

## BEFORE WE START, YOU WILL NEED...

- Have handy HeartSpeak Flowchart/s & Verbiage Charts
- A patient located remotely available to practice with during Playshops
- Adequate internet & phones with good signals – both you & the patient
- A videoconferencing app – on both your & your patient's devices (e.g. Zoom, Skype, FaceTime, Whatsapp, Facebook Messenger, BOTIM, etc)
- Headphones (optional but a good idea)
- Water & tissues handy (for the patient)

