



As the End of the Age descends upon Earth, what do you really need in your backpack?

- Salt Tablets?
- Extra batteries?
- Matches?
- A love of adventure?

At this Yom Teruah Feast we are going to help you get a new perspective and grip on this as the world goes mad—and believers seem to be catching the spirit of FEAR.

# WHAT'S IN YOUR BACKPACK?

Article written by Rebekah Garvin  
for Yom Teruah Banquet, 2013  
while living at the tipi.



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## YOUR BACKPACK

Let's turn to the backpack hanging near your front door. The backpack is a great metaphor. What are you going to rely on for your survival at The End of the Age when it all goes down?

It is a really good metaphor because people actually have backpacks packed and 'ready-to-go' just in case. I'm not saying this is right or wrong (though I do scratch my head when the backpack hangs at the front door and their life still looks the very same as it did years ago. I wonder about their journey and if they are able to listen well—which always includes movement for Elohim are not static). Never-the-less, they have packed their backpack with what they consider the essentials to survival. In it are the things

they would choose to keep with them if they lost everything else.

The backpack represents all that you have when things get to that point. This is all you have to rely on. Just you and your backpack. All alone. What you put in your backpack represents what you believe is most important. When you really have to narrow it down—what do you personally believe is most important for survival? What is it that you would pack in your 'backpack?' It's a really good question to sit with at Yom Teruah.

## A LOADED QUESTION

My husband looked across the table at me the other night while we were on

a date at the Wine Cellar. “How do you feel about living at the End of the Age?” he asked me. Strange question for a dinner date. Yet, a perfect one when the heart has a little margin to breathe. In the candlelight, I began to think about that question seriously. It is a loaded question. And the way each of us answers it will have major influence on the way we live our lives. Especially as the world descends into its darkest days. That evening is when the backpack metaphor came to me. And I began telling my husband what was in my backpack and why. But before I reveal what I told him let me share with you a few thoughts:

## “PREPPING”

There is a lot of talk about “prepping” these days. No, I’m not talking about prepping for a test or for making a culinary delight. I’m talking about making preparations to survive the End of the Age (the End Times).

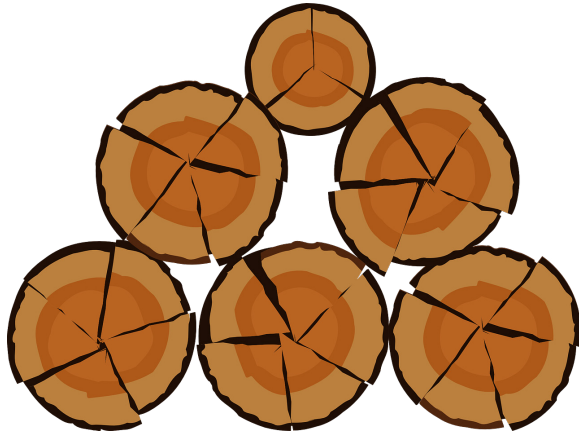
“Prepping” could mean just about anything from getting off-grid so one doesn’t have to rely so heavily on outside sources for food, heat and water to accumulating gas, guns, gold and ammo. Or it could mean stockpiling your kitchen, cellar, freezer and chocolate stash. For others ‘prepping’ has meant purchasing survivalist gear, putting all that very expensive stuff into a backpack and hanging it by the front door—so that if the ‘crap-hits-the-fan’ you can ‘grab-and-go’ as you ‘run-to-the-hills.’ With their radio, GPS, cell phone and Bible they plan to do their best to escape the ‘impending doom’ by following their neatly laid-out

exit plan. Then there’s the person whose idea of ‘prepping’ is putting ear plugs in, closing their eyes and going about business as usual—believing whatever they want to believe.

