

CARD DECK INSTRUCTIONS

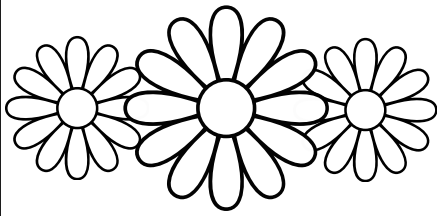
These affirmations can be printed on cards and used daily to inspire positivity and joy. Each card will feature a single affirmation, making it easy to focus on one positive thought at a time.

HOW TO PRINT AT HOME

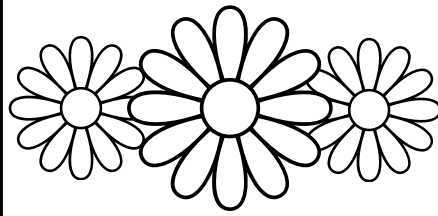
- Print on 8.5"x11" heavy card stock
- For double-sided cards, follow your printer's manual for backside printing
- The last page is the backside image
- After printing, cut along dotted lines

HOW TO USE THESE AFFIRMATIONS

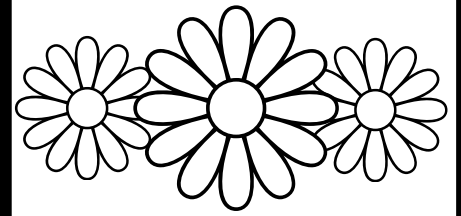
- Read one or more cards at the start of each day, or whenever you may need a lift from an affirmation
- Blank cards are included to choose your own affirmations
- Read and repeat often



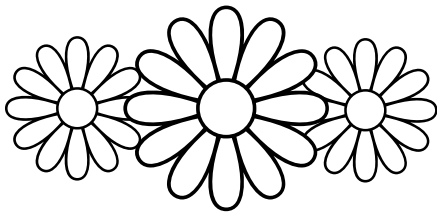
**I am grateful for
the abundance
in my life.**



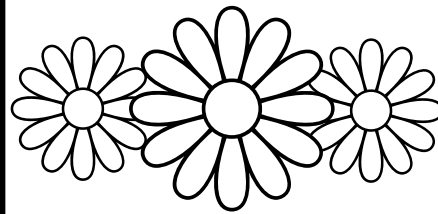
**Joy flows to me
effortlessly.**



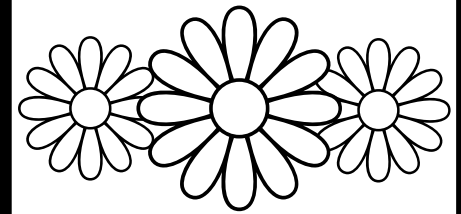
**I am
surrounded by
positive and
loving energy.**



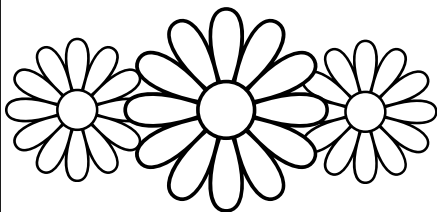
**Every day,
I choose
happiness
and joy.**



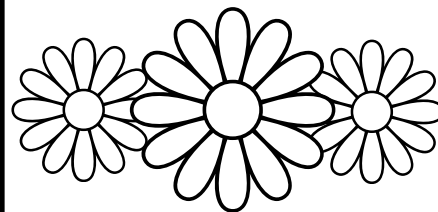
**I am worthy of
love and joy.**



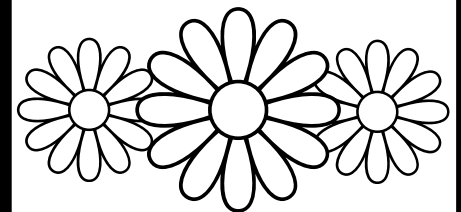
**My heart is
open to joy
and love.**



**I radiate
positivity
and joy.**



**I create joy in
my life with
every thought
and action.**



**I am at peace
with my past
and excited for
my future.**

