

**Counseling During Covid**

**Action Planning Document**

What are your takeaways from Cher and growing your knowledge around understanding the impacts of stress and trauma? What are ways you can help grow protective factors and resilience in your schools?

|  |
| --- |
| 1. Stress and Trauma During Covid
 |
| Key Practice or Strategy | **Prepare**What will you do now to ready implementation? | **Implement**When and how will you begin implementing this in your practice? | **Sustain**How will you keep the practices going across time? | **Adapt**How will you need to adapt your practices in the case of change in your teaching context? |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |



**Creating Trauma Informed Classrooms to Support Student Success and Engagement**

**Action Planning Document**

What strategies did Dom present that you could sue in your school setting? Thinking from a systems perspective, what systems need to be built to assure that these practices have the most powerful impact? How will track the outcomes of each of your interventions?

|  |
| --- |
| 1. Counseling Strategies From Dom
 |
| Key Practice or Strategy | **Prepare**What will you do now to ready implementation | **Implement**When and how will you begin implementing this in your practice? | **Sustain**How will you keep the practices going across time? | **Adapt**How will you need to adapt your practices in the case of change in your teaching context? |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |



**Creating Trauma Informed Classrooms to Support Student Success and Engagement**

**Action Planning Document**

Has your school/district aligned the counseling work with the ASCA model? What are ways this alignment can be strengthened?

|  |
| --- |
| 1. Aligning Counseling and MTSS
 |
| Key Practice or Strategy | **Prepare**What will you do now to ready implementation | **Implement**When and how will you begin implementing this in your practice? | **Sustain**How will you keep the practices going across time? | **Adapt**How will you need to adapt your practices in the case of change in your teaching context? |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |