

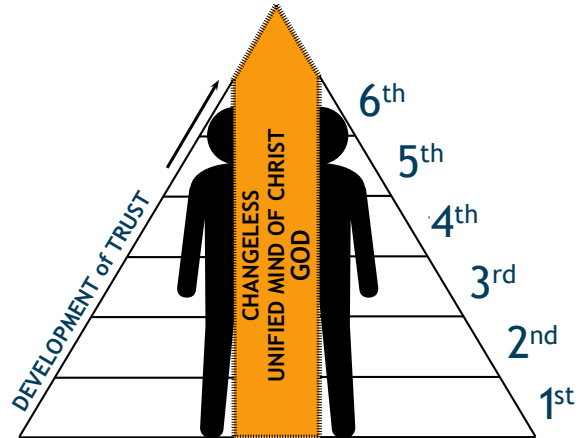
The above diagram shows stages in the development of Trust that transfer our focus from bodily identification to spirit identification. Those stages, outlined and explained in the Manual for Teachers, are:

1. Period of undoing
2. Period of sorting out
3. Period of relinquishment
4. Period of settling down
5. Period of unsettling
6. Period of achievement

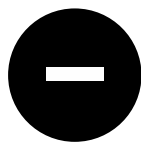
It seems as if there are “positive” or pleasurable bodily experiences and “negative” or painful bodily experiences. Both the negative and positive halves reinforce our belief we are a body - we seek happiness through special relationships and in satiating our sexual and other appetites, and we accept death as being inevitable.

The degree of investment we have in identifying our self with the body decreases as we move through the stages of the development of Trust. The (golden) interior column seen in the diagram below is entirely hidden in the first diagram. We are unaware of it until we move through these various stages.

There are many pathways to awakening. Most start with a deep, primal, body-focused belief and appetite. None of these paths are wrong, although some take longer than others. We often talk about open-mindedness or being open-hearted. A holy relationship literally opens up the mind and the heart and heals the seeming separation. The holy relationship reveals the vertical column in the diagram, which represents the vertical timeline. It is “changeless” and involves the unified mind of “Christ” or GOD! It is present in all pathways. This uncovering, or removal of the blocks to Love via the holy relationship, is instrumental in ending the birth/death and recycle process.

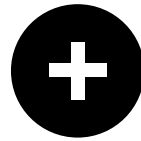


ARC OF ETERNITY

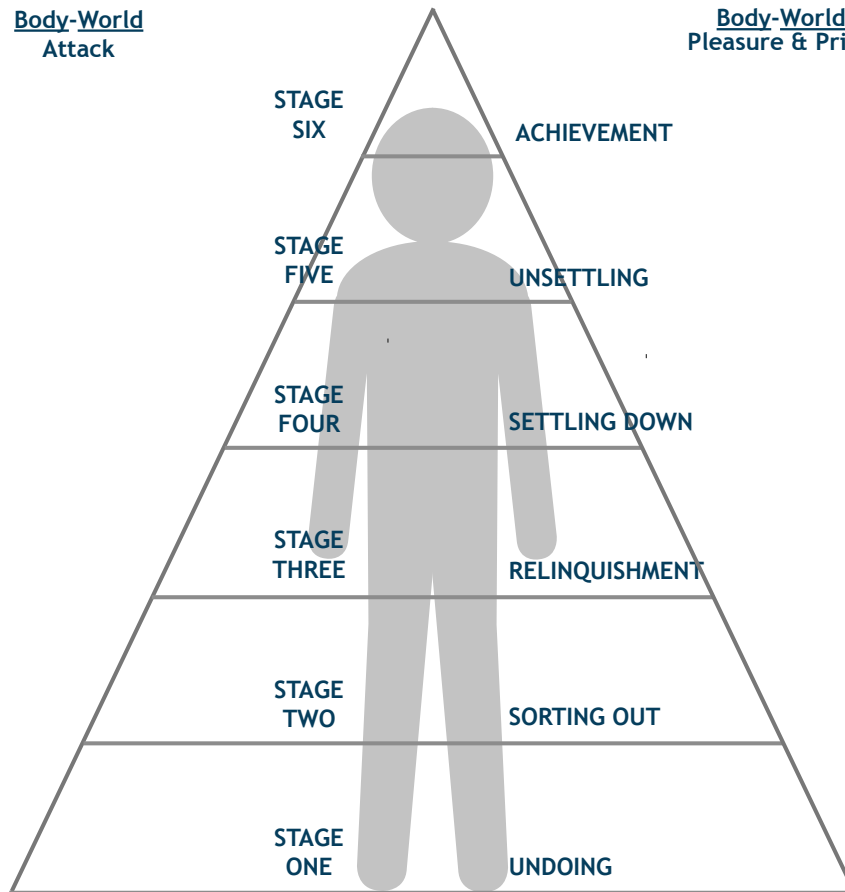


Body-World
Attack

REINCARNATION
CYCLE
DEATH OF BODY



Body-World
Pleasure & Pride



EACH STAGE REVEALS BY RATIO
THE DEGREE OF INVESTMENT AS
THE BODY IDENTITY.

STAGE 1 REVEALS THE LARGEST
INVESTMENT, AND STAGE 6 AS
ZERO INVESTMENT.