

Toddler Caterpillar Main Activity

This week we are focusing on our mouth muscles and our bug is the caterpillar!

You will need:

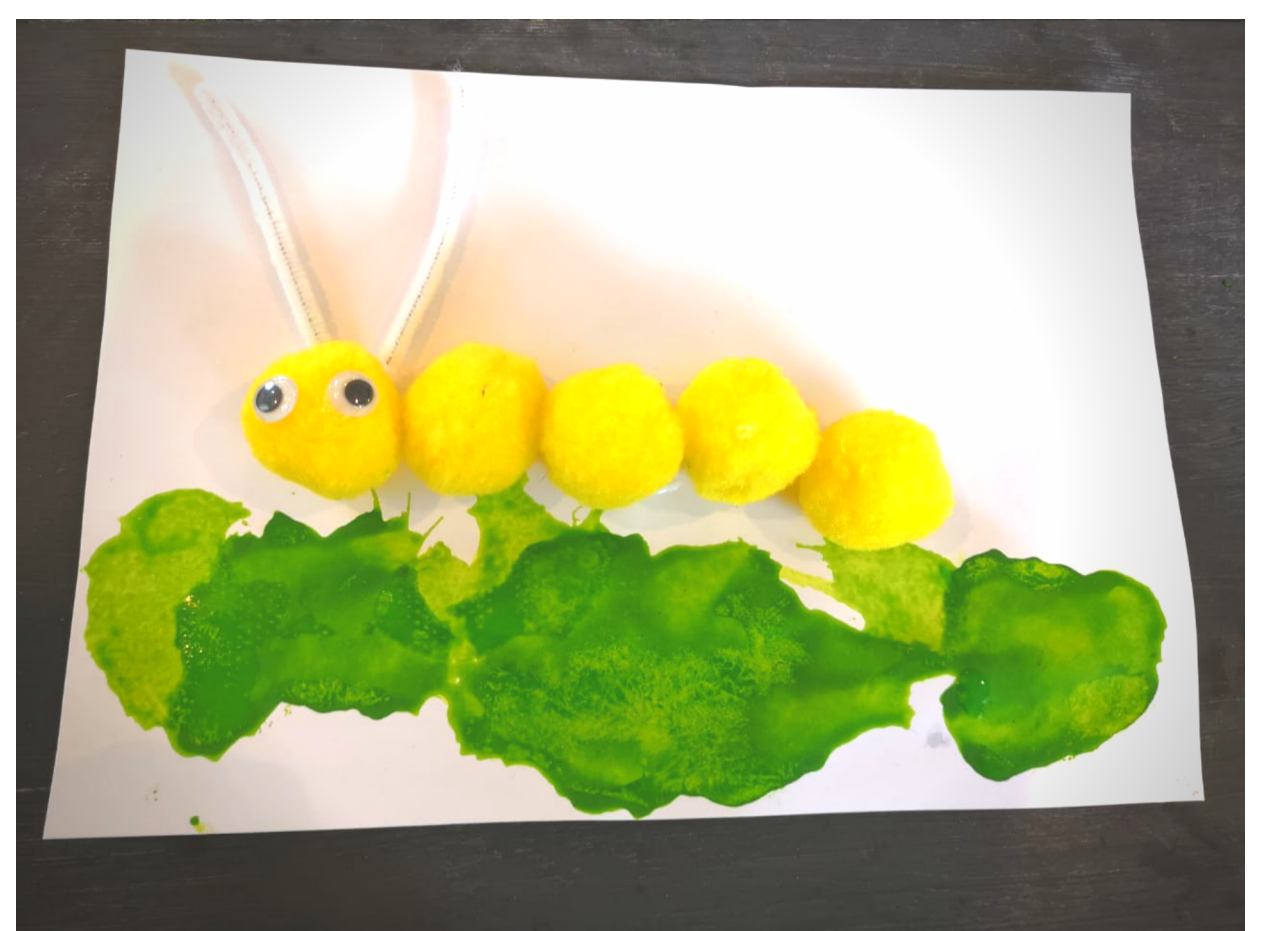
- 2 straws
- Green paint
- Craft glue
- Googly eyes
- Pipe cleaner
- Thick white cardboard
- Pom poms
- Tray with raised sides roll

Method:

1. First place a straw in your mouth and blow some air out. This will demonstrate to your little one how to use the straw. Let them feel the air coming out on their hand.
2. Now, place your cardboard onto a tray with raised sides and squirt some spots of green paint onto your cardboard. You will be painting grass for your caterpillar.
3. Demonstrate to your little one how to hold the straw just above the paint and blow the paint around. Allow your picture to dry.
4. Place the pom poms on top of your dry "grass" as baby caterpillars. Have fun blowing them around with the straw.
5. Stick some glue onto the pom poms and line them up on the centre of your cardboard, sticking them down to make a caterpillar shape on the green grass.
6. Stick the googly eyes to the caterpillars head. Cut the pipe cleaner into two small feelers and stick on top of the caterpillars head with glue.



Make your paint easier to blow around the page by thinning it with some water! The thinner the paint, the easier it will be for your little one to blow around.



Even if your toddler cannot blow enough to make the green paint blow around, putting their mouth on the straw and practicing is great for their small mouth muscle development.



Nanny 'n me
growing together