

ExamFacts Study Guide Pediatrics

Asthma

Wheezing or diminished

Prolonged Expiration

Peak flow /Asthma Action Plan

Treat Bronchodilators/B agonists

Watch for fatal signs decrease LOC

Pulsus Paradoxus

Cystic Fibrosis

Genetic Disease/ Chronic /Prone to infection

Verified through genetic test or

Sweat Chloride Test (>60 mEg/L positive test)

Treatments:

Bronchopulmonary hygiene

Medications:

Pulmozyme(dornase) enzyme for mucous viscosity

B agonists

Mucolytics

Tobi (inhaled Antibiotic)

Infant and toddler common infectious diseases chart

RSV CROUP (LTB) EPIGLOTITIS

| Onset | Slow | Slow | Fast |
|---------------|-------------------------------|---------------------|----------------------------------------------|
| CXR | Infiltrates | Steeple sign | Thumb sign |
| Breath Sounds | Wheezes,coarse | Mild stridor | Marked Stridor |
| Symptoms | Inc WOB | Inc WOB | Severe Inc WOB |
| Symptoms | Secretions | | Drooling |
| Cause | Respiratory Syntacal Virus | Parainfluenza Virus | Haemophilus Influenzae Type B Bacteria |
| Treatment | O2 ,CPAP, SXN, | O2 ,CPAP, SXN, | INTUBATE |
| Treatment | Ribavirin via SPAG | | Antibiotics |

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Accidents

Drowning-

- Fresh/pool cold best chance survival
- Salt water -Immediate Pulmonary Edema
- All leave risk anoxic brain injury/brain death
- Treat like Pulm Edema/ARDS O2, intubate high PEEP

Choking

- For unexplained wheezing/stridor consider choking especially toddlers
- Greatest risk is for anoxia

BPD

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