

Hello, we are nearly ready to start our fabulous Power of Dreams 30-day journey together!

Please do one important thing now in your Teachable account, and check that you have **enabled emails from me**, so that you don't miss out on what's going on!

Here is how to change your preferences so that I, Dr. Clare Johnson, from the Deep Lucid Dreaming school, can contact you about any changes or new information during the Power of Dreams course:

1. Log in to your Teachable account and go to "Edit profile".
2. At the bottom of this page, at "Notifications", use the checkboxes to opt in to the box that says: "I agree to receive emails from Dr Clare Johnson with important course info." (See the screenshots below for an example.)

Done! Now just keep an eye out for any messages during the Power of Dreams course in your inbox or spam folder.

You can just as easily change your settings any time by unchecking the box.

Well done – this will make life easier for all of us if there are changes as we dream through the next 30 days together 😊

Edit notification preferences

[\[back to top\]](#)

Notification preferences are managed at the bottom of the **Edit Profile** page. This process is the same for both Teachable Accounts and non-Teachable-Accounts schools.

Using the checkboxes, you can choose to opt in/out of emails in the following categories:

- **Email me when someone responds to my comments** - receive an email notification when another user in a course responds directly to a [lecture comment](#) you have made.
- **Email me when someone comments on a discussion I've commented in** - receive an email notification when another user in a course [comments](#) on a thread you have also commented on
- **Receive instructional and promotional emails from [School Name]** - receive emails directly from your school owner and/or course instructor(s). These emails can be instructional or promotional in nature. This [setting](#) is initially determined on the product checkout page.



Edit Profile

Manage Subscriptions

Add / Change Credit Card

Address

Contact

Log Out

Profile

Full Name

Teachable User

Email

sean+sept28@teachable.com

Password

Linked Accounts



Linked

Teachable Accounts

[View Account](#)

Notifications



Email me when someone responds to my comments.



Email me when someone comments on a discussion I've commented in.



Receive instructional and promotional emails from The Sweet Shop.