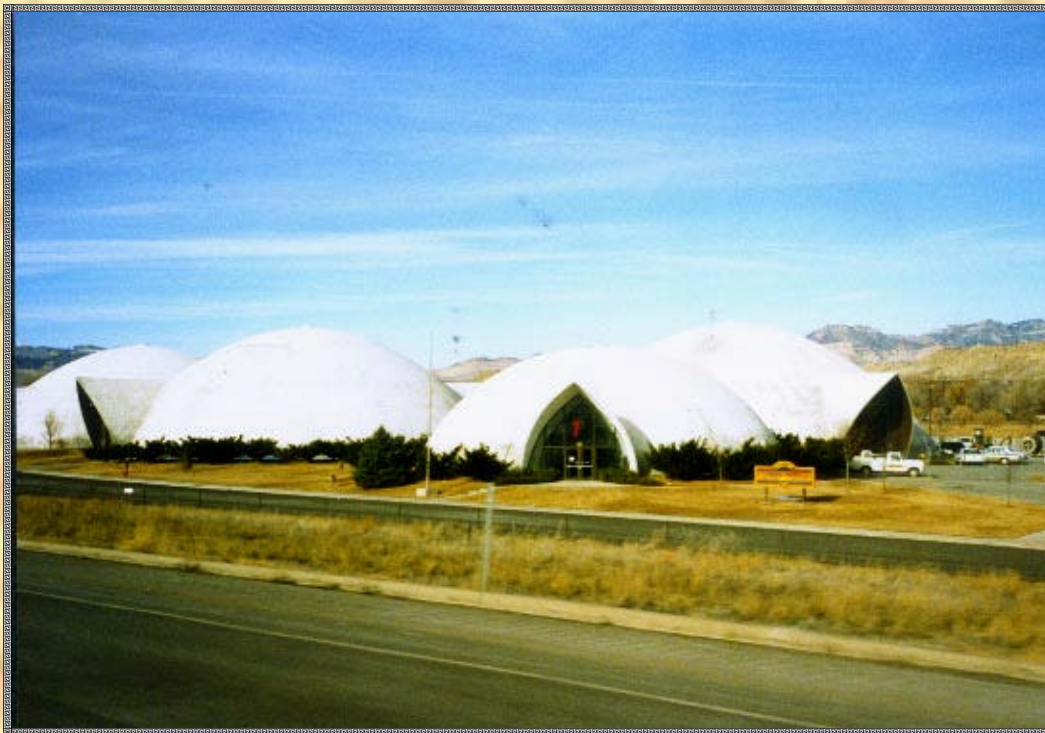


THE NEW MILLENNIUM NOTEBOOKS
CHRYSALIS CENTERS - PART III
The New Philosophy



Neil Hickox

Excerpted from
The Chrysalis Teachings
by **Norma Hickox**

Dome Buildings

by
Neil Hickox

This cluster of dome buildings is located in Wellington, Utah. It was once a school, but is now owned by the city. This is what a Chrysalis Center could look like following the guidelines for round buildings.

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A Profile

I am a professional musician. I play and teach six instruments and compose music. I've been an organist and choir director for many different religious denominations. I have also taught vocal music in private elementary and pre-schools and have had my own dance band in the past. I live with my husband Lyle in Grand Junction, Colorado. We have one son, Neil, a computer scientist living in California. Neil has done many of the drawings used in the teachings.



Norma Hickox

Photo by Neil Hickox

When I began composing in 1981, the music and lyrics would flow out in complete form. A year later, I began to receive information from a spiritual source that flowed the same way as the music. This new material was later explained to be from spiritual teachers whose intent is to bring the Chrysalis Teachings to human understanding. My individual part in the work is to act as a thought provoker; to bring through ideas that stretch our minds and break us out of the shells of old thinking; allowing us to wonder "What If." This work is in the realm of creative ideas, before inventions are made or new products are designed and opens the possibilities of new ways of doing things. For the last twenty years I've been working on the Science of Music. This science will tie everything that has existed since the time of the big bang until now, to a musical vibration for the purpose of finding compatibility between the different kingdoms.

I have been blessed with the privilege or gift of "knowing" many spiritual truths. It seems that some part of my makeup has the ability to "know" and "see" the aspects of creation in a way that relates to musical vibrations. Actually, being a musician, it was the vibrations of music that I've been exposed to since the age of four that enables me to do this.

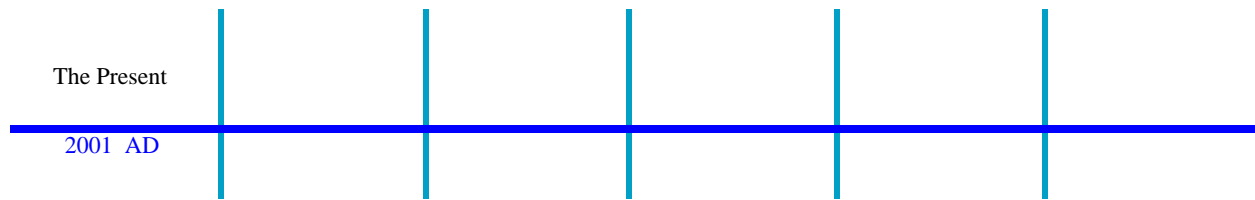
These notebooks enable us to look at any time period of the universe. They allow us to experience events that have happened in the past, events that are happening now, and events that will happen in the future. Each New Millennium NoteBook will take a look at a small portion of the TimeLine of Eternity.

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Global Educational Reform

If a person could get a glimpse of the world as a large strategy board they would know that they are ready for world service. They have graduated so to speak, from a smaller view point to an expanded viewpoint. This glimpse of the world is the view that those on the inner planes have. The global view of education is a game of strategy. This global view needs to work its way into outer expression and experience.

It must necessarily start small and continue doubling and doubling in the number of schools. But the first one must be accomplished by itself and stand alone for five years before the second one is added. At that time they will continue to snowball and within a ten year time frame there could be 50 schools throughout the west. Within the next five years they will increase to thousands across the country and by twenty years from now they will be introduced internationally and will become the standard or norm for education in all countries.



