

## WEEK 1 REVIEW

- 1. Is Intensity the enemy or is it our life force?
- 2. The goal of NHA is to awaken children to who they REALLY are so they can step into their greatness.
- 3. Typical methods often backfire with the intense child.
- 4. We can "hijack" our children into success. "It's not a matter if you can or can't, you are!" (girl driving the truck)
- 5. We can build a new portfolio so that we celebrate and energize a child when things are good.
- 6. This approach has transformative power! When we help our children channel their intensity, it propels greatness!
- 7. Video game theory: We want them to play to win and to stay in the game (or reset and get back in the game)! We want them to have clear rules... With no energy when they break the rules.
- 8. Toys R Us. We are our child's favorite toy! WE decide how to use our energy when they push our buttons!
- 9. The librarian is kind and loving. She is giving so much kind and loving energy when a child acts out. She is advertising, "When you misbehave, I will be present in a kind and loving way!" We want her to be kind and loving but when the children ARE behaving.