

# WellAhead for Life Training

## Reflexology Level 3 Diploma

### ASSIGNMENT 1 – THE HISTORY OF REFLEXOLOGY

Using books, websites, notes and text books, research 'The History of Reflexology'. Make your assignment interesting by using images and when complete submit to [suzanneyoungliving@gmail.com](mailto:suzanneyoungliving@gmail.com)

This assignment should have a minimum word count of 1,000 and a maximum word count of 5,000.

Your assignment should include some information on all of the following:

China  
Egypt  
India  
The Bible  
Fitzgerald (Zone Therapy)  
Riley/Eunice Ingham  
Doreen Bayley  
Historical uses of reflexology

Please use the attached front cover sheet to submit your assignment.

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### ASSIGNMENT 1 – THE HISTORY OF REFLEXOLOGY

Name:

Date Submitted:

Assessor's Name:

Assessor's comments:

Date marked and returned:

Pass/Fail