## CLUELESS

Some are seeing the signs, clearing out, paring down and stocking up for worst case scenario. Then there are those who know something heavy is going on, are tired of the Matrix around them but feel helpless for they have no idea where all the chaos is coming from or what to do about it. Some feel the problems are too big to tackle and they sit back and do nothing while still others jump in to some small story fight and knock their brains out trying to apply good change in a world gone wrong. Still others pour over Revelation, listen to anyone who seems to have prophetic authority in Last Day events and are buying some really stupid ideas (like Flat Earth, morning to morning reckoning, floating Shabbats etc). Finally, there are those who light one-more cigarette as they lean up against a propane tank thinking nothing will ever happen—at least to them.

It seems that one of the prominent thoughts today in Messianic circles is prophecy and preparedness. While the leading thought in Christian circles seems to be ‘Yeah, things are getting bad, but they’ve always been bad. Is there potluck today after church?’ The rest of the general population seems to have their heads buried in the sand as they reach for another nifty electronic device, a new and promising job, another



## AGREEMENTS WITH HELL

None of this kind of ‘prepping’ produces good fruit—not really. It may seem like purchasing a solar powered cell phone charger in case we are stuck without power is harmless, but it is dangerous if the motives and the way we talk about it are coming from a self-preservation viewpoint. This is a ‘godless’ way of living—something that the pagans are really good at—not what a believer (in the truest definition) does.

I love how John Eldredge notices that Ye’shua is always after motives. He always pushes into the question of “Why?” or “What is driving you?” He asks us the same question of us who are living at the End of the Age.

investment opportunity or a new kind of Starbucks drink.

Basically, most don’t have a clue if they are coming or going, what is true and what is not. And they definitely have no idea where their heart is in all of it. They hope it will either all work out in the wash or they don’t believe that their life really matters. And others think they can out-smart and out-troubleshoot the upcoming storm somehow. Both camps are in the wrong and living a ‘godless’ life of self-preservation (original sin)!

There are those that flippantly say, “I really don’t want have to endure the End of Time, so hopefully I’ll die before it occurs.” Or, “It doesn’t really matter what happens to the body. I’ll just go to heaven when I die.” Other people piously say, “God is in charge and everything happens for a reason!”

These cliché’s are not helpful! For one thing, life is central to our being human and these statements are anti-life. Secondly, they are godless thoughts for it is resignation in all it’s glory. And we know resignation is not from Yehovah.

My agenda with this article is to uncover the real spirit behind much of this ‘prepping,’ help you think about your motives and show you a more important kind of ‘prepping.’

## THE SINGLE GREATEST THREAT TO OUR HEARTS DURING THE END OF THE AGE

If people had any clarity at all they could see that as we experience Last Day events it is Fear, Apathy or the Gospel of Prosperity that are purchasing souls

around us. These are the biggest threats to a heart that truly wants to watch and be ready. These spirits are stealing joy and peace from our core. We know that it is ha'Satan who is the one who steals from us. Yes, people are making agreements with the pit of Hell whether they know it or not. It is because essentially, these people have taken their eyes off of YHVH Elohim and instead are choosing some form of man-made security. The single greatest threat to the individual heart is getting sucked into any man-made system that offers them safety or security.

## SAVING OURSELVES

So, you believe that “God helps them who help themselves?” I challenge you to find Ye'shua teaching that. You can search the Scriptures ‘till you are blue in the face’ and you won't find it in there! So, go ahead, do it man's way. Troubleshoot. Prepare all you want! Knock your socks off! Prepare for flood, famine or earthquake. Prepare as best you can for nuclear war, Muslim invasion or a Chinese takeover. Secure your retirement with insurance policy's and IRA's up the ying-yang. Sell all you have and buy gold or silver. Prepare for fire, flood or fallout and then watch the earth open up and swallow all your preparations.

Then what will you do?

What are you planning to rely on? Really think about it. You can never be prepared for everything and every possible scenario. There is no way. Everything has way too many variables. Where will you go if everything disappears as you know it? If you can't fall back on

resolution. If you can't fall back on your own know-how. If you can't run to man then where will you go? This is the most important question you will ask yourself tonight.

