



ALL PRICES USD • WHILE SUPPLIES LAST!



May

DELIVERY SPECIALS



**May Specials
Pantry Can Pack**
Potato Dices, Green Peas, Grilled Chicken
Dices, Ground Beef, Cheddar Cheese
Pack: ~~\$141.36~~ **\$106.02** **SAVE 25%**



**May Specials Fruit &
Veggie Family Can Pack**
Peach Slices, Green Peas, Potato Dices
Pack: ~~\$140.55~~ **\$105.41** **SAVE 25%**

Bulk Savings: Buy 6 or more of any single same-sized item, get an additional 5% off!



Green Peas
Family Can: ~~\$51.05~~ **\$35.74** **SAVE 30%**
Pantry Can: ~~\$19.99~~ **\$13.99** **SAVE 30%**



6 same-sized Green
Peas cans or more
SAVE 35%



Grilled Chicken Dices
Family Can: ~~\$87.28~~ **\$65.46** **SAVE 25%**
Pantry Can: ~~\$31.75~~ **\$23.81** **SAVE 25%**



6 same-sized Grilled Chicken
Dices cans or more
SAVE 30%



Peach Slices
Family Can: ~~\$48.22~~ **\$38.58** **SAVE 20%**
Pantry Can: ~~\$18.34~~ **\$14.67** **SAVE 20%**



6 same-sized Peach
Slices cans or more
SAVE 25%



Potato Dices
Family Can: ~~\$41.28~~ **\$33.02** **SAVE 20%**
Pantry Can: ~~\$18.46~~ **\$14.77** **SAVE 20%**



6 same-sized Potato
Dices cans or more
SAVE 25%



Cheddar Cheese
Family Can: ~~\$77.64~~ **\$62.11** **SAVE 20%**
Pantry Can: ~~\$29.05~~ **\$23.24** **SAVE 20%**



6 same-sized Cheddar
Cheese cans or more
SAVE 25%



Ground Beef
Family Can: ~~\$105.28~~ **\$84.22** **SAVE 20%**
Pantry Can: ~~\$42.11~~ **\$33.69** **SAVE 20%**



6 same-sized Ground
Beef cans or more
SAVE 25%



**Instant
Black Beans**
Pantry Can: ~~\$14.81~~ **\$11.85** **SAVE 20%**



6 same-sized Instant Black
Beans cans or more
SAVE 25%



Instant Milk
Family Can: ~~\$35.87~~ **\$17.94** **SAVE 50%***
Pantry Can: ~~\$16.46~~ **\$8.23** **SAVE 50%***



*OVERSTOCKED ITEM

Chicken Tetrazzini

Recipe & Tips on the Back

BULK SAVINGS = Bulk Savings do not apply to packs or Overtock items; bulk savings have already been calculated in these discounts.

OVERSTOCK = Save on overstock items with adjusted shelf life. The discount for sale items includes the overstock savings. They've been carefully stored, retain top quality, and may be 1-2 years into their shelf life.

Contact Me for the Best Prices!

NAME: _____

FD Freeze Dried, GF Nutrilock, GF Gluten-Free Certified, NG Non-GMO

*Free shipping on delivery service orders over \$99. 5% shipping in Alaska, Hawaii, & Puerto Rico. Discounts on monthly special items are available only on Delivery orders. One-time orders pay retail price. Sale ends 5/31/2025. All sale and limited-time products are available while supplies last.

Thrive Life's freeze dried foods are the freshest on the market and long-lasting, meaning you'll never have to throw away another moldy onion or mushy strawberry! The unopened shelf life for all of our fruits, veggies, dairy, and meats is 25 years. For more information, visit our product pages at thrivelife.com.



Chicken Tetrazzini

You'll find this delicious dish in Thrive Life's Recipe section on the website. The bolded ingredients are featured in our May Specials.

5 Servings
10 minutes prep time
30 minutes cook time

A simple one-pot meal that combines spaghetti with a rich blend of cheeses, veggies, and savory seasonings. Just add water, simmer, and enjoy!

INGREDIENTS

8 oz spaghetti pasta, broken into thirds

1 C Thrive Life Grilled Chicken Dices

3 Tbsp Thrive Life Instant Milk

1/4 C Thrive Life Green Peas

1/3 C Thrive Life Cheddar Cheese

1/2 C Thrive Life Bechamel sauce

1/4 C Thrive Life Sour Cream Powder

2 Tbsp Thrive Life Butter Powder
1/4 C Thrive Life Mushroom Pieces
1 tsp Thrive Life Vegetarian Chicken Bouillon
1/2 tsp salt
1/2 tsp black pepper
1/2 teaspoon garlic powder
2 Tbsp Thrive Life Chopped Onions
1 Tbsp Thrive Life Garlic
2 Tbsp chopped celery
1 Tbsp parmesan cheese
1/3 C Thrive Life Mozzarella Cheese
5 C water

DIRECTIONS

1. Add all ingredients to a large soup pot or Dutch oven.
2. Turn heat to medium and slowly bring to a boil, stirring occasionally
3. Reduce heat to medium-low and simmer for 15-20 minutes, stirring frequently. Cover for the final 5 minutes.
4. Stir well and taste/adjust seasonings. Cook an additional 5 minutes if necessary.
5. Optional: add 1 cup freshly grated cheese to the top and broil for a few minutes to brown.
6. Cover and let stand for 15-20 minutes until the sauce firms up.
7. To make as a meal-in-a-jar version, put all ingredients except celery and parmesan in a quart-sized jar, add an oxygen absorber, and seal to store in the pantry until you need it.

Creative Ways to Enjoy More of Thrive Life's May Specials



Green Peas

Blend rehydrated peas with chickpeas, tahini, lemon juice, and garlic for a bright and hearty pea hummus.



Peach Slices

Toss into greens along with your favorite nuts, cheese, and honey mustard dressing for the perfect spring salad.



Instant Black Beans

Combine with veggies and cheese, roll into tortillas, and top with your favorite spicy sauce for quick and tasty enchiladas.



Potato Dices

Rehydrate and add to scrambled eggs for an easy breakfast burrito filling—perfect for make-ahead, grab-and-go breakfasts.

THRIVE
LIFE™