

Dr. Michele Arnold

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## Heal Your Gut in 10-Days

### An Essential Oil Cleanse to Heal Your Gut & Your Life!

About Congee An Asian Healing Rice Porridge



**What is it?**

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**How to cook it?**

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Natural Health Workshops, Books, doTERRA Essential Oil Membership Consultant

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### **What does it do?**

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### **Benefits**

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### **Flavorings and Toppings**

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### **How to Store it**

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