ON SET Education

Up and Running with Capture One Pro with Jeff McLain

Hello and welcome to Up and Running with Capture One Pro!

Here are some things to know as well as the Course Syllabus so that you can see the course topic and duration of each video.

First Step:
Go to Google and search: "Camera models and RAW files supported by Capture One"
Find YOUR specific camera make and model - and determine if your camera's RAW files are supported and it is also a bonus if your camera can tether to Capture One.
Tethering is not required. If your camera is not listed, it may be too old or just not supported for use with the software.

Second Step:
If you purchased Capture One Pro, great! If not, you can download the software and use it on a 30-day trial. This can be a great way to take my course on the 30-day trial and then decide after if you like C1Pro enough to purchase the software.

Prerequisites:
You have some of your own raw images, and a willingness to shoot more raw images to practice!
You know how to shoot raw images with your camera.
Helpful to know how to shoot manually, but not imperative.
Basic computer literacy and navigational abilities as listed below.
A computer system that meets the minimum requirements, see below.
A card reader and SD or CF card
Access to the internet
A tether cable is optional

Basic Computer Literacy and Navigational Abilities:
Finding your Desktop
Creating new folders on your computer
Locating your Command/Control, Option/Alt, Shift, Delete and arrow keys
Using either a mouse, or a laptop trackpad, or external trackpad, or graphics tablet, or ball-head controller.
Use of an external hard-drive
Ability to Google things as questions arise

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*This course is not designed for iPad-only users - although many of the lessons could possibly inform your use on an iPad.

Computer System:
Here is the direct link to Capture One's recommendations regarding your computer system:
https://support.captureone.com/hc/en-us/articles/360002466277-Capture-One-system-requirements-and-OS-support#h_01GGW7F35ZHAR8ZRMYH9DVZXWF

Here are the computer specs in a nutshell --

Minimum Computer System Requirements:
Microsoft® Windows® minimum requirements
Intel® Core™ i3 (1st generation) / AMD Jaguar family
8 GB of RAM
10 GB of free hard disk space
Calibrated monitor with 1280x800, 24-bit resolution at 96dpi
Windows 10® 64-bit* or Windows 11®
Internet connection to run Capture One Live
* Windows 10 is supported for versions from 20H2 through to 22H2.

Apple® Macintosh® minimum requirements
Intel® Core™ i3 (1st generation)
8 GB of RAM
10 GB of free hard disk space
Calibrated monitor with 1280x800, 24-bit resolution at 96dpi
macOS 11*, macOS 12*, macOS13*
Internet connection to run Capture One Live
* macOS is supported for versions up to 11.7, 12.6 and 13.4.

Recommended Computer System Requirements:
Intel CPU with 4+ cores
16+ GB of RAM
Solid State Disk (SSD)
NVIDIA or AMD GPU with 8 GB+ RAM
Calibrated monitor with at least 1920×1200, 24-bit resolution at 96dpi

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Syllabus:
Below is your course syllabus and I'm including durations so you can plan your time with each module accordingly.

***You always have the option to watch the videos at a higher playback rate such as 1.5x or 2x - I'll leave that preference up to you!

For the modules where I feel it's important for you to have a raw image to work with, I'll provide a download link - otherwise you should be doing everything you can to take the lesson and apply it to your own raw photographs.

01 - Introduction - 2:46
02 - Applying your License Key to use C1Pro and Setting Up a Session - 08:54
03 - Sessions Versus Catalog and Why - Optional Overview - 6:37
04 - Preferences Set-Up - 5:53
05 - Importing Images into a Session - 16:19 (Image downloads available)
06 - Navigating the Interface - 24:56
07 - Workspaces
08 - Intro to Tethering - 8:56
09 - Why Tether? - Optional Overview - 4:49
10 - Albums & Filters | Virtual Organization with a Session - 9:50
11 - Editing: Color & Exposure - 6:13
12 - Undo and Before/After - 9:22
13 - Editing: High Dynamic Range (HDR) panel - 4:53
14 - Zero to 255 - Optional Overview - 23:51
15 - Sessions vs Catalog In Depth - 24:31
16 - Editing: Histograms - 5:20
17 - Preferences Deep Dive - Optional Overview - 36:46
18 - Catalog Set Up & Import - 35:17
19 - Virtual Organization - 18:26
20 - Disk-Level Organization - 10:27
21 - Editing - Levels and Curves - 19:30
22 - Editing - Color Balance - 08:30
23 - Editing - Black and White - 06:31
24 - Editing - Color Editor - 12:04
25 - Editing - Shape Panel - 18:26
26 - Copy and Apply - 16:21
27 - Output - 27:31
28 - Edit with Photoshop - 14:35
29 - Layers and Masks - 35:18
30 - Clarity-Dehaze - 09:32
31 - Refine Panel - 11:27

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32 - Edit Workflow - 16:26
33 - JPG TIFF PSD - 12:01
34 - Editing - Spot Clone Heal - 17:05
35 - Crop Tips - 03:42
36 - Moire - 3:22
37 - Live View Window - 13:00
38 - Live View - Photoshoot_Optional - 45:00
39 - C1Pro vs Lightroom_Optional - 14:07
40 - Overlay Utility - 05:30
41 - Final Wrap Out - 00:37

Learning Tips:
Take your time, go shoot some images of your own, keep the software open and pause it a lot to try out the technique!

You can use the 1x speed control on the video to SPEED UP the video to 1.5x or 2x if you find I am talking too slowly, and you can still comprehend the material. I watch a lot of videos this way to cut down the time!

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