



# Your Leadership Forecast

A LIFE FOCUS  
EXERCISE • RETREAT

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THE LEADERSHIP  
EMERGENCE GROUP

**Instructions.** Plot life-shaping events along the 10-year segments of this life map. Prompts below borrowed from familiar story plots, for reference.

I	II	III	IV	V	VI	VII	VIII	IX	X
Segment 0-9	Segment 10-19	Segment 20-29	Segment 30-39	Segment 40-49	Segment 50-59	Segment 60-69	Segment 70-79	Segment 80-89	Segment 90-100+

STEP ONE: PLOTTING THE KNOWN CONDITIONS

*Your Once Upon a Time...*  
*Your Beatific Vision, Your Obsessio*  
*Your Call to Action, Leaving Ordinary*  
*Chief Emotion: Glad, Mad, Sad, Afraid*

*But Then, It Happened*  
*After That, I Was Never the Same...*  
*Refusals, Repeats, Resentments*  
*Tests of Powers, Making of Vows*

*Your Kind of People*  
*Voices from Beyond*  
*Heroes & Guides*  
*Villains & Fools*

*The Defining Moment, The Ordeal*  
*Your Conflict Traps*  
*Mastery of \_\_, Being Mastered by \_\_.*  
*Returning With the Formula, Solution*

*Your Commandments*  
*Your Avoidance Syndromes*  
*Your Growing Reputation for...*  
*After This...Happily Ever After.*

**Instructions.** *Plot conditions most likely to persist between now and the 100-year segment.*

**Explanation.** Using the analogy of weather forecasting, we know: meteorologists do not cause weather. They study it. They make forecasts, by looking historically for lasting trends, offer degrees of certainty, monitor factors that modify expectations. This is based on an assumption that many of the laws of nature operate the same way in the future as they have in the past. This exercise is built on the same assumptions—much of your personality, values and preferences will undergo only slight changes. The same is true about your human nature, character disposition, family training, and social class. It is certainly true for circumstances beyond our control, such as the family we were socialized into, our nationality, ethnicity, and gradual aging. Given the likelihood that much of these foundational conditions of life will undergo only slight changes, we can prepare for the journey. Like travelers who pack based on their awareness of weather and terrain of their destinations, so we can “pack” (and “unpack”) to be ready for experiences we may have legitimate cause to expect along our journey.

[illegible]

**Instructions.** Plot priorities for remaining segments of the 100-year life map. Seven life areas are provided for reference: personal, physical, spiritual, social, familial, vocational, financial.

### Planning the “No List”

- What are the known conditions of your life that will make life tomorrow similar to life yesterday? *Nationality, gender, family, likes/dislikes, resources, skills, talents, gifts, etc.*
- What strengths are you taking into the future? In terms of life mission, message, mentoring and methods, what is implied by these strengths?
- What professional positions are in store for you, if the future bears similarity to past?
- What preparations can you begin to make to move toward these positions? When should you be ready for these roles?
- What do you want or need more of, less of to move into the future? When can you obtain these, lose these?
- What disciplines/habits must be cultivated or overcome to be your best for the future?

Personal

Physical

Spiritual

Familial

Social

Vocational

Financial

I

Segment  
0-9

II

Segment  
10-19

III

Segment  
20-29

IV

Segment  
30-39

V

Segment  
40-49

VI

Segment  
50-59

VII

Segment  
60-69

VIII

Segment  
70-79

IX

Segment  
80-89

X

Segment  
90-100+