

# The sustainable healer

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Many of my clients have left their occupations to become healing professionals. I'm always happy to help others grow a healing practice of their own. Now it's time for me to show you how I did it and what has worked for me. Every time one of my clients or students becomes a healer themselves, the world gains something so valuable. When a client of mine chooses the professional healer's path, I now have another fellow healer and colleague to stand on the front lines with me and help transform this world. I celebrate each client who becomes a healer since they are taking a huge step toward financial accountability and sustainability. Since they can now trade services with other gifted healers, exchanging

skills instead of dollars, they need to see me for sessions way less. My clients who start their own healing practices still see me professionally for energetic tune ups. But I love it when they don't need to see me as much since they're doing so much good work on themselves. When someone I work with becomes more sustainable with their own healing, I feel proud of them and satisfied that I've done my job. As practitioners, teachers and ministers, we grow people. We are here to cultivate and nurture the ones we serve. I know I've done my job if my students and clients surpass me and that's what I want. I don't want followers who are dependent on me. I'm here to help them discover how powerful they truly are.

## Mindset Exercise:

# Becoming a Prolific Healer

What does it mean to be prolific?

“Someone or something that is prolific is fruitful or highly productive. It is interesting to note that many of the words used to describe the adjective **prolific** are relayed in biological terms, such as “nourish” and “fertile”.-[www.vocabulary.com](http://www.vocabulary.com)

Create yourself to be a prolific healer through affirmations and visualizations.

Envision happy, healthy clients who feel better and better. See your clientele growing and expanding as you do. The more your clients see you, the better they feel. The higher you raise your vibration, the higher those you serve can go. Being prolific requires sustainability. What does being sustainable, as a healer, mean to you?

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## *Affirmations for the Prolific Healer:*

Everything I touch is healing and flourishing. Whatever I give my attention to GROWS.

I inspire my clients to make their own lives better. I am a force for positive change.

Healing energy ripples out from my treatment room. The work I am doing affects everyone in a powerful way, whether they know it or not.

My clients are constantly growing with me. My success contributes to the prosperity of holistic entrepreneurs everywhere and their success contributes to mine. I leave a trail of health, abundance and happiness wherever I go. I teach others how to help themselves. I'm in the business of feeling good. Everyone around me feels better as a result of the work I'm doing. My healing practice is fertile ground. I am a prolific healer. I enhance my environment with my energetic presence.