## A TRUE DESIRE

I want you to understand that there is something true in the desire to ‘prepare.’ Yes, something real and external is going on that is triggering that response in you



to have a few more black beans in the cupboard or a little silver stashed away when you have to ‘get out of dodge fast.’ And I contend, that deep below your surface, this is coming from a good place. In most people, it is coming from a true desire. A true desire that has it's origins in YHVH Elohim's determination for you to have life. A basic reality of the human experience is the desire to live. Yet at the same time, all of us have a knowledge and experience with the true Villain. A Villain who is out to ultimately steal life from us — primarily through deception and counterfeiting the real.

## PROVISION

We are looking for provision. Since “prepping” is basically a form of setting aside provision for you and your family in case of bad times, I need to ask you, who is your provision? I can hear someone saying, “I’m not trying to save myself, of course, I trust God! He will provide for me.” But I want to ask, “Really?” When push comes to shove, isn’t there a ‘but’ in there somewhere? I can hear church bells echoing in clichés like: “He will provide, but I need to do my part.”

What does provision mean to you? What if He didn’t want to provide for you according to what you are used to or

what you think you deserve? He may not want to maintain the lifestyle and pace you are at. Are you free enough to let go and leave it? If you did walk would you turn around like Lot’s wife did and look back longingly? What if He asked you to live in a teepee instead of a house in the middle of winter with children? What if He asked you to trade in your car for public transportation or even walking? What if He asked you to do your laundry by hand? What if he asked you to stop working in the Matrix, leave your church or leave your family of origin? Would you still consider these sorts of crazy things provision?

I believe we need a new definition of ‘provision.’



## ABANDONED?

Take a moment and look over King David's thoughts. David is overwhelmed with Yehovah's provision for him personally. He is sustained by Yehovah. If Yehovah doesn't sustain him, King David will perish. One thing I see is that David's joy over provision is directly connected with keeping the Covenant. Keep the Covenant and Yehovah is free to bless and protect! Yehovah promises to provide sustenance for us if we obey. He promises to fight for us. To come for us. To make us prosperous, healthy and fertile. These things are not just 'spiritual.' He promises some very real tangible physical provision—but He can't if we tie his hands. And yes, we can do that.

One of my questions for you is, "do all these promises of protection and provision just evaporate into thin air during the End of the Age?" Will we really be all alone to survive and take care of everyone else around us? Will the Ruach withdraw Herself during the most Evil time on Earth? Should we prepare for the worst because at some point you will be on your own—at least for a little while? Absolutely not! These are lies from the pit of hell! Then as things ramp up around us our question must be:

**"I feel the urge to DO something so, according to Elohim, how am I to prepare?"**

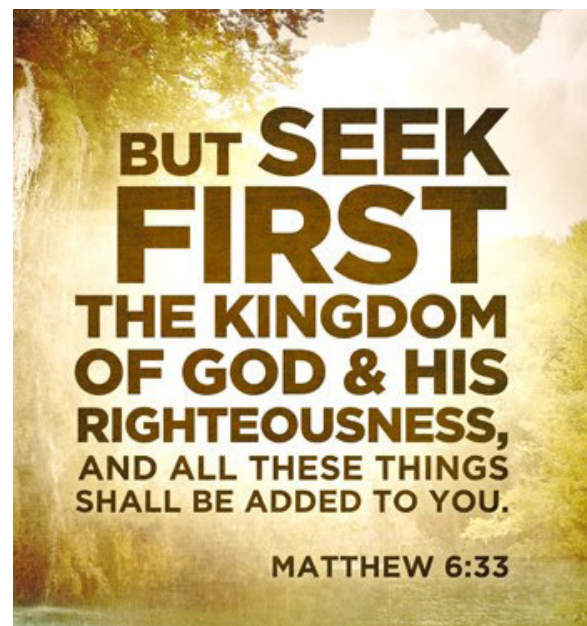
Good question. We must see it through Their eyes. We must do what They tell us to do for there is nothing righteous or

redeeming about sacrificing your heart on the alter of pagan fear, bearing down and simply surviving.

