

LAST WORD

The Twelve Conditions of a Miracle

1. *Emptiness* - Calmly release whatever you are withholding from the world: Giving creates a vacuum for more to flow in.
2. *Alignment* - Shift to a mindset of compassion and the greater good; Move from concern over yourself to the concerns of others.
3. *Asking* - Clarify your needs: If you don't clearly-put your request into words, the universe won't know how to respond.
 4. *Maximizing* - Make full use of your existing tools, resources, and blessings: Whatever you focus on expands.
 5. *Giving* - What flows away from you flows back magnified: Become a joyful giver.
 6. *Grounding* - Experience the present moment as much as possible: A solid grounding in the present establishes a firm base from which to act-and receive.
 7. *Visualizing* - Using all your senses, see and feel yourself having the feelings and experiences that form the basis of your wish.
 8. *Gratitude* - Bless your resources: Express your feelings of gratitude in words.
 9. *Acting As If* - Stop procrastinating: Take the leap of faith and-act as though your new reality has already manifested.
 10. *Engaging the Cycle* - When you receive, immediately look for a way to give something back: Work with the circular energy flow that characterizes our universe.
 11. *Receiving* - Eat and be filled: The art of adequate receiving is often overlooked.
 12. *Recycling* - Gather up the fragments: Reuse all of your physical Resources.

These condensed applications for *demonstrating* a miracle are excerpts from *The Twelve Conditions of a Miracle* by R. Todd Michael, published by Tarcher/Putnam.