

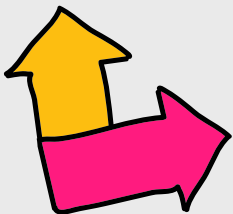
# MY RELATIONSHIP WITH MY CHILD'S ANXIETY OR OCD

As we dive into Eli Lebowitz's SPACE Program, it is helpful for you to start thinking about your relationship and involvement with your child's anxiety or OCD. It can be helpful to have your partner fill this out as well.

HOW MUCH OF MY TIME IS TAKEN OVER BY CHILD'S ANXIETY AND/OR OCD?



WHAT AM I DOING DIFFERENTLY FOR THIS CHILD COMPARED TO THEIR SIBLINGS (IF APPLICABLE)?



WHAT WOULD I DO DIFFERENTLY IF MY CHILD WAS NOT ANXIOUS OR DISTRESSED?

