

## MA2-L12-3-el-Grid-Journaling-transcript



### Digital Scrapbooking Mastery, No. 2

#### Lesson 12, Part 3: Grid Aligned Journaling for Photoshop Elements Transcript © 2019 Jen White

Journaling makes memories come to life. Here in the last part of Lesson 12, we'll put the finishing touches on our Mastery 2 scrapbook page by adding the all important element of the written word. Begin in Expert Mode of Photoshop Elements by opening the document that you ended with in Lesson 12 Part 2. Then, press the letter D to reset the Color Chips to the default of black over white.

At the end of Lesson 6 of this class, I recommended that you save room for a text box. So if that empty space has been bugging you up to this point, now is the time to fill the gap. In the Layers Panel, click on the Circular Overlay group to activate it, and then get the Horizontal Type Tool. In the Tool Options, open the Font Picker and choose a journaling font. My all time favorite journaling font is DJB Annalise. Set the Size to 12 pts, this can always be adjusted later, and click on the Center Alignment icon. We'll leave the Color Chips set to black and then set the Leading to Auto and the Tracking to 0. Now on the document, click and drag out a text box that fills the space between the flower and the frame. You want the text box to be fairly long. My text box is approximately 3" wide by 8" tall. To reposition while dragging before you let go of your mouse, press and hold the Space bar and you can move the text box around. Notice that my text box is slightly overlapping the flower and the frame. So, just type in a sentence off the top of your head. I'll type in, "I'm a little teapot short and stout." Now

highlight the entire sentence that you just typed by pressing Ctrl A, Cmd A on a Mac. And then, copy the sentence by pressing Ctrl C, Cmd C on a Mac. Press the Right Arrow key to place the cursor at the end of the sentence, and then press Ctrl V, Cmd V on a Mac, to fill that entire paragraph with your sentence. When it stops filling, click the checkmark to commit.

Next, you'll want to zoom in to the top portion of that text box. So press Ctrl +, Cmd + on a Mac, approximately four times. And then, reposition the zoom by holding down the Space bar and clicking and dragging on document until you can clearly see the top line of type. And now, I'm going to work on aligning the type with the grid. So with the Move Tool, I'm going to press the Up or the Down Arrow key until the very top line of my type is sitting directly on the grid line. So, I've lined up this line of type with this grid line. And then next, we'll want to adjust the leading. So in the Tool Options of the Horizontal Type Tool, I'll first want a starting point. So, I'll set the Leading the same size as the size of the type. So, I'll set the Leading to 12 and then press Enter or Return. That's actually looking much better. Take a look at the paragraph. The top line of the type is still on that first grid line, but you can see, as you scroll down just a little bit here, that each time it gets to a new grid line, the type is moved a little bit up. Now that tells me that the leading is set too low. I need to raise it a little bit. So, I'll go back into the leading and raise it, maybe up to 13 pts and see what a difference that makes. Again, my starting point is that first line because it's lined up with that top grid line. Now as I scroll down this time, I can still see that the type is slowly traveling upward as I move down the page. So the leading is still not high enough. Let's try 14 and see what happens with that. Now when I look at the paragraph, again, the first line is perfect, but as I scroll down the paragraph, it looks like 14 might be a little bit too much because now the type is traveling a little bit lower than the gridlines. So, let's try something in between 13 and 14. This time I'll enter 13.5. That is looking fantastic. With that top line as my reference point, I'll move down the paragraph and it looks like all the lines are lining up perfectly with the grid. Now let's scroll down and see how it looks with the rest of the type box. I'll move down, and it looks like it's lining up perfectly. My top line of the text box is directly on a grid line and the bottom line of the text box is directly on a grid line, so it's working out perfectly. It looks like 13.5 for leading is the magic spot.

So I'm going to zoom out on my scrapbook page by pressing Ctrl 0, Cmd 0 on a Mac. And then, at this point you'll want to spend a little bit of time deciding what you want to say. I recommend typing your journaling into a word processing program that checks spelling and grammar and then copying and pasting that onto your scrapbook page. So after your journaling is how you like it in your word processing program, highlight the entire text, then press Ctrl C, Cmd C on a Mac, to copy the journaling. And then, return to Photoshop and double click on the thumbnail of the type layer to highlight all of the text inside the text box. Press Ctrl V, Cmd V on a Mac, to paste in your journaling. And then, click the checkmark to commit. Personally, my journaling is only filling half of the type box, and that looks just a little bit odd.

So here's two things that you can do if you don't have enough type to fill the box. The first thing you can do is to add space at the top of the text box, and here's how you do that. Double click on the thumbnail of the type layer to highlight all the type. Then press the Left Arrow key to put the cursor at the beginning of the type, and then press the Enter or the Return key to add returns at the top of the paragraph. This will move your paragraph down

inside the text box. When you're satisfied, click the checkmark to commit. Now I think that that still looks a little bit odd for the paragraph that I'm working with. So I'm going to undo that change. And here's the next thing you can try. Because we're aligning our text to the grid. Another choice would be to skip every other grid line when aligning the paragraph. To do that, you're going to need to know some very basic math. In the Tool Options of the Horizontal Type Tool, the Leading is currently set to 13.5. So, if we want our paragraph to be double spaced, we need to double the Leading. So in essence you would need to take 13.5 and multiply it by 2. So, I will now set the Leading to 27, and when I press Enter, you will see that my type box is now double spaced on my scrapbook page.

And the last thing that I wanted to talk to you about is the fact that you are likely going to have some of your glittery brushed anchor in the way of your type. I could just move my type player above the Glittery Brushed Anchor group in the Layers panel, but because the Glittery Brushed Anchor group has a layer style applied, I'll need to keep the type layer below it. Instead, the solution to this problem will be to mask away part of the glittery brushed anchor. In the Layers Panel, click on the Glittery Brushed Anchor group to activate it, and then get the Brush Tool. In the Tool Options, open the Brush Picker, then open the dropdown menu, and choose Default Brushes. Choose a Hard Round brush. Set the Size of the brush to 100 px. The Opacity should be 100%. The Mode will be Normal. And then back in the Layers Panel, click on the Add Layer Mask icon. Black should now be the Foreground Color Chip. On the document, click to mask away any of that glittery brushed anchor that's overlapping your type.

And now when I zoom out on my scrapbook page, I can see that it looks lovely. So that's how to add grid aligned journaling to your Mastery 2 scrapbook page. Make sure to check out the very last video in this section where I'll show you how to wrap things up and give yourself a pat on the back. This has been Jen White with Digital Scrapbooking Mastery.