

Azioni quotidiane

1. Alzarsi = to get up
2. Andare a lavoro = to go to work
3. Andare a letto = to go to bed
4. Andare a piedi = to go by feet
5. Andare a scuola = to go to school
6. Andare in palestra = to go to the gym
7. Cenare = to have dinner
8. Cucinare = to cook
9. Dormire = to sleep
10. Fare colazione = to have breakfast
11. Fare la spesa = to go grocery shopping
12. Fare sport = to play sport
13. Guardare la TV = to watch TV
14. Lavare i piatti = to wash the dishes
15. Lavorare (in banca, in ufficio, a casa, a scuola) = to work (at the bank, in the office, at home, at school)
16. Mangiare = to eat
17. Pranzare = to have lunch
18. Prendere l'autobus = to get the bus
19. Prendere la metropolitana = to take the metro
20. Studiare = to study
21. Svegliarsi = to wake up
22. Svegliarsi presto = to wake up early
23. Svegliarsi tardi = to wake up late
24. Tornare a casa = to go back home
25. Vestirsi = to get dressed