## START WITH LOOKING AT THE SCRIPTURAL FORMULA TO 'PREPPING'

To really look at what Elohim says is the best way to 'prep' we go to the words of Ye'shua. He commands us:

*"Do not worry, saying, 'What shall we eat?' or 'What shall we drink' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. **But seek first his Kingdom and his righteousness, and all these things will be given to you as well.**" (Ye'shua, Matt. 6:31-33)*



If you want a formula to *prepping* here it is! Don't do as the pagans do. Instead, do this (and He tells us what that is). How cool is that?

## WHAT DOES 'SEEKING HIS KINGDOM' MEAN?

Let's unpack Ye'shua's 'formula.' First of all, he says to NOT do like the pagan's.

*"Do not worry, saying, 'What shall we eat?' or 'What shall we drink' or 'What shall we wear?' **For the pagans run after all these things, and your heavenly Father knows that you need them.**"*  
(Ye'shua, Matt. 6:31-33\_

Well, a pagan is someone who has not come into covenant with Yehovah (yet). Pagan's have other gods. They serve and expect protection and provision from gods other than Yehovah. They have their own man-made religion. They are their own authority. They center themselves in other entities— not Yehovah. They seek joy from other holidays or holy days besides His and trust in man-made security.

If the shoe fits.

We are not to do the same if we expect to gain His provision. If we want Yehovah's blessings, then we are to seek His Kingdom FIRST. That would mean seeking Him and His ways above all else. Loving Him, His Son and the Ruach ha'Kodesh and what His Kingdom is. Seeking His Kingdom would start by living in Covenant. Not just giving Him lip

service, but actually living in rhythm with Him, rejecting pagan gods, their holidays and their ways. Turning to embrace His ways, His cycles of holidays and His calendar. Making Him Master (Lord) means that we do what He asks and meet with Him on all His Mo'edims and walk with Him in real time.

## THE FEASTS ARE PROTECTION FOR YOUR HEART AT THE END OF THE AGE!

The Feasts are so cool for they are the mechanism which Yehovah gave us to know what is going on. Instead, of tuning into CNN to find out what is going on in the world (with man)—we are invited (commanded, if you will) to study and celebrate his Feasts in order to discover what is going on in the Larger Story. There is plenty of joy for your heart waiting for you there—CNN will suck the joy right out of you.

Living during the time of Ye'shua's Second Coming, the Fall Feasts become crucial in that they point us to what Yehovah is doing and not to what man is doing. When Fear is seeking agreement with believers who want to prepare and survive, the Fall Feasts are your 'excuse' to reject Pagan thought and find your center in the Larger Story. They are protection for your heart. If we lived in rhythm with Yehovah and kept His Mo'edim we would have our focus where it should be—on his Kingdom. Not only would we be blessed with Kingdom



treasures, but basic provision is promised by Yehovah, himself!

## WHAT DOES 'SEEKING HIS RIGHTEOUSNESS' MEAN?

**“...But seek first his Kingdom and his righteousness, and all these things will be given to you as well.”  
(Ye’shua, Matt. 6:31-33)**

The rest of Master Ye’shua’s ‘formula’ says that we need to seek after His righteousness. This is a huge topic and one that is totally misunderstood. To ‘seek after His righteousness’ means to seek after His holiness. It means that we must be hungry to be made whole and holy through the work of Ye’shua. Holiness must become part of our very being. The Scriptures are clear that only by having the Sinless One’s righteousness (His holiness) in us can we ‘be perfect’ (complete and sane) enough to enter into ‘Happily Ever After.’

“Be ye therefore perfect, even as your Father which is in heaven is perfect.” Matthew 5:48

If you didn’t know it, the purpose of YHVH is to restore the creation He has made. His goal is to make us whole and holy (set-apart / perfect as in completely whole in body, mind and spirit).

