

# Fretboard Memorization Toolbox

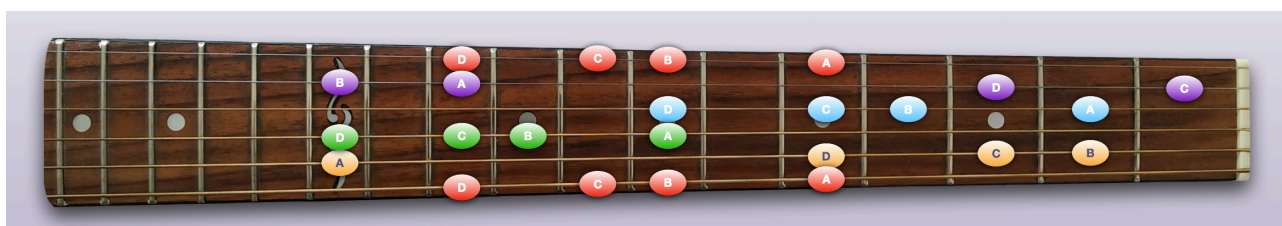
## (left handed diagrams)

### Preparation stage:

First you should watch the lessons, in order to get a general idea of how the toolbox works, and get a glimpse of how you will be able to apply what you learn in musical situations.

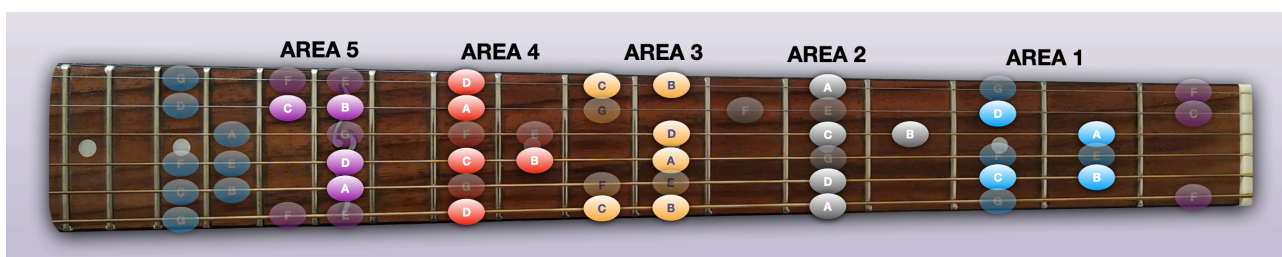
Then it's time for practice! Here are the 7 steps:

### Step 1 - ABCD Horizontal



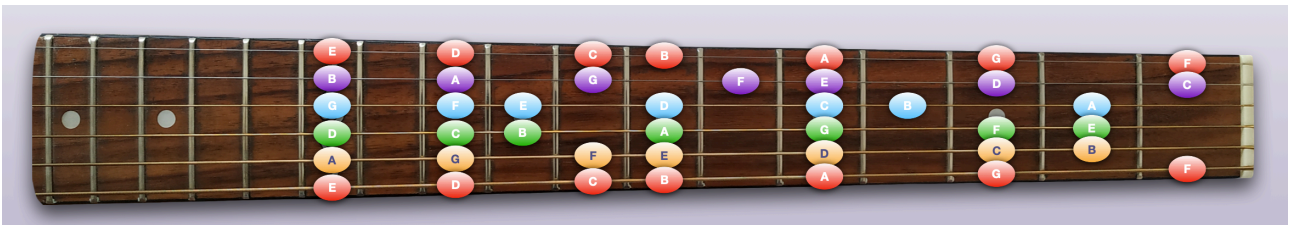
1. Choose a string to practice.
2. Locate A, B, C, and D on that string, using the diagram above.
3. Play them a few times to warm up.
4. Practice using drill 1a.
5. Practice using drill 1b.
6. Improvise with the notes A, B, C, and D, on the string you practiced, using the "Backing tracks for Improvisation" section.
7. Repeat for other strings.

### Step 2 - ABCD Vertical



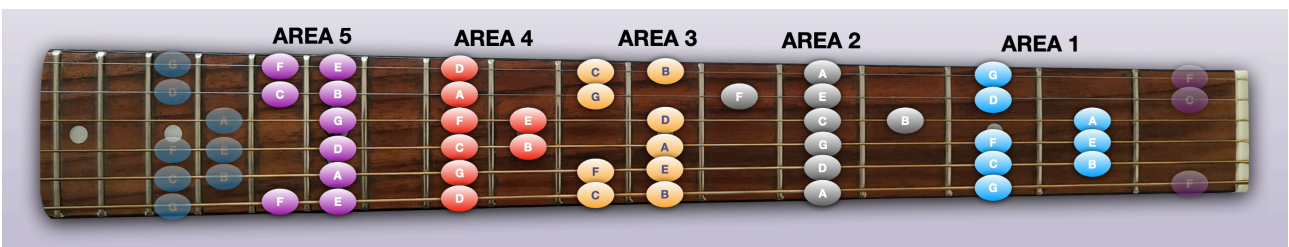
1. Choose an area to practice.
2. Locate A, B, C, and D in that area, using the diagram above.
3. Play them a few times to warm up.
4. Practice using drill 2a.
5. Practice using drill 2b.
6. Improvise with the notes A, B, C, and D, in the area you practiced, using the "Backing tracks for Improvisation" section.
7. Repeat for other areas.

