

Self-Tape Framing

examples



THE **APPROACH**™

Helping Actors Navigate The Industry Mountain

Let's look at some examples of framing for self-tapes



This is pretty much standard framing.



Horizontal Movement: Using the FAR third to create a sense of relationship and chemistry/conflict.



Horizontal Movement: Using the NEAR third to create a sense of relationship and chemistry/conflict.

Let's look at some examples of movement in the frame



This is standard framing in use for most of the scene.



Vertical Movement: Using the three I's of Vertical Movement to create a change in mood/tension/relationship.

Intimidation-Interrogation-Intimacy

Use movement sparingly and use it when it makes sense to convey an emotional and/or relationship status change within a scene.

Let's look at some examples of using props in self-tapes



Drinking and eating is risky.

You cannot make the scene about the activity.

Relationship trumps activity.



Using something that works as a gun is a great option. Using a prop gun can work, especially for self-tapes. A cell phone can work as a gun, a walkie-talkie, and your script also works as a variety of props. The scene is NOT about the prop.

Using props CAN elevate a scene.

They can also destroy it.

Knowing WHEN to use them is key.