CHAPTER ONE

The New Philosophy

The New Philosophy

The new philosophy will concern itself with the individual right to grow and progress, each at their own speed. It will start with the schooling bringing forward the inner being of each at a very early age. This will lead to the necessary intertwining of this inner being with the present personality. This is most important. The direction that some are taking now is that of turning your whole incarnation over to your inner being. This is not what is wanted or needed. Can you imagine what the world would be like if all these inner beings were walking the face of the earth in embodiment? There would be no progress made because we would be stuck in outdated ideas for the most part. We have given before that the way we can help you is for you to be on the earth plane experimenting and sending us the results of your experiments. We then take all this material and condense it and come up with overview thoughts. These thoughts then are sent back to you for experimentation and this, then, returns to us. It is a cyclic ebb and flow of information that will progress the human race. If we were walking the earth with you or walking the earth by ourselves it would not progress. It takes the one down there returning to those of us up here. It was tried the other way and did not work. This was what Atlantis was all about. Since the restructuring of Atlantis progress has been much faster. Since then channeling has started opening in so many that progress is much, much faster and becoming more so all the time. Eventually the channel will be wide open on children as they are born. This does not mean that they will remember their past lives, only that direct communication can be had with the channel in a momentary, cyclic process. This is how your channel has been trained to work. This, perhaps needs to be explained to those at your lectures. This is the proper way to channel. At the present moment, yours is still in the rough stages. We wanted to explain it to you so you would know what our goal is and the proper goal for all.

You are to be able to flip flop from you down there to us up here at any given time with no noticeable effort on your part. It is a mental process. We are in your mind. Think of it as a tiny door and see the door open when you want to access us. We suggest you try this with your tape recorder as practice. Ask yourself one question at the beginning of the practice that you, yourself, don't know the answer to or have any thoughts on. Start talking into the tape and see this little door open and let the answer come through. This is a very good way to practice. We will close for now, knowing that you intend to practice this way later.

There is a difference between inspired writings or talks and a spirit speaking through you. Once the synthesization has taken place, then it is truly divine inspiration. What you, Norma, are doing right now is you. It is your higher self, which is where the inspired writings come from, your higher being. The inspiration has come from beyond you but it is given to you in many different forms. In some at night while you are sleeping and through lectures you attend on the inner planes, some through thought impression, some through your own efforts and questioning, rising up to find different answers than humanity has at the present time.

It is more you than you have been willing to admit. And this is because the synthesization process is so very new to you. As you accept it and grow into it, you will realize more and more that it is, and has been, your higher mind. You were told this before and were not quite ready to believe it then. We hope you are ready to believe it now because this is what must come through to people. You are not to be a channel as the others channel because you are different. You are not merely a voice for entities on your astral plane. Your situation has been developed from an entirely different standpoint.

Keep Teachings Simplified

As far as expressing the teachings with your music, it is your music and you will lose control of it if another does it for you. You will not have the good feeling that you will have if you perform it yourself and decide on the arrangement and the final sound that you want to give to the listener. How can you change the taste of the musical world if you constantly imitate all other musicians. Someone needs to blaze the path and bring in either a new sound, a true sound an authentic sound or a return to values that served well in the past. In your case you have the ability to bring in a true authentic sound of someone who is not false and copying off of other people. Be yourself. You know what you want the music to sound like. Just listen to it internally during meditative periods. It came from you internally, your internal self knows what it needs to sound like to be the true expression of you. You are certainly not a simple being, you are a complicated expression of eternity and this is what your music needs to express, the simplicity of the wholeness of being.

This is you as always, knowing that the complicated universe is explained very simply. It only grows complicated when cluttered minds grasp it and expand on it. You must constantly and continually keep bringing it back to simplicity. This has always been you and your expression. And in being simple you express multi-levels of creation that are so blended that they appear simple. Thought processes that cannot pull together simple concepts and come out with a simple solution are not needed. Simplicity should not equal complexity, it should equal multi-layered simplicity or deeper simplicity, not chaos that is unstructured, but chaos that is able to be broken down into a simple pattern or formula.

This is getting away from your music, but hopefully you will grasp the idea of what we are saying. We gave once before that the music of the future was to be multi-layered, block chords, so to speak. This is what the fractal music is trying to accomplish but they are working with too complicated of math concepts. Simplicity is the path. That music will never amount to something the

listener would want to listen to. It destroys brain cells instead of enhancing them. Your music can enrich the brain patterns by having simple beautiful flowing rhythmic movement.

As far as goals for your other work that has not changed - one complete book of Chrysalis Teachings and your newsletter is all that we ask. And actually you don't need to consciously channel as you are doing now. You can know all this in your head and do. We are able to embellish it slightly when you type it, but the basic core structure is already known to you consciously. You might just ask for embellishment of thought processes as time pressures do not allow you to finish thoughts during the day and lack of response to dreams does not allow access this way. But just know that it is already within your own knowingness, and just ask for embellishment.

Summary

The Chrysalis Teachings are aimed at taking responsibility for our actions. When the Spirit of Truth is reached there will be no more "passing the buck." Each must stand firm on his own decisions and consequent actions based on those decisions.

Perhaps living your life this way must start with the small things, the day to day events that make up the biggest share of our lives. This is what the spiritual path consists of; being the best possible member of society and taking responsibility for your actions. Can you imagine the world today if everyone were to try to live his life this way?

The spiritual path is not learning and reading all you can about fantastic previous civilizations and experiencing them in recall unless the good from previous lives you lived comes forward and influences this life. To not have this happen is leading you into the glamorous path of escapism that all like to spend time in. To read books about the masters and then not apply what is learned from those books is also not the best use of your time. Meditation will do far more towards increasing your sense of spirituality.

The course for all at this time is to bring into fruition their "own" reality as far as their spiritual beliefs. The best way for this to come into focus for each is through meditation.

Why is it that we are discontent with everyday simple living? Why do we search for excitement in videos and books and daydreams? What are we searching for? The Truth? Whose Truth? Your Truth? You will find that in meditation, not by any exoteric (outside) activity. True spirituality and worship will be an esoteric (inner) happening.

