



Regenerative Injection Training Options with Dr. Tyna Moore

- **Why learn from me?** I was trained up for well over a decade by Dr. Rick Marinelli who pioneered RIT in the Naturopathic community well over 30 years ago. I have been living and breathing prolo for over half my life. I have been in practice for a decade, with the bulk of that time being very injection heavy and in the past 5 years 100% RIT.
- **What is being offered?** I offer online courses (many more to come) as well as hands-on seminars in my clinic in Lake Oswego, OR. The first course to take is the Art of Needling, and from there I offer private, small-group prolotherapy trainings as well as having organized a brigade opportunity to Mexico. We have held two brigades down there in 2016 and 2017, with the next one pending in 2019.
- **Live bodies or cadavers?** The entire goal of prolotherapy is to become a good palpator and be able to palpate and find the pain generating tissues, then inject them. Another major goal is to be able to palpate with the needle. Both of these objectives are really only an option on a live person.
- **Palpation, Marking and Orthopedic Training?** This is a BIG learning curve. Being solid with your anatomy is up to you, I can't teach you to memorize all of it. But I can teach how to palpate that anatomy, which structures are most pertinent in a treatment (biggest bang for your buck in outcomes), marking a patient appropriately and how to properly assess a joint and come to a educated ddx via orthopedic testing and history.
- **All these courses coming soon in a convenient online format!**