# **BMC-S2-L4-ps-Journaling-manual**



A Beautiful Mess Simplicity Challenge Section 2, Lesson 4 - Justifying the Perfect Journaling Manual for Adobe Photoshop

Finish off the beauty and design of your Simplicity Challenge scrapbook page with justified journaling.

For this lesson you will need:

• A journaling font

For this tutorial I'm using the font DJB Annalise.

#### **Suitable Alternatives**

- Any handwriting font that's easily legible, like Architects Daughter
- A classic serif font, like Courier Prime
- A classic san serif font, like Sofia Pro

#### **Prepare Your Workspace**

- Begin in Adobe Photoshop.
- Open the document (File > Open) that you ended with in Lesson 3.

## Create a Text Box

• Activate your scrapbook page document.

- Press Ctrl 0 (Mac: Cmd 0) to fit your page to the viewing area.
- Get the Horizontal Type tool.
- On the document, click and drag a text box from the top-left corner of the blank area to the bottom of the page and overlapping about half of the big script word. Leave about a 1/2 inch border around the boundary of the page. To reposition the box before letting go of the mouse, hold down the Space bar, reposition, then let go of the Space bar and continue dragging.
- When you let go of the mouse, the text box will fill with lorem ipsum.
- In the Tool Options, open the Font Picker and choose your journaling font. I'll choose DJB Annalise. Set the Size to 12 and click on the Left Align icon. Click on the Color Chip, choose black in the Color Picker, then click OK.
- In the Character panel, set the Leading to 50 and the Tracking to 0.
- The type should still be highlighted.
- In the Menu Bar, choose Type > Paste Lorem Ipsum.

Note: If your version of Photoshop does not have this option, watch the Photoshop Elements version of this video for help copying & pasting Lorem Ipsum from the Placeholder Text document included with this class.

- One more time, in the Menu Bar, choose Type > Paste Lorem Ipsum.
- Click the checkmark to commit the change.



### **Tips for Better Journaling**

• You should always keep your journaling small but readable when viewed at your

computer's perfect zoom percentage.

- Always strive to keep journaling fonts classic.
- Don't let your journaling outshine the title.