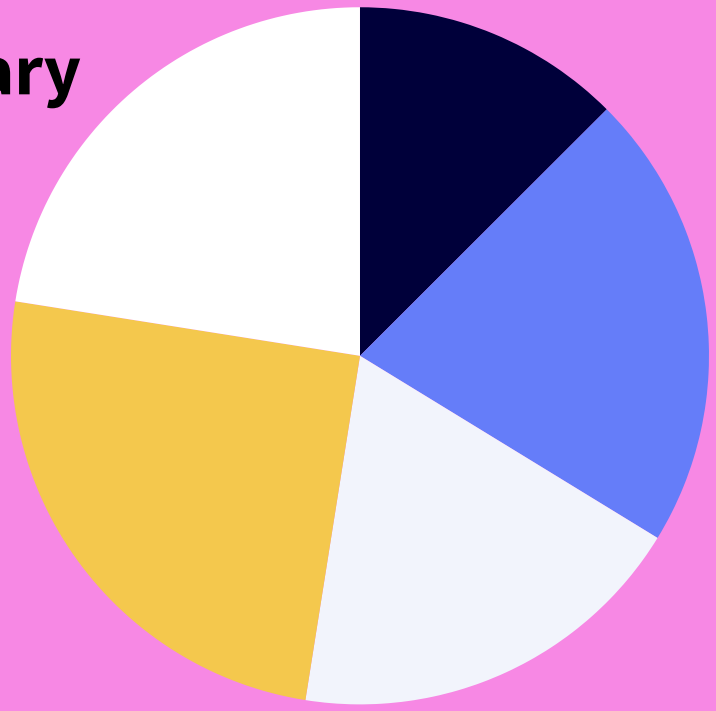
Why It Matters

- Trauma can deeply impact a person's mental, physical, and emotional health. By adopting a trauma-informed approach, we can create supportive environments that respect and acknowledge individuals' experiences, ultimately promoting healing and reducing the risk of re-traumatization.

The Data

60% of women/Non-binary

reported having a traumatic childhood experience..



40% of men

reported having a traumatic childhood or accute experience in their life.

*Harvard Business Review

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Trauma-informed care fosters healthier communities, ***can help break trauma cycles***

Adopting trauma informed skills can help be a puzzle piece to breaking up cycles of abuse.

Implementing trauma-informed care is your crucial role.

Implementing trauma-informed skill is crucial role in our roles. He's a trauma informed skills:

1 Human-Centered Communication

The shift in our language so people feel seen and heard.

2 Decision Making Skills

The tools we can use to help us minimize harm to ourselves and others, including KHAOs Mindset and Peer Coaching tools.

+ INFO

Next, we upskill.

We've covered the basics of trauma informed care. Next, we'll dive deep into the steps.