

How do we learn?

At some time in your life, you have probably learned most of these activities. Spend a few minutes working through the list and note how you learned each of these.

Activity	How I learned this
What time to start work in the morning	
What clothes to wear tomorrow	
How to make a cup of coffee	
How to swim	
The name of your country's capital	
How to behave at work	
How to add three plus three	
The time of a bus, plane or train you want to catch	
How to take a photograph	
How to greet a customer	
How to use a computer	
How to dance	
The history of your country	
How to eat an orange	
Solving crossword puzzles	
How to assemble flat pack furniture	
The time of your favourite television programme	
The telephone number of your work place	