“How blessed is Yehovah and what a blessing he is. He is the Father of

our master Ye’shua, the Messiah and takes us to the high places of blessing in him. Long before He laid down Earth’s foundations He had us in mind, had settled on us as the focus of his love—to be made whole and holy by His love...”  
Eph. 1:3-6

## HOW DO WE GAIN YE’SHUA’S HOLINESS?

By eating of Him. It is the only way. We must internalize Him to become like Him. Gaining Ye’shua’s holiness is so important that Yehovah made a 7-day Mo’edim to revolve around it. The topic the Feast of Unleavened Bread is focused on us “eating of the Unleavened One, Ye’shua.”

As John Eldredge says in the CD series: The Utter Relief of Holiness, holiness is the restoration of our humanity. He goes on to say that, “(Ye’shua) stands first in the line of humanity that God is restoring. He is the model. He’s the unfallen, untarnished, unmarred man. That’s what God wants for you. He wants to restore you.” But you must eat of him to have it. Look at what S’haul says:

“Yehovah knew what he was doing from the very beginning. He decided from the outset to shape the lives of those who love Him along the same lines as the life of His Son. The Son stands first in the line of humanity He restored. We see that original and intended shape of our lives there in Him. After Yehovah made that decision

of what His children should be like He followed it up by calling people by name. After He called them by name He set them on a solid basis with Himself. And then, after getting them established **He stayed with them unto the end.** Gloriously completing what He had begun. (Rom 8:29-30)

We  
can  
have  
Ye'shua's  
life.  
That is  
the offer.

And look at that: Yehovah will stay with us till the end! Gaining Ye'shua's holiness is crucial, because holiness is literally gaining his life. Having his holiness within us. That's the game changer. It's true, we can be holy as he was. We can walk as he did.

**WHAT DOES HOLINESS  
LOOK LIKE ON YE'SHUA?  
(SEEK IT AND WE GET TO  
DO THE SAME THING!)**

Ye'shua showed us how to walk in Covenant from the heart. He shows us

what was in His "backpack" as He lived on Earth among us. His 'backpack' is what took Him through the sacrifice to the other side. And it wasn't making sure He had a stash of food hidden somewhere so that when He had to flee the church leaders who were hunting Him down to kill Him He could preserve His own life.

Christians preach that we are to do what 'Jesus' did. As a believer in the Jewish Messiah, Ye'shua I want to do the same things Ye'shua did! I want the same things that were in his "backpack" in mine!

As a fully human man who got hungry, needed to sleep, needed clothes to wear He did not worry about food, clothes or drink. As He "prepped" for His Time of Trouble He knew His Father would provide. He didn't stress. He had no anxiety. He made no agreements with Fear. He wasn't overwhelmed with life or His mission. He didn't freak out and run like a pagan grasping at man's security (college degrees, jobs, the Gospel of Prosperity, religious duties, retirement accounts, investments etc). He found His security in His Father alone. That's it.

How was Ye'shua able to walk so "righteously?" Well, Him and His Father were of one heart. He walked with His Father every day. He was confident in the goodness of His Father's heart toward Him and in His Father's ability to do as He promised. He centered himself in His Father and that affected how He negotiated all that would come at Him throughout the day. We must do the same. It is crucial for our survival! Ye'shua had His Father in Him. By having Ye'shua in us, we also have the Father in us, too!

“On that day you will realize that I am in my Father, and you are in me, and I am in you.” John 14:20

Looking at His life, He wasn't stocking up on food. Instead, He called on his Father to provide it. And Yehovah did. There were catches of fish that overwhelmed the disciples nets. At a word, His Father gave Him the best wine of heaven to supply a friend's wedding feast. Then there was a fish that showed up with money in its mouth for His taxes. Then, with no money in His pocket, He threw a huge 'banquet' of bread and fish for nearly 9,000 people on Erev Yom Teruah. It goes on and on.

He didn't buy the lie that He must first help Himself in order for Yehovah to help Him. His form of "prepping" was being able to hear His Father's heartbeat and moving accordingly. His focus was on what His Father's plan was and what His Father was capable of. Not on what man's plan was and what man would do.

Though, here again, in His ability to walk in holiness (or navigate life) He knew man's heart and that they were wanting to kill him in Jerusalem—so He stayed out until it was time—most likely His Father told Him to travel other routes during times like these. Notice that Ye'shua's focus was on hearing His Father's voice and Kingdom things not on man's scheming.