If these Chrysalis Teachings are rewritten as being in direct application to individuals instead of the large creation you will have one of the most powerful sources of self-study for individual universities that will be available to humanity. These teachings are giving humanity a road map to the "New Jerusalem" of the "New Creation" or the "New Age" It is to be, remember, an individual search and only those who are ready, through self-analysis and self-testing, will inhabit the "New Creation" which is, after all, only the unfolding of the Holy Spirit in each.

Question - Are we, those of us involved with the Chrysalis Teachings, spiritually developed enough to create gold from lead and/or manifest the material that will fund the Chrysalis Teachings world wide?

Answer - Norma is Spiritually developed enough to create gold from lead, but this would be so against her soul wishes that she could not do so. You are all certainly spiritually developed enough to manifest the means to see to the publication world wide of the teachings. It is only that it is not to be done in any way that could cause any negative thought to affect the teachings. They are too important to the world to use alchemy to fund them, only because of the reaction of society to this “work of the devil.” We cannot chance it. The teachings have a good start and would be put in jeopardy if we allow alchemy to enter the picture at this time.

When we said you all have the means and are spiritually developed enough to manifest the money, we do not mean by any easy, magic way. We do mean by using your intelligent, reasoning, creative minds. We will help. We will be with all of you guiding you and your decisions. Any who work with Norma to give the Chrysalis Teachings to the world will be guided and protected by us at all times. These teachings are the hope of the world.

But do know that we love you all and are ever with you. The progress of the souls of all of you are just as important to the Creator as is all of humanity and we will not put the spiritual progress of any of you in jeopardy by asking you to condone or commit anything concerning the financing of the Chrysalis Teachings that will prevent them from remaining sparkling pure and clean. Know this, that the most accepted way by all humanity at this time will be through the Creative Arts. So be it!

Question - Where does the physical body fit into the teachings?

Answer - Where the physical body fits into all this is in the ability to enable the mind to work better. Thus the experimental nutritional Garden of Eden. We knew from the beginning of our experiment on planet Earth that the nourishment of the physical forms that the souls entered would determine the growth and thinking capacity of the human brain. The human brain was what the soul would infiltrate, then, to carry on with experiential life on the Earth plane. Therefore, nutrition and exercise are of the utmost importance. This is why it is incorporated into the early childhood classes for education. The condition of the physical body will aid the brain in thinking, which can then push for further thought in nutrition, which will then influence them to eat more wisely and thus increase their thinking. When the quality of food and the quantity of nutrition is increased the brain will function better and this will allow the soul to gain a stronghold which can then influence the spiritual thoughts, which will then work to control the emotions, which will then help the physical body to quit eating for comfort and the cycle will start again. If this cycle could be instigated in all from an early age on, the growth of humans would be fantastic and the Kingdom Of God and Peace on Earth could come in. Thank you and good day.

Question - My work has always been from an overview. It has never dealt with the individ-

ual on a personal growth level. Is this because I am not focused towards this and am not interested in meeting and knowing a lot of people, or is it the other way around and that because I do not associate with a lot of people my work is always on a higher, more abstract overview? Which is causing which? Am I supposed to stay on this high overview level or is there something I should be doing to bring in help for people who are searching for ways to improve themselves and to grow spiritually or should I remain in the scientific realm? Any help or thoughts you can give on this would be appreciated. Thank you. Norma

Answer - Yes, we are here. You have not yet come into your full mission. As far as to which is causing which, it is all a natural growth process. You needed to know that you are capable of doing the higher realm, scientific work to begin with or you would not have persevered in your own growth. Now you need to know that you are capable of working with the individual also. Knowing this will allow you further growth and you will eventually go back to the scientific work, only on a much deeper level of understanding what the tie between the macro universe and the human universe really is all about. What has taken place in the past is perfect and what is to take place now will be perfect. Also, then, the future will be perfect. There is no right or wrong. You are creating your growth and evolvment on a daily basis. Trust yourself that it is right and perfect. We bless you dear Norma for your concern that you are using your talents to help others.

Question - In the book “The RAMaterial” by Don Elkins, Carla Ruechert and James Allen McCarty, the source RA speaks of being part of the Confederation of Planets in the Service of the Infinite Creator. (a) Are we, of Chrysalis, also of this Confederation? (b) What is the term Oversoul in relation to the confederation?

Answer - Those of Chrysalis are of a different but affiliated confederation. It is a matter of the origin of the seedcore or which branch of the main tree trunk the seedcore came from. Picture the Oversoul as the tree trunk and the leaves at the ends of the branches as the confederation. The branches themselves could be considered the undersoul. The confederations, then, are groups of seedcores all from the same branch that are “in training” to rejoin the undersoul. They are part of a protective force around the planet rather than an educational force, although they do that also. Their position is to protect, not only the humans on the Earth plane, but also the teachers from the higher planes. They serve these teachers and act not only as servants, but also as consultants. They honor the teachers and do what they can to ease the flow of the teachings back and forth from the inner planes to the higher planes. Each one serves a period of time in a confederation before moving on. The Oversoul is, remember, the tree trunk in our analogy, the confederations are groups of leaves at the end of the branches. We hope this helps. Tasha and Mafu

Question - With all the differing terminology we would like to find a commonality. I think even the Starseed Transmissions from Ken Carey are giving the same information (generally) as are the Chrysalis Teachings. How can Chrysalis be unique? We do not want to be imitators, we want to be instigators of greater growth and awareness and creative thought. It is not just the way a newsletter looks, it is the content.

Answer - Chrysalis can be unique by being simple. "Keep it simple" is the watchword we would want the Chrysalis banner to fly. The more simplified the material the greater the understanding of the people and the more people that can be reached. By being simple we do not mean oversimplified. We believe the level it is coming through at right now is a good level to hold and we will do our best to hold it there and not let anyone pull it into higher, more complicated terminology.

By the use of analogies that people can relate to their Earth plane life you would achieve a uniqueness that would be a good uniqueness. There could be a danger in trying to be too unique, you know. You could "unique" the material right on past the ordinary person and not accomplish anything. Simple, clear, word-pictures or analogies is the direction we would prefer. We also would like to see it formed into some chronological order as it would all fall into place and become much easier to understand if this were done. We would suggest trying a method of almost a fiction type of approach using the true facts applied to characters of one seedcore. We believe this could be worked into a play that could be presented as well as a book to be read. Why not give this some thought. The way it would need to be done is for the facts of existence from creation to be laid out in a chronological order and then applied to characters. These characters would be the sparks and their growth and evolvment could be followed through on the two levels, Earth life and between lives.

