

## THREE GOOD REASONS TO KEEP SHOWING UP

Living Truth – Part 5  
 Andy Wood  
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“Don’t be misled—you cannot mock the justice of God. You will always harvest what you plant. Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit. So let’s not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don’t give up.”  
 Galatians 6:7-9 (NLT)

### 1. THIS IS JUST A \_\_\_\_\_.

Every season comes with \_\_\_\_\_, grind and \_\_\_\_\_.

“Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, who through faith are shielded by God’s power until the coming of the salvation that is ready to be revealed in the last time. In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials.”  
 1 Peter 1:3–6 (NIV)

It may feel pervasive, but it’s never \_\_\_\_\_.

“That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. For our present troubles are small and won’t last very long. Yet they produce for us a glory that vastly outweighs them and will last forever. So we don’t look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.”  
 2 Corinthians 4:16–18 (NLT)

### 2. EVERY SEASON \_\_\_\_\_.

“Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.”  
 James 1:2–4 (NLT)

“We must work the works of him who sent me while it is day; night is coming, when no one can work.”  
 John 9:4 (ESV)

There is a window for all work.

- Internal work
- External work

### 3. THERE IS A HARVEST AHEAD.

“So let’s not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don’t give up.”  
 Galatians 6:9 (NLT)

“God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him.”  
 James 1:12 (NLT)

The pain of regret is far \_\_\_\_\_ than the pain of \_\_\_\_\_.

“I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God’s love and keep you strong.”  
 Ephesians 3:16-17 (NLT)

1. season 2. gifts 3. grief 4. permanent 5. matters

## 堅持下去的三大理由

活生生的真理 (五)

安迪·伍德

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「不要被人誤導——你們不可藐視上帝的公正。你們種的是甚麼，收的也是甚麼。那些只為滿足自己罪惡本性而生活的人，必從自己罪惡的本性中收取敗壞和死亡；但那些為討聖靈喜悅而生活的人，必從聖靈收取永生。所以，不要厭倦行善。如果我們不放棄，時候一到，就會收穫豐盛的祝福。」 加拉太書 6:7-9 (新普及譯本)

### 1. 這只是一個\_\_\_\_\_

每個時期都伴隨着\_\_\_\_\_、辛勞和

「我們主耶穌基督的父神是應當稱頌的！他照着自己的大憐憫，藉着耶穌基督從死人中復活，重生了我們，好讓我們得着活的盼望，得着那不能朽壞、不能玷污、不能衰殘，為你們保存在天上的基業。你們就是藉着信心而蒙神能力保守的人，可以得着那預備在末世顯現的救恩。為此，你們大大歡喜——儘管如今你們在各樣試煉中必須暫時憂愁。」 彼得前書 1:3-6 (新漢語譯本)

感覺上可能是無處不在，但它絕不會\_\_\_\_\_存在

「因此，我們絕不氣餒。縱然我們的身體日漸衰殘，我們的心靈卻日日更新。我們目前的苦難輕微而短暫，但它們帶給我們的榮耀卻是無法衡量並且永遠長存！所以，我們不要只關注眼前所見的苦難；相反，我們要看那看不見的事物。因為我們看得見的很快就會消逝，我們看不見的卻會永遠長存。」

哥林多後書 4:16-18 (新普及譯本)

### 2. 每個時期都很\_\_\_\_\_

「親愛的弟兄姊妹，你們遇到患難，要把它當作是大得喜樂的機會。你們知道，當信心受到考驗，你們的忍耐力就得以增長；當有了充足的忍耐力，你們就會既完全又完備，無所欠缺了。」 雅各書 1:2-4 (新普及譯本)

「趁着白天，我們必須作差我來的那位的工作；黑夜來到，就沒有人能夠作了。」 約翰福音 9:4 (新漢語譯本)

所有工作都有一個窗口

- 內部的窗口
- 外部的窗口

### 3. 收成就在前方

「所以，不要厭倦行善。如果我們不放棄，時候一到，就會收穫豐盛的祝福。」 加拉太書 6:9 (新普及譯本)

「上帝賜福給耐心忍受考驗和試探的人，他們之後就會得到生命的冠冕，這是上帝給那些愛他之人的應許。」 雅各書 1:12 (新普及譯本)

後悔的痛苦往往\_\_\_\_\_的痛苦

「我祈求上帝藉着他的靈，以他的榮耀、無限之源使你們的內心剛強起來。這樣，基督便因着你們相信他而住在你們心裏，你們就會扎根在上帝的愛裏，保持強壯。」 以弗所書 3:16-17 (新普及譯本)