In His holiness, He was able to navigate all situations that came upon Him with amazing cunning, wisdom and love. For instance, though He didn't stock up on guns and ammo he was so free in holiness that He was able to tell

the disciples to get a sword the night of His betrayal—and it wasn't wrong. It is beautiful to watch Him move in tandem with His Father without Fear.

We get to live His life. This is the offer of Him IN us. This is the mystery of the gospel that is spoken of in the Scriptures.

So "seeking his righteousness" is receiving Ye'shua's holiness in us so that we can navigate life like He did. With pure motives and no fear. This kind of holiness won't desert you during the End of the Age but will be what keeps you together. This is something you must have in your backpack!

## PROVISION IS PROVIDED

Ye'shua finishes his 'formula' with a promise or maybe also—a way that things work: If we seek the Kingdom then all the things that human's need for living Yehovah will be able to give us. We don't have to strive for them. He will give them on top of the blessings that will come automatically with soaking in Kingdom things! This is good news, people. His promises are good. If you are living in Covenant (Ex.19-24) there are promises He has made to you. He remembers his promises and he keeps them. If he doesn't then he is not all he said he was and all of us will come to ruin!

## YE'SHUA'S THREE MUST-DO'S:

If you are a believer in the truest sense, then you **MUST** walk as a Kingdom

seeker even during the End of the Age. There are no exceptions. If the fruit of your life is worry, anxiety, stress and self-preservation then you are a pagan—not a follower of Ye’shua. Reject pagan thought! Re-center yourself in him. Come back into Covenant—it’s your protection! Here are the three MUST do’s according to Matthew 6:31-33:

1. YOU MUST SEEK THE KINGDOM WITH ALL YOUR HEART (meaning: Learn.Live.Tell. Look for Truth, Find Scattered Israel and Love YHVH with all your everything).
2. YOU MUST EAT OF YE’SHUA (meaning: get His holiness in you and become perfect like Him).
3. YOU MUST NOT DO THINGS THE WAY THE PAGANS DO (meaning: don’t stress and worry about life here).

We MUST walk with Them! We will not make it through the time leading up to that final Yom Teruah except by YHVH’s provision and being able to hear Him lead us in real time. So much is hanging on your heart’s health and it’s ability to hear and move in conviction. For some of us we have spent our whole life pursuing this ability to hear. For others, it might be a mad dash to learn how to listen. But it’s never too late. The Ruach is amazing! With Yehovah—all things are possible!



## LET ME SHARE WITH YOU WHAT IS IN MY BACKPACK

If you would allow me a few moments to share with you what is in my backpack I think it will help to explain what I am talking about. Though I am proud of the contents of my backpack it is not to brag or make you feel bad. It is to try to explain what you need in your backpack to weather the storms and stay focused on Yehovah. I’m just a woman, a mom, a wife, a human -- just like you, but at great cost I have filled my backpack with things

that last. And I truly believe you can learn from me.

“For Ezra had **prepared (koon) his heart** to seek the law of Yehovah, and to do it, and to teach in Israel statutes and judgments.” Ezra 7:10

The Hebrew word for prepare is koon which means:

- to be firm
- to set
- to fix
- committed
- focused

Frankly, I’m not up on the kind of ‘prepping’ that some of my friends are doing. I’m way more interested in preparing (koon) my heart to be firm, set, fixed, committed and focused on learning, living and then teaching the ways of Yehovah to others. So that they can escape the sinking Titanic and discover Paradise in the love of Yehovah, their Creator.

So, as you can guess, my husband and I are not currently involved in any of these “prepper” groups ... and we will never be. If we ever get a chance to speak at their meetings about our experience living off-grid we come from the angle of “if you don’t know WHO your provision is—you don’t have a chance at surviving.”

Therefore, I don’t have a ‘backpack’ hanging by the front flap of my teepee ready to flee with. I’ve kinda already fled. I don’t have all the prophecies mapped out so that I know exactly what is going on or will happen down the road—except what the Feasts reveal. I don’t have a ration of food that will keep my family alive for 3.5 years.

