

The Magic Of Thinking Rich Season 3 Day 11 Documentation

Date – 13/5/2021

Time – 7.30 PM

BSR Sir started the session with a small introduction about The Magic Of Thinking Rich workshop. This is one of the most important sessions of the workshop. BSR Sir expressed his gratitude to the viewers of this workshop for their consistent commitment. People who made history were not compulsorily the most intelligent people in the world, but there is one thing that's common between them is Energy, Enthusiasm, and Power & Passion. They all had these attributes common in them. There is no set pattern or path to achieve larger than life goals; it is these attributes that make this journey possible. It requires immense dedication and commitment to change the course of history.

Body is one of the greatest tools to change your mental negativity immediately into positivity. BSR Sir said that many people have lost their friends and family members to CORONA in this second wave, but by being upset for a long time they are giving more energy to the negative situations. By being upset, angry and negative you are draining yourself from the positive energy accumulated in your body. So be very careful where you invest your positive energy.

BSR Sir shared some anecdotes from lives of some very influential people from the history of India to explain this topic. Your focus plays a key role in deciding the situation of your life, so focus on the right thing. BSR Sir advised the viewers to revise what BSR Sir has taught in the last 10 days, BSR Sir also asked people to always check the web page **CoachBSR/Live**, BSR Sir also informed people about **the broadcasting of The Magic Of Thinking Rich On Aastha Channel at 10.40 PM everyday from May 12, 2021.**

BSR Sir shared a story of a hardworking, focused squirrel. The squirrel had larger than life dreams. The king of the jungle called for a meeting with the squirrel and allocated her with an important work, in return she will be given 2 cartons of Apricot. The squirrel started the work with absolute dedication for an entire year. The King called her and told her that he was happy with her hard work and gave her the promised cartons of apricot. The squirrel was ecstatic with the reward; she took the reward home and shared it with her family. The moment she took an apricot to eat and took a bite, she sensed immense pain in her teeth. The squirrel realized that she could not enjoy the reward she had worked hard an entire year for. Now, she had the apricot but can't enjoy it due to bad health. The moral of the story is that in the rat race to earn a livelihood people have forgotten to enjoy the little things in life. People fail to give time to their families and friends. Lot many plans for travel, holidays, remain a plan and people pass by, because people are too busy to earn the livelihood and chase their larger than life dreams.

Two types of mentality people have; one mentality is EITHER OR. These people always have to choose between two important things in their lives. The other mentality is BOTH or ALL. These people acquire everything in their lives because they want everything and they know the ways to make a balance in their lives to enjoy everything that they desire of. Live a life where you do not have to choose between one of the things.

BSR Sir shared three life designing beliefs

- 1) **Low mentality belief – a) I am not enough. b) I don't have enough. c) There is not enough in this world. These are people with low self esteem and they are greedy because they want a lot in life but fail to achieve it because of their mentality. BSR Sir explained this mentality in detail with relevant examples.**
- 2) **I Am Enough. There is Enough In This World. I Have Enough. People with this mentality are content with their lives and they accept their condition happily. But the only problem is that they are satisfied with their lives so they do not realize their true potential and live a simple life. BSR Sir explained this mentality in detail with relevant example.**
- 3) **I Am More Than Enough. I Have More Than Enough. There is More Than Enough In This World. Such people are always ready to take the responsibility of people and the society. They have this belief system that they are more than enough, they dream big and achieve their goals.**
“What lies around you is tiny than what lies within”. The biggest, life altering power lies within you. The treasure of Wisdom, Abundance and A Happy Life lies within. BSR Sir explained these mentalities with numerous examples and stories. BSR Sir shared his real life example of how he changed his mentality to I Am More Than Enough and turned his life around for good.

The only mentality everyone should have is, **“To Make A Difference (MAD)”**

People who are **MAD** to change the world for good, **Make A Difference** in the world. BSR Sir shared a very interesting story before closing the workshop for the day.

Note - Watch the workshop on YouTube channel CoachBSR, if you have not attended it live to experience the amazing learning through story telling by CoachBSR.