

Lana Ballot

***Painting Luminous Flowers with Pastels: Capturing Color and Light.***  
**Self-study Course.**

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## Materials:

### Paper

**For sketching:** gray or other mid tone sketching paper, non sanded, medium size.

**For color projects:**

- **Sanded paper, neutral or white** (for demos with wet underpainting technique)  
- I use UART 400 about 9"x12" or 11"x14"
- **Toned paper, mid tone** - I will be using **PastelMat** in my demos on toned paper. It's smoother texture works well for flowers. The colors that would work great for our projects: Dark Gray, Brown, Wine.

Other toned paper brands like *Art Spectrum Colourfix* (Leaf Green Dark, Elephant Gray, Burgundy) or *Canson Touch* (similar colors) will be ok too, but their texture is rougher, so you might not get crisp details.

### Pastels

**Hard pastels:** for underpainting, initial layers and details.

**Soft pastels:** in your selection, you should always have the main color families ranging from light to dark colors. There should be warmer and cooler versions of each main color, for example, for purple, there are red-purple and blue-purple. It's also important to have a range of grays and neutral colors, as well as pure colors. The chromatic, pure colors cannot be mixed by layering, so make sure you have them in your collection. They are particularly important for painting flowers.

### For sketching, value studies

**Charcoal** (vine charcoal works very well), can use charcoal pencils for details. Darker tone can be achieved with compressed charcoal.

**White NuPastel** or white charcoal pencil.

**Kneaded eraser.**

### For underpainting

**Isopropyl Alcohol** (mine is 70%), otherwise can use water, it just dries longer.

**Flat synthetic brush**, about 3/4" is a good size for smaller and medium works (don't use expensive watercolor brushes, they'll be ruined on sanded surfaces).

**Paper towels**

**Artists masking tape** (to attach the paper to the board)

**Glassine paper** to protect your work after it's finished

**Gloves** if you wear them.