Of course, I have a ‘pantry’ of food because I love to bake and cook. I grew up on a fruit farm and learned to participate in all that takes place during harvest time. Canning, freezing, making juice and having large quantities of flour and beans is just a part of who I am. It’s something that I pursue in peace or war. Famine or plenty.

So no, there is no backpack hanging in my home—to grab and go. Truth-be-told, I’m living out of it. Yes, I would have to say that I am actually living on what is in my backpack already. It has been just me and my backpack for quite a while now. And I wouldn’t have it any other way. I LOVE living out of my backpack.

So, I want to give you a peek into what is in my backpack. After ‘seeking his Kingdom and his righteousness’ for nearly 1/2 a century want to share with you what I have in my metaphorical backpack. I believe these are the sorts of things we MUST put into our backpacks. Dump out everything else and start filling it with Kingdom Treasures like these and more. **For when it is just you and your backpack these are the things you will truly need and wish you had.**

## THE FRAME

### **A Deep ‘Knowing’ of Elohim’s Heart Toward Me**

The ultimate Kingdom Treasure that any of us can own is a deep knowing that Their heart towards you is good; that They want you to live and live abundantly; that that’s all They’ve ever wanted for us. **This knowing is like the frame of my backpack.** Everything else

I have learned and invested in fills up my backpack. All other 'knowings' spin off of this one thing. This is the 'one thing' that I take what to be what Curly was talking about in the movie "City Slickers."

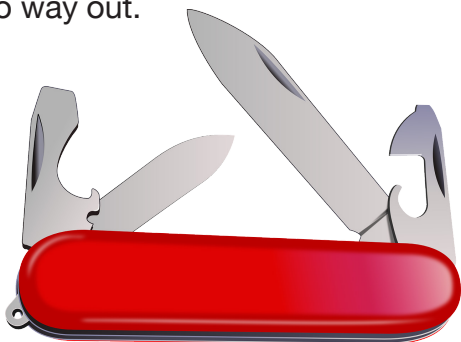
It is worth everything to come into possession of this.

Good shepherds have and will continue to uncover it for us. But our hearts must marinate it in. The Story reveals it. History tells of it. My heart remembers it. My experience has confirmed it.

Yehovah didn't create evil. I know that Their hearts are not even a little dark, twisted or divided against me. They live in real time with us. Fighting for us. Wooing us. Setting our feet on the high places. Inviting us to be with Them. Enchanting us into conversation with Them. They like to share Their Kingdom Treasure with Their friends.

They mean us well. Period. They are not the ones with a gun pointed at our heads – ha'Satan is. I'm real clear on that.

Knowing Their heart towards me is the One thing that I sift all da'at (information) about Them through. For what I believe Their heart towards me personally is the single most critical factor in living openly, freely and not losing heart in the midst of this War. You couldn't rip this 'knowing' out of me—no matter what happens. It is central to my very being. It is part of the fabric of who I am. I would sell everything I own to keep this 'knowing.' Without it my heart would be stuck in a black hole with no way out.



## THE SKIN

### A Huge Amount of Hope

The next most important thing I own is hope. And I live with A LOT of it. My backpack is made out of it. It is the material, if you will. It wraps everything else in it's warmth. The frame is crucial, but without hope our 'knowing' is completely lifeless.

Hope is how our heart breathes. Hope employs our imagination and ability to dream which in turn reveals many Kingdom Treasures to our hearts. Without hope I am a dead woman.

Of course, Ye'shua is Hope realized, but I also look forward to the same hope becoming realized that Abraham and others hoped for. Hoping for a city whose builder is Yah. I believe that Yehovah hopes. He hopes that we will teshuvah. He hopes that we will obey Him at all costs. He hopes that we will fall in love with Him. Hope is what glues love and faith together.

