

Date \_\_\_\_\_  
Client Name or ID \_\_\_\_\_

# Clinician Notes

Single Target

- Target:
- Image:
- Emotion(s):
- Negative Cognition:
- Positive Cognition(s):
- Body Sensations:
- Blocking Belief(s), (if any):
- Grounding Method(s), Response:
- Ending Sud and VOC:
- Additional: