

## **Teaching the Seeing My Time Program**

Instructor: Marydee Sklar

Requirements for graduate credits from Seattle Pacific University. Grade will be a percentage calculated based on total points earned out of 250.

### **Class Attendance:**

You are expected to watch all of the recorded videos for each week of the class. Your viewing time is automatically recorded in the online classroom.

*10 points for each week, 90 points*

### **Class Participation:**

Responses posted in the weekly discussion forum: *10 points for each week (1 personal response and 1 response to a classmate)*  
*90 points*

- One posting should be a reflection on what you have learned or experienced related to the Seeing My Time program. Two to five sentences is adequate.

- One posting should be a brief comment upon another class member's posting.

### **Class Reading:**

You are encouraged to read the assigned pages in the Seeing My Time Instructor's Manual for each session. This is a good way to review material covered in class.

*No points.*

**Two Written Assignments:** Due by 12:00 midnight on the Sunday of the the 9th week of class.

#1: Final Self-Reflection: How has this course impacted both your personal self-awareness and your work with students/adults? How do you envision using SMT in your professional future to help more people develop their key executive functions?

*20 points*

#2 Case Study: You do not have to have finished the SMT workbook with your client to complete the Case Study requirement. Report on your experience up through the last session of the webinar.

*50 points*

To demonstrate your understanding of the Seeing My Time program and your experience teaching it, you will prepare a written case study.

**Purpose:** to analyze and think deeply about your client's needs and progress as well as your role in developing an effective relationship with your student(s) or client(s).

**Goals:**

1. To develop the habit of reflecting upon your SMT sessions to better your instructional skills.
2. To have focused feedback from the instructor.

**Guidelines:**

The next two pages provide a template to create a case study for your practice client. It is likely that some of you will not have access to all of the client background information nor the assessment data. Don't worry about that!

Should you continue to use Seeing My Time, I recommend that you collect this information in advance of working with clients as this will inform how you view your client and approach them.

You should allow two to three hours to prepare your case study, so I suggest that you work on it little by little over the coming weeks, answering what you can as you proceed.

**Submission of case study:**

Please email a copy of your case study directly to Marydee Sklar: marydee.sklar@comcast.net.