Chrysalis is already unique in its own way and is not an imitator. As it is bringing through and working with the Spirit of Truth it cannot be imitating anything that is present on the Earth plane. The creativity of the channel will most likely always be the guidance that will hold Chrysalis unique. Because she is special, so also is the material and the way it is presented. Mafu

Question - What is the status of the school to be developed as part of the Chrysalis Center? I have a five year old son and I am concerned about his spiritual growth/education beyond what I can provide. Is there a plan and a timetable? Is there anything others can do to help?

Answer - The school will become a reality within the next five years. There are several reasons it will take this long. The first is, of course, financial. There are projects that could be done, that, when completed, would return funds into the Chrysalis Foundation for the eventual building of the school. At the present we are not sure where the school will be located. The one thing that others could do would be, of course, to contribute money to a school fund for the experimental school and also network to promote the ideas of this school. There has been more information come through on the new school. There is a complete class outline and lesson plans, a drawing of the total school and of an individual classroom. Norma has given lectures on the subject at which the adults were put through a total day in first grade in the space of one hour, with five minute classes. Perhaps a good way to help this school become a reality would be to form committees of three at different locations around the country to head a drive to build a experimental school. These committees could come together once a year for a conference or workshop to report on progress and exchange ideas and learn more about the new plans for the school. Tasha

Question - Can a person be at one level of evolution in, for instance, the emotional body and at a different level in the mental or one of the other bodies or do they all rise at once in evolutionary growth?

Answer - Yes, one can be at a different level on all four bodies. This is what the Science of Music charts show. The goal is then to pull each body into attunement in a balanced way. In other words, one should not work just on the physical body and then move to the emotional, etc. There is a well laid out blueprint to follow in music theory that shows when to pause in the work of one particular body and bring another part into attunement at that particular level. Then this one is paused and another brought up to par, etc. This allows for balanced growth which will, in the end, result in faster progress for all.

Question - Will the Chrysalis Teachings lend themselves to a daily exercise similar to the work in the Course of Miracles? If not, could you please give some direction as to the best way to lay out lessons for the Chrysalis Teachings. Do you feel it would be of value to pursue this if we have time? Please comment.

Answer - Yes indeed, the Chrysalis Teachings can lend themselves to this type of format. In the booklet "Know thyself - Part IV," there are exercises given for 365 days of the year to help with transmutation of attitudes.

Question - Can you give ideas of tying in lessons to the Science of Music readings. Can these be lesson plans of different ways to raise one's vibrations, such as what you mentioned as the use of water. Could you give an outline or start exploration of daily lessons.

Answer - This can certainly be done. I will give an overview this morning, the detailed plan can come later, from those more intimately involved with The Science of Music. The charts can be used for lessons in the areas of all four bodies. The basic beginnings of understanding these lessons are already present but need broken down for individuals. What is being given now is general lesson suggestions. The individual lessons can involve exacting lessons for each body. For the physical body the charts will determine how highly evolved the physical form is that one chose to enter. The more highly evolved the physical form the more diverse the means of raising the vibrations. Those forms that are not as highly evolved will not need to have as much refinement to make a difference in vibratory rate of the physical body. Any improvement in diet and exercise will immediately raise the physical vibrations.

The emotional vibrations will be the same, the higher the keytone, the more intricate the lessons can be, the lower keytones will not need to have such specific lessons. This will hold true for the mental and the spiritual bodies also. For instance, the mention of using water for raising the vibrations would only be used for those in the lower fourth of the physical body. This is due to needing to have more of the experience in that whole family tree, of being encased in the fluid of the womb. This fluid that the babe lives in for nine months does much to sensitize his physical body as far as raising the vibratory field. If he has chosen a lower physical tone, for whatever reason,

he will then be influenced to join a family on the Earth plane that is not so highly evolved. Therefore, the fluid present in the mother will not be very highly attuned and the physical body this one is born into will not be as sensitized. By putting these babes into water at a very early age, just after birth, their time in the vibratory field of water can be extended. The water itself is tuned to the vibratory field of the babe at birth and slowly raised by one level of the twelve level breakdown of each chromatic tone. There would be a limit of how far it could be raised, given in music theory. Once this process has been started on a physical form, all other bodies of this person must follow suit and raise their vibratory field or there will be danger of emotional or mental imbalance.

Question - Is there a way that, perhaps, as long as six years later they can still have lessons, in other words an ongoing course?

Answer - Yes, the course can be ongoing. For instance, if a physical body vibratory field is raised, say three degrees of pitch, then the other bodies follow suit, then starting with the physical the process can repeat itself. There can be no end in sight for this process. It can last until the death of the form as there is always higher vibrations and associated lessons for them. None are going to progress to the point in one lifetime where their vibration will be so high as to not be a member of the human race.

Question - What would the ultimate goal of these lessons be? Would it, for instance, be to get one to the point of listening moment to moment for their guidance?

Answer - The ultimate goal for these lessons would be the building of a conscience which is, in reality, the ability for soul expression to affect all actions of the entity. This is the ultimate goal, as control of the entity by his own soul will allow all else to fall into place and “produce” an intelligent, joyful, beautiful, spiritual, divine human being.

Question - How can the people in other areas help Norma?

Answer - The soul of each one of you determines the amount of help and what kind of help you feel you can give to Norma. Norma’s own soul determines the help she feels she can give each of you.

Someone is needed who understands the esoteric language that comes through Norma’s mechanism due to working on the right side, the creative side of the brain for most of her life. She is unable to bring the material through in the terminology, not the thoughts or specific technical explanations, but in the terminology, of the left brain scientific community. Therefore someone who is balanced in their ability to understand both can serve very effectively as the translator for Norma’s esoteric answers to other’s scientific questions. That is one area that help could be in. Another very important area is in the absolute accuracy of developing the machine to help, not only in healing humans, but healing the total planet. This is a very important area and for this reason is going to be given much help from our side. Much specific detailed information and draw-

ings and even schematics, etc. can be sent through this channel and then interpreted by someone else.

