



HONORING
2023

for seeding the year 2024
with britten larue



HONORING 2023

AT THE HEART OF IT:

**IT'S ABOUT CULTIVATING A LOVING,
HONEST, COMPASSIONATE
RELATIONSHIP TO YOUR PAST SELF**



HONORING 2023

HEAR ME:

**YOU ARE NOT DOING THIS TO “WORK ON
YOURSELF”**

**YOU ARE DOING THIS BECAUSE YOU LOVE
YOURSELF SO FUCKING MUCH**



HONORING 2023

TIME IS JUST A STORY

TIME IS NOT ABOUT WHAT WE ACCOMPLISH

**IT'S ABOUT HOW WE TELL STORIES ABOUT
OURSELVES TO OURSELVES & TO EACH OTHER**



HONORING 2023

**EMERGENCE ASTROLOGY
INVITES YOU TO REFRAME YOUR
STRUGGLES IN MAGICAL
LANGUAGE**



HONORING 2023

**FROM AN EMERGENCE ASTROLOGY PERSPECTIVE,
YOU ARE ALWAYS ALL OF YOUR PAST SELVES**

WHILE ALSO ALWAYS YOUR PRESENT TIME SELF

WHILE ALWAYS ALREADY ALL YOUR FUTURE SELVES

ACROSS MULTIPLE TIMELINES & DIMENSIONS





HONORING 2023

WE CAN HOLD THE PARADOX THAT

THE PAST IS ALWAYS PRESENT

AND

THERE IS NO GOING BACK

HONORING 2023

HELPFUL FRAMING:

**“AT A SPIRIT LEVEL I FEEL... BUT AT A HUMAN
LEVEL I FEEL...”**

**LET US NOT SHAME THE FACT OF OUR
HUMANNESS**



HONORING 2023

**PARADOX IS AT THE HEART OF
EMERGENCE ASTROLOGY**

**HOLDING GRIEF IN ONE HAND
& WONDER IN THE OTHER**



HONORING 2023

**THE POWER OF INVOCATION &
SETTING A CLOSED CONTAINER**



HONORING 2023

THE INVITATION:

**GO SPEND TIME WITH THE DATA OF
Q1 AKA WINTER OF 2023 & THEN
COME BACK HERE**

BATHE IN THE DATA

HONORING 2023

DATA SUPPORT:

MAKE A LIST OF KEY TEACHERS, PODCASTS, BOOKS, MEALS, RITUALS, RELATIONSHIPS, TRIPS AWAY FROM HOME, EVENTS, PURCHASES, PROJECTS, EXPERIENCES, INSIDE JOKES, TV SHOWS / MOVIES, OR CLASSES THAT MATTERED TO YOU FROM Q1

HONORING 2023

WHAT WERE (ARE) THE THEMES FROM Q1?

**NOW YOU'RE NOTICING PATTERN, HOW THINGS
CONNECT, THE WAY YOU WERE INSIDE A STORY,
THE UNFOLDING OF CURRICULUM**

WHAT WERE YOU LEARNING?

MAKE A LIST

HONORING 2023

DID YOU INTENTIONALLY WORK WITH ANY SPECIFIC TAROT CARDS, PLANTS, PLANETS, DEITIES, OR SPIRIT GUIDES (OR ANCESTORS) THIS YEAR? OR DID ANY COME UP A LOT FOR YOU?

WHAT PATTERNS DO YOU NOTICE BETWEEN THE THEMES OF YOUR LIFE AND THE THEMES OF THESE? NOW THAT YOU KNOW WHAT YOU KNOW ABOUT YOUR WHOLE YEAR, WHAT WERE THEY HELPING YOU SEE?

HONORING 2023

**NOTICE & NAME WHAT WAS HARD & WHAT SUCKED IN Q1
(EXAMPLES: GRIEF, DISAPPOINTMENT, FAILURE, OR SHAME)**

**THE LOVING THE PAST SELF MEDITATION I'VE PROVIDED IS
MEANT TO BE DONE AS OFTEN AS YOU'D LIKE WITH ANY OF
THE HARDER MEMORIES**

THIS SUPPORTS YOU IN CLEARING AND TURNING THE SOIL



HONORING 2023

NOTICE & NAME WHAT WAS TRULY WONDROUS IN Q1

**THE FILL UP YOUR HEART MEDITATION I'VE PROVIDED IS
MEANT TO BE DONE AS OFTEN AS YOU'D LIKE WITH ANY
OF THE WONDROUS MEMORIES**

THIS SUPPORTS YOU IN CLEARING AND TURNING THE SOIL



HONORING 2023

**NOW DO THE SAME FOR THE
REMAINING QUARTERS OF
THE YEAR**

HONORING 2023

**LOOKING AT THE WHOLE YEAR, WHAT ARE THE
GAME-CHANGING TEACHERS, TOOLS, & SKILLS THAT
CAME IN TO EMPOWER YOU & SUPPORT YOUR:**

- ~ PHYSICAL BODY
- ~ EMOTIONAL BODY
- ~ MENTAL BODY
- ~ SPIRIT BODY



HONORING 2023

**HOW HAVE YOU FOUND THAT THESE
GAME-CHANGING TEACHERS, TOOLS,
& SKILLS HELPED YOU IN THE
BUSINESS OF BEING HUMAN?**

HONORING 2023

**WHAT IF IT'S MORE IMPORTANT TO
FIND OUT WHAT YOU LOVED
ABOUT WHO YOU ARE, AND BRING
MORE OF THAT INTO 2024, THAN IT
IS TO FOCUS ON CORRECTION?**



HONORING 2023

YOUR TRIGGERS ARE LOVE LETTERS

**IF YOU FEEL LIKE YOU'VE MOVED THROUGH THE GRIEF,
DISAPPOINTMENT, & THE SHAME YOU NOTICED ACROSS
THE YEAR, BUT YOU STILL HAVE AN UNDERLYING SENSE OF
FRUSTRATION ABOUT WHERE YOU ARE WITH HOW THINGS
WENT OR HOW THEY ARE GOING, GO LISTEN TO THE
EMERGENT NO LESSON**



HONORING 2023

**HERE AT THE END OF THE
YEAR, KNOWING NOW WHAT I
DIDN'T KNOW THEN, I SEE
THAT THIS YEAR WAS ABOUT**

HONORING 2023

I HAVE FOUND IT TO BE TRUE THAT
IT'S INCREDIBLY SUPPORTIVE TO
HONOR 2023 (IE FEEL GRIEF &
WONDER) UNTIL THE POINT OF
DEEP PRIDE & AWE

HONORING 2023

THE INVITATION:

**WHAT WOULD BE A LOVING AND FUN
WAY TO HONOR 2023 THROUGH RITUAL &
CEREMONY? WOULD YOU LIKE TO CREATE
SOMETHING?**