



SKIN OF COLOR AESTHETICS TRAINING

Skin of Color Aesthetics, LLC
Marisa Amechi RN, CANS
Dr. Jacklyn Halpin DNP, APRN, FNP-C

Who are we?

Dr. Jacklyn Halpin DNP, APRN, FNP-C

- Doctorate of Nursing Practice
- Owner of Aesthetic Couture Medical Spa in Greensboro, North Carolina
- 2 years of Aesthetic Experience, 12 years in Healthcare
 - Began nursing career in 2010, as a certified nurse's assistant, then earned LPN, BSN RN, MSN NP, and Doctorate in Nursing Practice in 2022.
- Member:
 - AMSPA- American Med-spa Association
 - ISPAN- International Society of Plastic and Aesthetic
- Co-Founder: Skinofcoloraesthetics.net
- Co-founder of Skin of Color Aesthetics LLC and course co-author of Skin of Color Aesthetics training program

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Who are we?

Marisa Amechi RN CANS

- Registered Nurse, Certified Aesthetic Nurse Specialist
- Registered Nurse since 2010, Aesthetic Nurse since 2012
- Private Injection Trainer and Laser Specialist
- Aesthetic Nurse and training course instructor at Infinity Medspa in Santa Clarita, California
- Co-Founder: Skinofcoloraesthetics.net
- Member:
 - ISPAN- International Society of Plastic and Aesthetic Nursing- Committee Representative
 - ASLMS- American Society of Laser Medicine and Surgery
- Aesthetic Consultant:
 - Luz Aesthetic Lounge- Santa Monica CA, Houston Tx
 - OD IMMERSION- East Coast
 - Skin Research Institute
- Disclosures: Clinical Application Specialist/Trainer with Lumenis
- Co-founder of Skin of Color Aesthetics LLC and course co-author of Skin of Color Aesthetics training program
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Who are we?

Skin of Color Aesthetics is an online training platform for aesthetic clinicians. We provide education regarding safe and effective skin treatments for skin of color.

Website: Skinofcoloraesthetics.net

IG: [@skinofcoloraesthetics](https://www.instagram.com/skinofcoloraesthetics)

Facebook Private Group: Skin of Color Aesthetics

In 2023, we authored the publication:

Amechi, M., & Halpin, J. (2023). Considerations for Laser Therapy, Microneedling, and Chemical Peels when treating patients with Skin of Color. *Plastic and Aesthetic Nursing*, 43(1), 14–21.
<https://doi.org/10.1097/PSN.0000000000000483>

[@nurse_marisa_](https://www.instagram.com/nurse_marisa) [@the_aestheticprovider](https://www.instagram.com/the_aestheticprovider) [@skinofcoloraesthetics](https://www.instagram.com/skinofcoloraesthetics)



Why Skin of Color Aesthetics Training?

Historically, cosmetic dermatology training has maintained a narrow focus of study on Fitzpatrick skin types IV-VI. As time, technology, and access have progressed, it has become evident that different skin tones respond in varying degrees to our cosmetic modalities. This lack of research indicates a need to expand our understanding and accumulate evidence for safe and effective interventions for our skin of color clientele.

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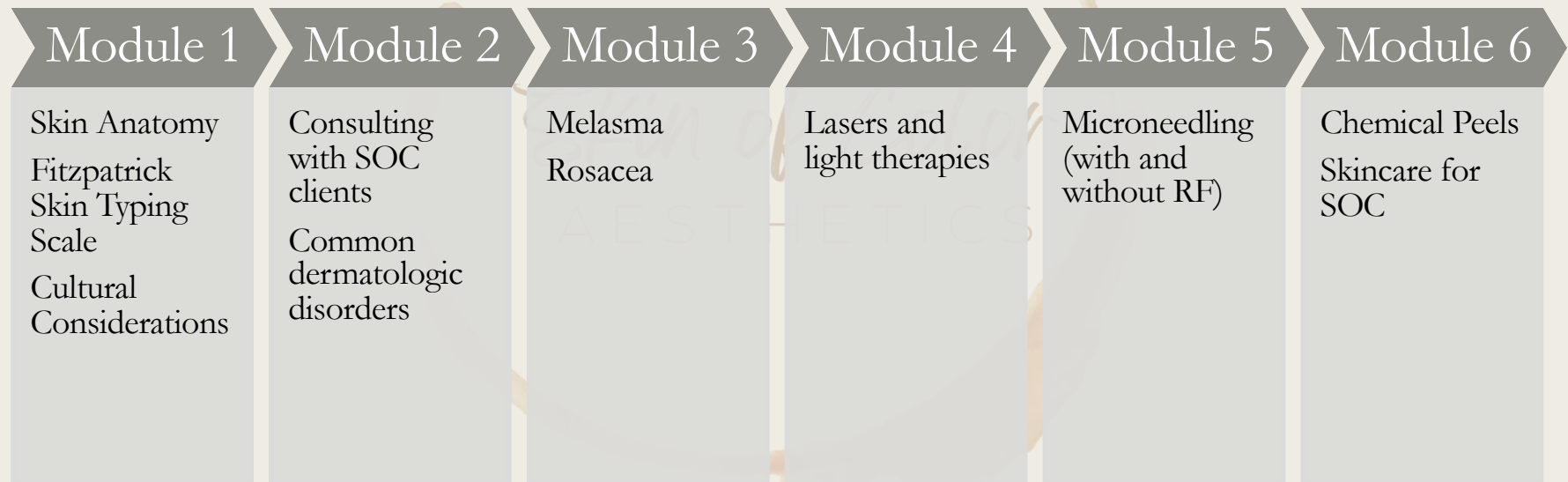
Introduction to Skin of Color Aesthetics- Course Objectives

- At completion of the program the individual will:
 - Broaden their knowledge about skin treatments for darker skin types and skin of color
 - Provide safe and effective treatments while preventing unwanted outcomes
 - Build trusting relationships with their clients and create lifetime clients
 - Be knowledgeable about every skin type that might walk into their clinic

Disclaimer

- Skin of Color Aesthetics Course is Non-CME
- All the educational sessions are intended to benefit the learner
- Any statement of presentation is to be regarded as limited publication and all property rights in the material presented, including common copyright law
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Course preview- Six total training modules



Module 1 Course Preview

- **Skin Anatomy**
 - Differences in skin biology with light vs dark skin types
 - Myths
- **Fitzpatrick Skin Typing Scale**
 - Skin Of Color Aesthetics Skin Typing Scale- Myths
 - Skin Types I-VI
 - Skin Type VI
 - Skin Typing Eastern Asian Clients
 - Skin Typing Higher
 - Modifications of the Fitzpatrick Scale
- **Tanned vs Untanned Skin**
- **Sunscreen**
- **Cultural Considerations**
 - Global data
 - Ethnic group statistics
 - Hispanic
 - African American
 - Native Hawaiian/Pacific Islander
 - Asian