One other area is in reinterpreting all the material brought through the Chrysalis Teachings in relationship to the creation of the universe. Norma has come from a background of being a master of universal concepts, in relation to universal harmony, in relation to universal rhythm, and in relation to universal creation. Now all of this can be directly applied to the human mind, the path that it should take in each lifetime on planet Earth. In other words, the first life on any tone, we'll use F as an example, each life on the tone of F should follow this pattern once it has been reinterpreted from being applied to the huge universe down to the teeny, tiny little universe that each human brain truly is.

There is also one other area that needs to have someone to work in, and this is the area of childhood education. This would be a similar area to what we just talked about, only bringing the material down even further to the level of young children. This would be a fascinating area. We can visualize models, solar systems and universes and the rotation of the planets around the sun being used to demonstrate to these young minds, how their own mental makeup should function. This would be an utterly fascinating area. Both areas are very important and we might make the suggestion here, that the first area be the initial approach and then put to use on the second area.

Question - We had correspondence from a group in Wurtzburg, West Germany about prophecy. Would you please guide us in an appropriate response. Thank you

Answer - In this particular case we would simply thank them for their correspondence and state gently as follows: There are many prophets and prophetesses coming forth world wide. We are glad to know that you are fortunate enough to have one of the many good ones in your particular locality. We in the United States are also blessed with many who are doing an excellent job of educating humanity.

We believe it would be beneficial to exchange ideas on how best to wake up some more of humanity who are still trapped in old religious dogma. For instance, do you actively send out a newsletter? Do you publish books? Do you hold lectures? Do you hold question and answer periods? Do you give others the opportunity to help in building a backbone of support for the new teachings that are emerging everywhere? This is the way it is being handled in the states. There are many little groups meeting in every town in people's homes. There are newsletters that are being sent as samples all over the U.S. and Canada and even overseas.

We all share what is coming through so very many people at this time. This is how the Christ will reappear and be heard is by coming through anyone who is open to receive Him and His teachings. There will be no one particular prophet or prophetess who is any more important than all the other people, as all will eventually receive their own turn at the Fountain of Knowledge and Wisdom that is inside all humanity.

Thank you again for your correspondence. The Chrysalis Foundation, Norma Joyce Green, communicator (prophetess)

Question - I had been a member of a certain foundation when I ran into a snag. I sent them a copy of the first volume of “Truths of Man’s Divine Heritage” and it confused/disturbed them. Where does their information come from? Anne

Answer - The purity and truth of the book you sent them caused them to doubt their own self-worth. We deem it wise to not overstep the boundaries of others bringing through their own material by sending them anything that will shake their own self-confidence until they grow and become more in line with greater knowledge. This material is coming to them currently from the eighth plane. At the time you sent the book it was coming from the sixth and seventh and had not and still has not had an opportunity to find distinct direction as planned before entry by this channel. Mafu

Question - I sent a copy of “Truths of Man’s Divine Heritage” Volume I to another group in California hoping they would be able to sell it in their bookstore and advertise it through their “voice.” They advertise other authors, why did they refuse cooperation this time? Anne

Answer - .In this case we would have to say it was a form of spiritual ego that caused them to reject the book. They simply were not prepared to handle material that was so different from what they called their truths. There is a great deal of unspiritual-like thinking that takes place with all channels at a certain stage. The best that can be done is to let each handle what they feel inclined to. In some cases it is all right to put them in touch with the work of other channels and from that point on let them decide on how they want to respond and do not judge them if their response is not what you would like it to be or feel that it should be. This will do naught but set back your own soul’s growth. Feel open love and understanding for them and commend them mentally for the part they are playing in the overall scheme of things. Mafu and Master.

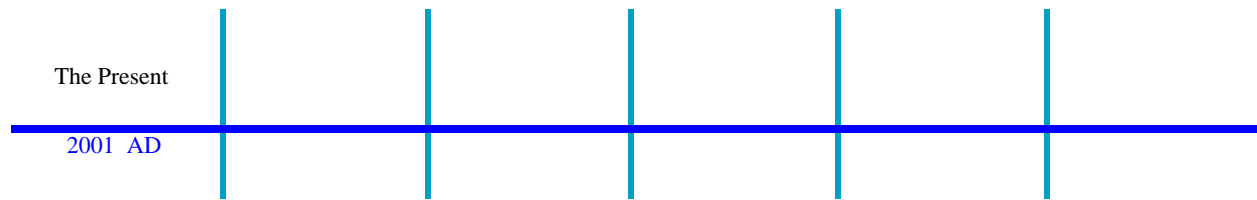
Question - Can you give ideas for teacher’s training school? Should the Science of Music be taught or just basic teachings with music as a separate issue?

Answer - Yes, the time is finally here. You’re ready now to believe us when we say that people want these teachings, people need to have these teachings and people are willing to pay you for your time to give these teachings. It will start small. There are many ways in which it could be set up. One way that we see would be one solid week each month, as spoken of previously, for a total of 12 weeks stretched over a period of a year. Another way would be to hold classes three weeks consecutively with one week off and then repeat those classes. Have them separated as to subject material to the point where one may, if he wishes, take class A and then wait the period of time until class B becomes available 5 weeks from then, at which time he may take B and C also at the same time period, or he may take B and wait a matter of months before he comes back to take C. In other words it would be on a rotating basis in the same general order each time, the

same class layout for that week being repeated every month. This might be more feasible as the teachings grow and the numbers coming to you grow. There are other ways which I'm sure that you on the Earth plane can figure out as to what will work better for people coming across the country.

As far as teachers, you are the sole teacher in the beginning. There are others who, once they have been instructed by you through the total course, then may take over and run certain sections of certain days of certain weeks. Finding the subject they are interested in and very good at will determine what class they teach, and what category it falls into will determine what week they teach. This may come at a later date also. The finances can be worked out to an equitable degree.

