

THE POWER OF GENTLENESS

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Blessed are the gentle, for they shall inherit the earth. - Matthew 5:5 (NASB)

OUR GOD IS _____ GENTLE!

Look, the Lord GOD is coming with power to rule all the people. He takes care of his people like a shepherd. He gathers them like lambs in his arms and carries them close to him. He gently leads the mothers of the lambs. - Isaiah 40:10a, 11 (NCV)

Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper. When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave. Then a voice said to him, "What are you doing here, Elijah?"

- 1 Kings 19:11-13 (NIV)

Three Ways To Live Your Life:**Out of control. In control. _____**

God did not give us a spirit of timidity, but the Spirit of power and love and self-control. - 2 Timothy 1:7 (NJB)

Your gentleness has made me great. - 2 Samuel 22:36b (TLB)

Gentleness changes your relationships by giving you the power to:**1. _____ GENTLY TO THOSE WHO CONFRONT YOU**

A gentle answer turns away wrath, but harsh words cause quarrels.
- Proverbs 15:1 (TLB)

A gentle word can get through to the hard-headed. - Proverbs 25:15b (NCV)

Lord, help me control my tongue; help me be careful about what I say.
- Psalm 141:3 (NCV)

2. _____ THOSE WHO INSULT YOU

If someone slaps you on the right cheek, turn to him the other cheek also.
- Matthew 5:39 (NCV)

Don't retaliate when people say unkind things about you. Instead, pay them back with a blessing. That is what God wants you to do, and he will bless you for it.
- 1 Peter 3:9 (NLT)

Pray for those who insult you. - Luke 6:28 (GW)

3. _____ THOSE WHO OFFEND YOU

You must make allowance for each other's faults and forgive the person who offends you. Remember, the Lord forgave you, so you must forgive others.
- Colossians 3:13 (NLT)

They called Him every name in the book, and He said nothing back. He suffered in silence, content to let God set things right. - 1 Peter 2:23 (MSG)

4. _____ THOSE WHO NEED YOU

And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone.
- 1 Thessalonians 5:14 (NIV)

Think of ways to encourage one another to outbursts of love and good deeds.
- Hebrews 10:24 (NLT)

But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.
- Galatians 5:22-23 (NLT)

JESUS: Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.
- Matthew 11:29 (NIV)

Show a gentle attitude toward everyone. The Lord is coming soon.
- Philippians 4:5 (TEV)

溫柔的力量

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“溫柔的人有福了，因為他們必承受地土。” - 馬太福音 5:5 (和合本)

我們上帝的溫柔是_____的！

“看哪！主耶和華要帶着權柄來臨，他要用權能治理天下。他要像牧人牧養羊群；他要聚集小羊，把牠們抱在懷裏；他要慈祥地帶領母羊。”

- 以賽亞書 40:10 上, 11 (NCV 意譯／現中修訂版)

“在耶和華面前有強烈的大風，山崩石碎，但耶和華不在風中；風過以後有地震，但耶和華也不在地震中；地震過後有火，耶和華也不在火中；火後有低微柔和的聲音。以利亞聽見了，就用自己的外衣蒙著臉，走出來，站在洞口。忽然有聲音向他說：「以利亞啊，你在這裏幹甚麼？」”

- 列王紀上 19:11-13 (新譯本)

三種生活的方式：**失控、操控、_____**

“神所賜給我們的，不是膽怯的靈，而是有能力、仁愛、自律的靈。”

- 提摩太後書 1:7 (新譯本)

“你的溫和使我為大。”

- 撒母耳記下 22:36 下 (和合本)

溫柔能藉着給你以下的力量去改變你的人際關係：**1. 溫和地與你對質的人_____**

“溫柔的回答平息怒火，粗暴的言語引發怒氣。”

- 箴言 15:1 (新普及譯本)

“溫柔的言語，能說服固執的人。”

- 箴言 25:15 下 (NCV 意譯)

“上主啊，求你約束我的言語，看管我的嘴唇。”

- 詩篇 141:3 (新普及譯本)

2. _____侮辱你的人

“有人打你的右臉，把左臉也轉給他。” - 馬太福音 5:39 (中文標準譯本)

“不要以辱罵還辱罵，反要為對方祝福。這些才是上帝召喚你們要去做的事，他也必因此賜福給你們。”

- 彼得前書 3:9 (新普及譯本)

“凌辱你們的，要為他們禱告。”

- 路加福音 6:28 (新譯本)

3. _____冒犯你的人

“你們要寬容彼此的過錯，饒恕得罪你們的人。要記住，主已經饒恕了你們，你們也必須饒恕別人。”

- 歌羅西書 3:13 (新普及譯本)

“他被辱罵也不還口，他默然受苦，樂意讓上帝秉行公義。”

- 彼得前書 2:23 (當代譯本／信息版意譯)

4. _____那些需要你的人

“弟兄姊妹，我們勸你們要警戒游手好閒、惹事生非的人，勉勵心灰意冷的人，扶助軟弱無力的人，要耐心地對待每一個人。” - 帖撒羅尼迦前書 5:14 (NIV 意譯)

“我們要設法激勵大家彼此相愛、行善。” - 希伯來書 10:24 (新普及譯本)

“但當聖靈掌管我們的生命，他就會在我們的生命中結出這樣的果實：仁愛、喜樂、和平、忍耐、恩慈、良善、忠實、溫柔、節制。”

- 加拉太書 5:22-23 (NLT 意譯／新普及譯本)

“你們當負起我的軛，向我學，因為我心地和柔、謙卑。這樣，你們就將尋得靈魂的安息。”

- 馬太福音 11:29 (中文標準譯本)

“你們也要向大家表現謙讓。主就要來了。”

- 腓立比書 4:5 (現中修訂版)