### Step 3 - ABCDEFG Horizontal



1. Choose a string to practice.
2. Locate A, B, C, D, E, F, and G on that string, using the diagram above.
3. Play them a few times to warm up.
4. Practice using drill 3a.
5. Practice using drill 3b.
6. Improvise with the notes A, B, C, D, E, F, and G, on the string you practiced, using the "Backing tracks for Improvisation" section.
7. Repeat for other strings.

### Step 4 - ABCDEFG Vertical



1. Choose an area to practice.

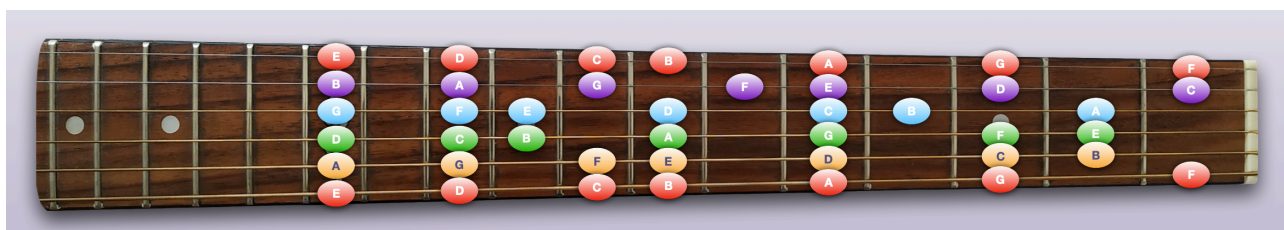
2. Locate A, B, C, D, E, F, and G in that area, using the diagram above.
3. Play them a few times to warm up.
4. Practice using drill 4a.
5. Practice using drill 4b.
6. Improvise with the notes A, B, C, D, E, F, and G, in the area you practiced, using the "Backing tracks for Improvisation" section.
7. Repeat for other areas.

## Step 5 - ABCDEFG Free Improvisation

In this step, you should go to the "Backing Tracks for Improvisation" section, and experiment improvising with the 7 natural notes.

- Use every string and every area.
- Avoid thinking of scale shapes.
- Allow yourself to experiment. Even if your solo doesn't always sound great, the benefits in terms of learning are huge 😎.

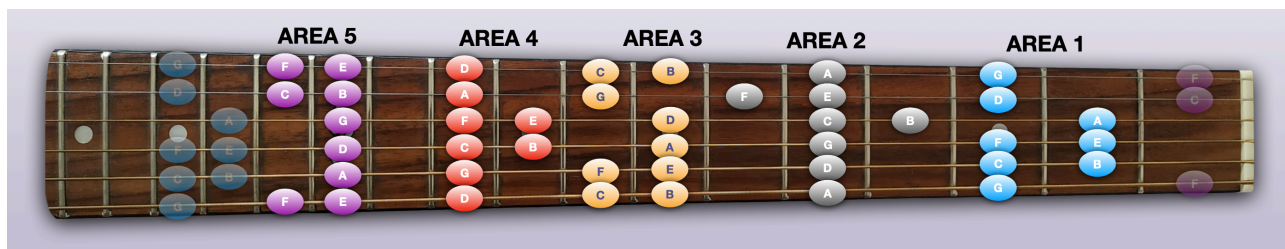
## Step 6 - All 12 Notes Horizontally



In this step, your mission is to play the root note of every chord that appears in the included Key Cycle drills.

- Choose a string to practice.
- Review the 7 natural notes on that string.
- Explore the frets between the natural notes, and think how they can be labeled using both sharps (#) and flats (b)
- Practice playing them as the root notes of the chords in the drills.

## Step 7 - All 12 Notes Vertically



In this step, your mission is to play the root note of every chord that appears in the included Key Cycle drills.

- Choose a vertical area to practice.
- Review the 7 natural notes in that area.
- Explore the frets between the natural notes, and think how they can be labeled using both sharps (#) and flats (b)
- Practice playing them as the root notes of the chords in the drills.

### Extra - Same Root Note on all strings

Watch the extra lesson and practice locating a single note everywhere on the fretboard.