The Science of Music should be the focus of the trips out of the center that Norma takes as far as lectures and having the charts done as a means of drawing the people back in for more teachings. The Science of Music itself in a more complete form could be given perhaps four times a year in your area, only to those truly interested in becoming instruments of the Chrysalis Foundation as far as doing charts for others, not necessarily teaching others to do them, but doing them for others, with a percentage coming back to the foundation. They would also act as goodwill men or women to search out interested researchers who then would attend the other classes on the Science of Music that are given four times a year.



CHAPTER TWO

Preparing for the New Millennium

Teachings Will Prepare For The Reappearance Of The Christ

The Chrysalis Teachings need to be presented to all who will listen through any method available. These are the teachings that will herald and prepare for the reappearance of the Christ. The coming New Age will find only those who have gone through this process and they are the ones to whom the Christ will present Himself.

Those who will not accept these new teachings will remain wrapped in their cocoons until they do. Yes, they are safe there, but this is not true life. That stage is truly the occult stage of life; much is hidden from them of the true beauty of Christdom. They have not begun to scratch the surface yet of true life in all its glory.

It is as though a senior class in high school cannot graduate because they do not have the required number of credits. Therefore they are being tutored to bring their education up to the standards set by the policy making body of the school so they can graduate.

They cannot enter the next stage of education, college, until they have passed the requirements of the lower stage, therefore it would do no good to bring in the college professor to begin lectures and teachings, if this senior class were not ready to understand.

This is an exact analogy of where humanity is standing at the moment. The college professor is standing outside the door waiting until the time is ripe to open that door and enter. He is tired of waiting.

The forces of evil are there. The battle is on between the forces of evil and the forces of light on the Earth plane, on the manifested Earth plane. We have won that battle, we the workers of light, have won that battle on the unmanifested Earth plane and it must be played out on the manifested plane. There is no other way. It will be played out and the workers of the light will win on the manifested plane as they have won on the unmanifested plane, and until this happens on the physical Earth plane, the manifested plane, the Christ cannot reappear. This is what the goal for humanity is, the manifested Christ.

These teachings, the Chrysalis Teachings, are needed and necessary for all mankind at this time in history. These teachings are beautiful, they are understandable by all; children of all ages up to the senior citizens. This is who they are for, the people, humanity, that beautiful, bewildered throng of people that we live and move amongst, despairing as to how we are going to help them.

There are far too many clinging to the old belief that Jesus died to save us from our sins. If He came now they would only fall at His feet and worship Him and set Him up on His pedestal again. This is **not** what He wants. The Christ wants to deal with and teach and talk to and be among intelligent people who accept the fact that they can achieve what He has, and are willing to let Him show them the intelligent, scientific path - not a sweet, sticky, no-responsibility path those of some of the churches are following. He stands for love, but the highest kind of love is firm and disciplined.

He is to come to help all humanity, but when He does come, all humanity is supposed to be in the fourth dimension by that time. Those who are not will not be on Earth at all, but on the inner planes. This is what was meant when we said before that those who will not see and heed the new teachings and break the hold of the false teachings of the churches will be removed, as this type of thinking must be obliterated as mental garbage that is hindering the evolution of humanity and the planet itself, which is hindering the evolution of the whole universe.

This is why there is an urgency for getting this material out. This opportunity must be presented to all. This is a law, and the Christ cannot make His reappearance until all on Earth have been offered the opportunity to accept or reject the new teachings. The more quickly this can come about, the sooner all will take the step forward and the Christ will return and usher in the beginning New Age.

Self-Help Courses Of Study

We would like to touch on the human being's state of mind today. The human being, because of the animal origination of his physical brain, can be trained as even your animals are trained. Even plants can be trained to a certain extent because even they possess a rudimentary brain which is capable of being trained. The part of the brain that self-help courses are working on is the animal-based brain. They are not getting the help to the spiritual part of the seed core. This can only come through education of the truth of mans' beginnings and the elimination of all the false teachings through the years. This is why we do not work in the channel of the others. They are doing what they can to help train the animal-based brain to subdue it and make it more receptive to the spiritual truths. But there must be the spiritual truths for them to turn to when the animal part of them is open and receptive. Otherwise they will be left empty, you might say, of anything to base their behavior and actions on.

Self-help tapes are working on the process of elimination of bad attitudes and reactions, the exact same thing we started with when we began to come through channels. This is not your position in the plan. Your position is to bring through the beautiful, truthful story of how it all came about. It truly is a beautiful story and needs to be told with this thought in mind at all times. When all

your material is entered into the computer you must consider it a working outline to serve as a base for the beautiful story that you will tell in your own words, of the journey of one human spark from the very beginning throughout all time. This can be accompanied with music also from you. Your “Creation Suite” is just the beginning. Some of your other music can be incorporated, but for the most part you will be writing new music. This is why the lyric writing class is important, to help you be able to set the beautiful story to music, at times with pictures and prose at other times. All manner of art should be employed to tell this beautiful, true story of the journey of the human sparks, the energy of the Creator God Michael as he came to Earth to learn how to express through the physical forms.

This is an ongoing story that is yet still beautiful in the eyes of those of us who chose not to descend but to guide from above. We have no regrets over this because we do experience the experiences by being a part of those we guide. We, who are a part of you, know what can be yours as far as experiences in this life, know what you need and desire to experience, and want to help you experience it. Therefore, if you listen to our guidance through your emotional body we know it will lead to ultimate fulfillment of all your dreams. We cannot interfere and tell you what to do. This would be against the law. We are only asking you to do that which feels right to you. Care not what society things, care not what others think, care not what your animal -based brain thinks. Act and behave at all times as the piece of the divine that you are and the rest will all fall into place.

Your Guidance System

Others were put on your path to serve you. Accept their help. Incidents happen to serve as course corrections to help you. Instead of telling you what to change in your daily living and work, incidents come up that point the way to a better, more fulfilling manner of earning your living. You must be astute enough to follow these guides also. This is true for everyone. Their guidance system does not just consist of meditation and receiving thoughts in that manner. Each and every incident that happens to them in each and day is part of the “rockets” steering their course and they must analyze these events at least once a week to see which way they are being guided, what direction events seem to be leading them. You must follow this guidance as though it were radar, because it is all part of your programmed trip. You have inner guidance and outer guidance. With the proper analysis of both, your course will be very clear to you. We do not want to sound mysterious in any way, but a spark must reach a certain level before he can use this part of the guidance system. When he is not ready, events seem like negative happenings brought about by his attitudes and behaviors. As he progresses and pulls together all the wispy areas and focuses on himself, then these events can be seen for what they are, his guidance system. Therefore, we want you to concentrate on where events seem to be leading you and learn to use these events as your guidance system, along with your feelings.

