OHarmonyum[®]

Prayer for Self-Healing

(To be recited right after chanting Ra Ma Da Sa Sa Say So Hung. This can be done three times per day: morning, noon and night.)

In the name of God the Father

God the Son

God the Holy Spirit

By the power of the Christ of God within me whom I serve with all my heart and with all my and soul and with all my strength.

I believe I am made in the image and likeness of god.

God is the only power and there is nothing but God.

God is love

God is wise

God is kind

God is good.

I am now aligned with the infinite and perfect healing power and I feel divine love flowing through every atom of my being. I know that God's love is now permeating and saturating my entire body making me whole and perfect.

OHarmonyum[®]

God is health

Health is God.

Life is God

God is my life

And his infinite and perfect healing power is flowing through every atom of my being.

God's Love Wisdom and Truth is flooding my mind and my heart.

God's love peace and light is flooding my mind and body.

And through his infinite healing power i am a made whole and perfect