



YOUTUBE LINKS - HEALING FREQUENCIES BY CHAKRA

Base/Root

Frequency music: <https://www.youtube.com/watch?v=3ZO9MNCKUFM>
<https://www.youtube.com/watch?v=2DehYTgLOvl>
<https://www.youtube.com/watch?v=6DVN87z3PMI>

Tibetan bowls: <https://www.youtube.com/watch?v=W7zKtDk6mFg>

Sacral

Frequency music: <https://www.youtube.com/watch?v=QnrDGylbHts>
<https://www.youtube.com/watch?v=QnrDGylbHts>

Tibetan bowls: <https://www.youtube.com/watch?v=uRW44E14qSY>

Solar Plexus

Frequency music: <https://www.youtube.com/watch?v=8lCiywG-O9I>

Tibetan bowls: <https://www.youtube.com/watch?v=72BE6KVZYoA>

Heart

Frequency music: <https://www.youtube.com/watch?v=zJXPj-hwpyl>
<https://www.youtube.com/watch?v=wKTpCY5Pv9Q>

Tibetan bowls: <https://www.youtube.com/watch?v=qxLoVPZvtTY>

Throat

Frequency music <https://www.youtube.com/watch?v=oYYuSBzHz1I>

Tibetan bowls: <https://www.youtube.com/watch?v=fKyYx1cIRYI>

Third Eye

Frequency music: <https://www.youtube.com/watch?v=c90DPyQWoyU>

Tibetan bowls: <https://www.youtube.com/watch?v=ZxHyKtgjmAM>

Crown:

Frequency music: https://www.youtube.com/watch?v=_b-HpcoDbYE

Tibetan bowls: <https://www.youtube.com/watch?v=lpY7E2FGbyc>