Feelings are fine, but not enough. It is your feelings that coupled with exterior events must show you your path. Your feelings do not always come from your thoughts. They can be two entirely different things. There are feelings brought about by the animal-based brain and feelings brought about by the maturing of the divine spark within you. Humans need to learn the difference and

the next time we communicate, we would like to touch on how to tell the difference. There is much on the subject of the human mind and brain that needs to be given to be on Earth as a blueprint. Even though it is beyond most at this time, it will serve as a goal. This is the position of the Chrysalis Teachings - to bring the ultimate picture of it all to humanity.

Experimental Schools For Children

The new educational ideas have been sent to others in the educational field, (by thought impression), as to how to incorporate these concepts into lessons, but because they were sent to public school teachers, these teachers misinterpreted them or rather put their own thoughts and ways of teaching into the ideas coming down and the concepts were lost in the fun of trying new ways of teaching.

That is why you, Norma, were chosen. You are not a public school teacher. You have not been through the university mill that grinds or stamps out replicas of “perfect” teachers. We could not use one who had this training. This we must stress. We did not want to bring educational concepts through anyone who had been trained as a teacher. The reasons should be obvious to all. This must be so entirely a new way of approaching education, that we need to have one who “doesn’t know anything” about the field as you keep thinking to yourself.

Attempts to educate children in the private Christian schools are hurting the chances of these children growing up with an open mind as to their beginnings. These schools are nailing the lid shut on the fairy tales. The experimental school would at the very least, keep this lid open, even if it could not openly teach any spiritual concepts about reincarnation. It would still be a step forward. The concept of self-expression would be the overriding concept of the school.

You already have entities in the public school system who are bored and ready for much, much more advanced material than they are offered. The generation gap has jumped so rapidly, that the younger generation is so much more evolved than the older generation, which is trying to hold back this new generation through the mandatory public school system. We here look on your system as the most archaic form of education. It definitely has not kept pace with the evolvement of humanity.

The business of financing needs to be set up and handled by those with this ability and to be done legally. Any means of financing that can be found would be suitable. Finish the drawings of the buildings. Dreams can and do happen, you know. The brighter the vision and picture of the school becomes for you, the closer to achievement it becomes. This is called manifestation. Study how it is done and get those who are to help you to study it also.

The whole project would take dedicated servers, not those who resent the time consumed in teaching, like many present day teachers. As stated before, the whole system of education needs to be restructured from bottom to top. What a task, an almost impossible task, this would be, to try to change the public school system!

The early grades will be patterned after the new age schools as they've been in the booklets, "Chrysalis Schools, Part I and Part II." with slight adjustments for missing the early home training and child care centers. The upper divisions would not be able to follow the new age pattern as closely due to the lack of early training in concepts and also due to the set-up of your high school and college system, but it could certainly be a great start towards an ideal school system.

The only possible starting point is "New Age Schools." Young children would relate to the truth immediately, because they would still "remember" the past. It would be the parents who would set up an outcry, as there is much fear and guilt that would eat away at the parents because of closed minds in the upper levels of the Christian churches. Don't you see, there is hardly a starting point without a new beginning, although there is a handful that would support new idea schools.

Where to start? Like building a sand castle, one grain at a time; one small school here, another one there. It really looks impossible, but these experimental schools would lay the foundation for future education. It simply cannot go on as it is.

This material does need to be brought to the attention of those in authority in government on a national level, not local. A large task, a formidable task but not an impossible one. There would be problems in starting an experimental school, but the ground has been broken for private schools and opposition would not be as great as you may think, especially if these ideas could be presented as an experiment in education of the future in a way to qualify it for a government grant.

Chrysalis Teachings Newsletter

I open the channel today for guidance on the newsletter. We want this publication to honor the Chrysalis Teachings and at the same time to help humanity at the point where they are now. This is a challenge. Could the Abdo Council please give us some help, paint a picture of how you would like to see it come across and how best to accomplish this? Thank you.

Yes, we are here, not as many of us as usual due to other events that are needing to have our attention, but at least one of us, and most of the time more, are available to you at all times. We are not exactly seated around a large conference table as you are picturing, but this does seem to help the connection. Also use the C chord along with the picture of us and we will be even more tightly connected. You see, we are permanent residents in your mind. This takes place as a matter of personal growth. We can never be separated from you and you cannot be from us. Even if you would wish to be, you cannot be separated from us. We are melded together. You are part of the Abdo Council on the Earth plane and this is a very important part of the Council. You see, we could sit up here at our conference table and issue decrees and send out thoughts forever, but without the anchor on the earth plane it would all be for nothing. This is the way it has been for all the centuries that man has inhabited the earth until now - without the anchor on earth, or very few anchors. The tremendous breakthroughs in inter-dimensional communication have been so rapid and so great that it is very difficult for humanity to keep up with the changes that we would like to see take place, now that we finally can get our thoughts and ideas to those on earth. This is

causing breakdowns in the mental and physical equipment of humans and will continue to cause breakdowns unless humanity continues to raise their consciousness. Once this communication breakthrough has taken place there is no way it can be reversed, nor should it be reversed. This is the law of the universe.

This is the purpose that we would like to see your newsletter serve - raising the consciousness of humanity. With this simple guideline, you are free to do this in any manner that you believe will serve this purpose. Then the arena is wide open for all types of articles. This is why the thoughts were sent through once about a section devoted to each part of the human - physical, emotional, mental and spiritual. As long as all aspects are included in the overall issues within a certain time frame you will serve the guidelines nicely. In other words, with a limit of space you simply cannot address all areas each time unless you wish to expand the newsletter. This would be a nice way of presenting the material, but would be costly. As it is now, we do believe that eight pages would serve you better than six and allow you to charge just a little more than originally thought. We believe the price should be \$40.00 and the newsletter should be eight pages. Twice a year an insert should be done on science, or else a special edition twice a year devoted to the scientific aspects. But much of the scientific material can be included in other stories. Actually it can be included in all the other areas, physical, emotional, mental and spiritual, because it touches and serves all areas. This is spiritual science that you are working with. This is the only real kind of science that should be on the earth plane. Spiritual science is, of course, the science of nature and, as given, this is best documented on your sphere as the science of music rather than of vibrations, because the science of music will give the progression for the vibratory fields to follow.

