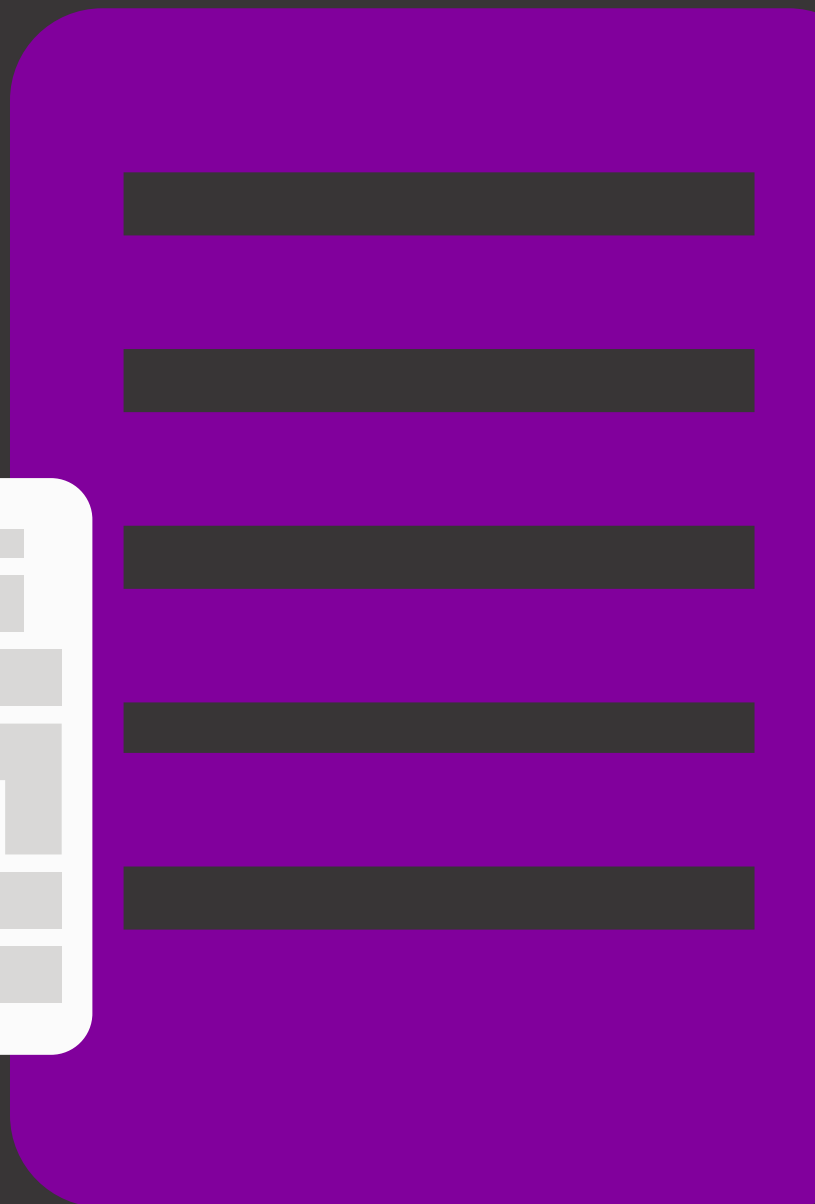


ONLINE GUIDE 2020

REFLECTIONS ACADEMY OF DANCE PTY LTD

Working together to keep children active!



A message from our Artistic Director

Welcome to Reflections ONLINE!

We have been working tirelessly to restructure our 6 day timetable into a suitable and fun online program! We have been recording content and weekly plans for children to access at home!

At this point, we do believe the entirety of Term 2 will be online but if restrictions are lifted, we will return to our regular in person classes when safe to do so!

Our goals are to provide:

- Consistency of content and delivery of classes
- Joy to the students being able to access their regular learning and see their class mates
- Physical and mental health for students and parents
- Distractions away from the media and an outlet from school work
- Continuing dance education for smooth transition back to classes when restrictions are lifted
- Support for parents juggling homeschooling, work, keeping the kids active & entertained

The online programs we are offering will be a mix of both LIVE and pre-recorded content. It is important to note that classes aren't always the same length online due to the nature of the learning. Normally during classes in person we repeat exercises/songs and we correct students. During pre-recorded weeks we encourage students to repeat steps and work to master the movement, completing them more than once (we recommend trying to attempt once a day).

More content will be updated throughout the term so be sure to check in weekly to see what has been added to your programs!

Thank you for your support,

Kiandra Harman

ABOUT TEACHABLE

Teachable is an LMS or Learning management system. It is an online platform for creating and teaching courses. Content creators can create an online course and upload them on Teachable. It is similar to an online classroom.

ABOUT ZOOM

Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video. Zoom users can choose to record sessions, collaborate on projects, and share or annotate on one another's screens, all with one easy-to-use platform. Zoom offers quality video, audio, and a wireless screen-sharing performance across Windows, Mac, Linux, iOS, Android, Blackberry & Zoom Rooms.

SNEAK PEEK AT WHAT THE ONLINE PROGRAM LOOKS LIKE
CLICK HERE!

Reflections DANCE

Admin My Courses All Courses Preview As

Course Curriculum

Welcome

- What to expect online Term 2! [START](#)

Week One (April 20th - 25th) LIVE

- Lesson Details [PREVIEW](#)
- Week One Challenge! [START](#)
- Week One Bonus! [PREVIEW](#)

Week Two (April 27th - May 2nd) Let's BOOGIE!

