

## **Tahchin-e Bademjan - Saffron Rice Cake with Caramelised Barberries and Aubergine/Eggplant Filling**

### **Ingredients for 4 portions**

1 large aubergine/eggplant

250g / 8.8oz strained yogurt or Greek style yogurt.

*Strained yogurt is denser and more sour than Greek yogurt. You can find it in Turkish supermarkets. Measured in cups you will need 1/2 cup. If you are using Greek yogurt, you will need 1 cup full.*

5 tbsp dried barberries

1 egg

5 tbsp sugar

7 to 9 tbsp vegetable oil

3 tbsp butter (optional)

1/2 tsp saffron

3 ice cubes

2 tbsp salt, plus extra to taste

A few tbsp slivered pistachios and almonds (optional)