We think your first issue will shape up nicely. We would like to see color used, if this is feasible from a monetary standpoint. This will give an added touch of reverence to the work, as each color holds a vibratory rate that will emanate off of the page of that particular issue. We feel that if the color is changed each month this will help you chose the articles and the slant of those articles. In other words, let the color chosen for each issue be your guideline as to the articles to go into that issue. Each color is a setting down onto the paper of a musical vibration, remember.

We fully believe that you may ask for monetary help with the first issue if it means a difference between having color and not having color. We believe the touch of color is quite important for vibration and visual impact and will add an overall reverence to each issue. We will help you choose the colors for each month and the stories that will accompany them. With the stories in this first issue we believe the color of magenta is perfect. The vibration is the same as the books that were published and will be a continuing of the vibratory field that will draw those to the newsletter who have had contact with the books. We might even suggest you use the same color as closely as you can determine it.

We see this newsletter as having no statements in it that would turn anyone away from the Chrysalis Teachings. Therefore, it must be edited carefully. We believe that you can achieve this. As far as being inspirational, it will be that because of the solidity behind the teachings. This will come through, it does come through each article. There may be times when you will want to write

about certain events taking place on the earth - current affairs. We would agree to do this - to use them as teaching examples - but they must be worded very carefully, and no exact names used. The instances can be used and perhaps circumstances changed enough so that a case like the Harding case cannot be considered as being talked about, only a situation similar. Do you understand? This would be an excellent way to teach. Take examples of top news stories, change person, place and thing and then we will follow through with an article about this situation. We will even, perhaps, use an analogy to further take the pressure off of talking about a real event.

The subjects that most are interested in are the economy, personal self-growth and relationships - anything having to do with the individual. We would advise just one short article on science each month for the time being.

We also wish to update the educational material and give new thoughts on the Science of Music. You could have one article a week on each of these subjects. We would advise laying the newsletter out into twelve main categories, if there is room, with an article on each category each month. If not room them just on seven categories. In fact seven would be better. These categories are children's education, adult empowerment, scientific possibilities, science of music, relationships, communication and church related subjects. You may want to play with the idea of four sections, physical, emotional, mental and spiritual and have two subjects each week on the four categories. We do believe this would be best.

Under physical would be diet, exercise, environment, careers, sexuality, beauty and many more. Under emotional would be creativity, relationships, and control of emotions. Under mental would be mental discipline (the human powerhouse), scientific advances, education, government and society. Spiritual would be all biblical terms. We believe this would provide the most interesting, educational and helpful guidelines for the restructuring of our world.

There may be times when you will want to use one of your readings showing karmic events to accent another story. Be very creative. Tie together what has been given about one subject with another subject. By all means, please include some art work or drawings in each issue.

The newsletter can be very successful. You must make it beautiful, modern, wise, hopeful and joyful, a true ray of hope and love and light to all who read it. It must carry a very special vibration, yours. This means that you must have full control of what it says, how it feels, how it's laid out, etc. Your thoughts on titles are good. We are not on the earth but agree that it must speak of the nineties and beyond. It cannot smack of the old third dimensional teachings whatsoever, which means the individual body work and emotional work, etc. It is to be beyond that. Maybe that is the title you're looking for Beyond 1990 or just Beyond. This is one idea. Another is, and we're just brainstorming here, Future Views, Ultimate Destination, Ascension, Blending, Fantasy no Longer, Right here, Right Now, Here and Now, Go for It, Love in the Universe, Earthness, Humanness, Fly, Butterfly Wings, Short Journeys to the Future, Norma in Wonderland, Preview of Coming Attractions. Next, is good as also is Coming Soon, Featuring the Future, Scenes in Passing, Out with the Old, In with the New, Happy New Age, New Age Eve, New Beginnings,

New Possibilities, New Perceptions, New Thoughts, Why Not?, Optimistically Speaking, You are the Answer, Answers, Ideas, Far Out, Imagine, Visualization. We believe this is enough for now. There are some more that we come up with later.

Your newsletter is still needed and necessary and at this point we believe you're going to have to continue yourself putting it out until the proper person comes along to take over the total end of the publishing. Here again, it could be sold with 30% to 40% percent being returned to you and the Foundation. It could become a private enterprise by one who has money to invest in it and cause it to grow. We would lay down certain guidelines but as a private enterprise we could not tie up the purchaser's hands as to advertising etc., but we would insist that in the contract, the teachings remain the Chrysalis Teachings and that the main goal of the books published be the Chrysalis Teachings, but we would not be able to stop them from publishing other people's material also. We would deem a contract be written up to the effect that within a certain number of years that a certain number of volumes of the Chrysalis Teachings be published. Whatever else they wish to do is their own affair. But whatever else they wish to do will also return 30% to 40% to where the starseed came from for the publication company. We would ask that the name remain the same, and we suggest that you actively look for someone to purchase the publishing company. There are ways to go about this that you may uncover on your plane. We are not knowledgeable in the ways of business.

This should be enough guidance to allow you to feel secure that you are on the right track with it. We believe it is going to be a fantastic publication and needs to be treated with the respect it should have at all times. If you treat it as precious, so will your readers. We love you all for your dedication to this project. Good day for now. Abdo Council, sitting in their easy chairs enjoying a beautiful view and partaking of a lovely repast. Next time we may be at the conference table, but not this time.

This series of New Millennium NoteBooks will hopefully further our understanding of things that happened long ago and far away from the time period we are experiencing now. Analogies are used in many places to help with understanding. Teaching through the use of analogies will be the trend of education for the future –

AnalogicThought. While contemplating these NoteBooks I hope you will allow yourself to imagine that perhaps I have been given incredible insight into some of the mysteries of the universe. Please allow your mind to expand and wonder “what if” it all took place as being presented.

Norma