- Warm Up [START](#)
- Red Light, Green Light(1:45) [PREVIEW](#)
- Under The Sea(3:19) [START](#)
- Technique Time(4:10) [PREVIEW](#)
- Let's Sine(1:30) [START](#)

Live Week:
Classes will be live streamed this week and you will find your links to join LIVE classes here!
For pre-schoolers: there are at least 2 LIVE classes to join per week!! That means you can take more than one class!
For school aged students: When your registered for your level, you have access to ALL dance styles meaning you can take other classes you might not have done before! You can access Beginner and Advanced lessons giving you extra training at a reduced cost!

Recorded week:
Classes will open up 24 hours before this week begins and students will complete the exercises within their program. This can be a mix of technique exercises, challenges and dance combinations. Students can leave comments and videos for teachers to help them. The combinations and techniques will then be followed up during the LIVE week following.

ONLINE LEARNING PLATFORM

"TEACHABLE GUIDE FOR STUDENTS & PARENTS"

Log in to Your Course from the link in your email:

1. All parent emails (selected upon registration) will be added in the "back end" of Teachable where you will receive notification that you can now access.
2. Enter the email address and password associated with your myTeachable account (or create a new account if you haven't used before)
3. Upon successful login, you will be brought to all your current school and course enrolments accessible through myTeachable.
4. Select the course you wish to view, which will bring you inside the course area, where you can start to work through content.

Log in to Your Course From the School Homepage:

<https://reflections-academy-of-dance1.teachable.com>

1. Click Login in the upper right-hand corner of the homepage.

2. Enter the email address and password you used to register your account and click Log in. If you have a myTeachable account, then click on the Log in with myTeachable button before entering your login credentials.

3. If you do not have a myTeachable account, you'll be prompted to convert or connect your school account to a myTeachable account. Click Create a myTeachable account to create a new myTeachable account, or click on I have an existing myTeachable account if you want to connect an existing myTeachable account to your school account.

4. Once you've logged in, click on the My Courses tab. All of the courses that you are enrolled in will appear.

5. Then, click on the course that you would like to access.

Using the iOS app.

Download: <https://apps.apple.com/us/app/teachable-online-courses/id11770623761>.

1. Enter the email address and password associated with your myTeachable account.

2. Upon successful login, you will be brought to all your current school and course enrolments accessible through myTeachable.

3. Select the course you wish to view, which will bring you inside the course area, where you can start to work through lecture content.

LIVE CLASSES - ZOOM INSTRUCTIONS

1. Parents/students to download Zoom first and sign up for an account/sign in. Then a meeting ID/link (a unique 9, 10, or 11-digit number) is sent by host. Laptop is recommended, but tablet or phone is ok too. You can even link it up to your tv which gives you the best viewing!

*A zoom account is required to participate in a meeting. We recommend naming the Zoom account under child name so we can easily see who is joining!

DOWNLOAD ZOOM Desktop (suggested):

<https://zoom.us/client/latest/ZoomInstaller.exe>

iOS: <https://itunes.apple.com/us/app/id546505307> Android:

<https://play.google.com/store/apps/details?id=us.zoom.video>
meetings*

Remember to allow Zoom app to access camera and microphone

2. Click on the class link from the table and Zoom will automatically open.

3. Wait for teacher in the “waiting room” you will be added when the class is going LIVE. Make sure to ‘Pin’ the video of the Teacher.

Please note: we will only allow access to students so please name the account under a name we would have registered at the studio!!!!

FAQS:

Q: We can't make it to the LIVE session as we have plans, will there be a recording?

YES! We will share recordings into your Teachable portal about 48 hours after LIVE lesson. Please note that if there is any security concerns or teachers feel that the video shouldn't be shared, we will take that advice and leave it off. Sometimes not everything goes to plan and we don't want students feeling uncomfortable. Be sure to put the LIVE dates in your diary so you can jump into as many as possible! We will also have surprise LIVE classes that will pop up from time to time! Stay in touch via our Facebook groups!

Q: Was the teacher able to see my child on Zoom?

Yes we can see the students! Depending on the settings, sometimes students are unable to see themselves, but we often feel that this can be better as they don't get distracted by watching themselves. The Teacher has control to ask the student to turn on their video. If we don't get a response, we reach out after class to assist with any technical difficulties. The Teacher uses Zoom on "gallery" which allows us to see every student.

Q: Are the classes (both LIVE and pre-recorded) the same length as studio classes?

Online classes are sometimes reduced due to the nature of the class. We spend a lot of time repeating steps and giving corrections so during pre-recorded weeks, we ask students to go over exercises more than once to really attain the skills. Students will not have master EVERY single song/step during this online platform but practise makes PERFECT!!

Q: Cecchetti exam & elite classes?

Students in these classes are asked to check in with their online class timetables as your structure is slightly different. Cecchetti classes will be LIVE every week! Make sure you note down the time of the class as it does differ slightly to normal timetable. Elite Tap classes will also be LIVE every week - but they will commence on 6th May as Miss Della is recovering from surgery. Students are then recommended to enrol into the package ALL ACCESS to join in all levels of dance and find the classes that suit you best. (eg. Junior Elite can take Junior and Siub-Int classes.

HAVE A QUESTION OR NEED TO GET IN TOUCH??

Contact us via the details below!

Phone: 03 5995 5012

Limited phone hours available due to restrictions,
please be patient in response times.

Email: hello@reflectionsacademyofdance.com.au

Facebook (quickest response platform)

Preschooler:

<https://www.facebook.com/groups/2236131609997549/>

School aged:

<https://www.facebook.com/groups/456696867864069/>



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