## THE CONTENTS

### My Backpack is literally stuffed with Kingdom Treasures

I think, in this metaphor one could describe the things in my backpack as a growing collection of personal holiness. These things are the fruit of "eating of Ye'shua, the Holy One." Remember, the offer of the gospel is getting to live His life. And the things in my backpack are the fruits of pursuing His holiness in me.

So, my backpack holds what I have spent my life's energy acquiring. And it

is from these categories that I find the strength and clarity to travel any path (hard or easy), climb any mountain, brave any storm. These Kingdom tools help me do it like Ye'shua did it.

I don't see this method of dealing with life-as-it-comes-to-me changing. Loss of friends, family, animals; discovering that my baby has Down Syndrome; that I can't pay the bills or the End of the Age is upon us—it's really all the same. Any form of traveling through the valley of the-shadow-of-death will call for Ye'shua's holiness in us to get through it and see the light again.

With His holiness in me I am able to endure, persevere, find my strength and my desire. Pain is pain. Sorrow is sorrow. Grief is grief. Death is death. How we deal with the events that will surround the coming of Ye'shua will be with the same tools that we've pulled out of our backpacks for other troubled times that we've lived through and come out the other side with our hearts still alive. The difference will be the amount of holiness we own.

Holiness is growing with every moment I walk with Yehovah, eat of His Son and move with the Ruach ha'Kodesh living in me. I just expect my time with Them to consume me more and more as the End of the Age descends. For we are to live where spirit and flesh meet.

## FAMILIARITY

### **I LIVE out of my Backpack**

My backpack is not hanging by the front door gathering moss. Nothing in it gets stale, old or doesn't work because

I am intimate with it's contents. I am constantly employing them.

With every use, my confidence in my ability to use each tool grows. I know what each thing does and how to operate it. Of course, I am constantly in the process of learning how some tools work—yet I am experts in many areas. I take good care of the contents of my backpack. It's like packing my parachute. Careful what stays—chucking useless items.

We should find it a huge honor to have Yehovah continue to bestow upon us more of his Son's holiness and deepen the holiness we do have already. I am always on the hunt for more Kingdom Treasures to add to my growing supply. For what I own is better than ammo on a hunting trip or a gas mask during chemical warfare!

If you would be gracious to me as I share, here's the supply list you would find my backpack comprised of:

#### **1) A knowledge of The Story**

This is the single largest item I have in my backpack. I have a solid grip on the Larger Story I was born into. The True Fairy tale. I am intimate with it. It is a real and dangerous story—for me and Elohim. Full of beauty, heros and villains. I know the Good Kingdom and the Evil Kingdom well. I know where humans started, what we were created for and my heart remembers walking in the Garden with my Elohim. I know I can have the "happily-ever-after" that The Story promises his Bride.

#### **2) A belief that the heart is central and of supreme importance.**

My heart knows that it is of upmost

value to YHVH Elohim and it knows that I will take care of it—at all costs. I know what I can ask of it and what I can't. My heart knows that I will listen to it. King Solomon said our hearts are “the wellspring of life” and we must guard it at all costs! We must allow our hearts to breathe and grieve. My heart feels safe in my hands. My heart knows that I treat it as valuable treasure. We must remember that the Good and Evil Kingdom are fighting over our hearts, because our hearts play a key role in The Story.

### **3) A powerful imagination.**

One of the most important tools in my backpack is an ability to imagine. I can visualize, dream and imagine therefore, I am truly free. To be able to ‘see’ things as they could be or as they were meant to be requires heart space. Something that most of humanity has lost the ability to give their hearts. But this has allowed me to keep diligent watch over my daughters hearts. My example could give them permission to see Yah’s invitations to “see beyond the Veil.”

It is a profound thing to discover that we can not dream better dreams than Elohim. So, I know that whatever I dream will be and then so much more! This is where hope takes on a life of it's own. Here in our imaginations—someday in perfect reality. But for now, Yehovah can give our hearts eyes to see and ears that hear. I dream most into the Restoration and my deep belief that He will not make all brand new never-before-seen things, but that He will make all things He made new again.

The Feasts have also given my heart solid stuff to dream into—and I do. This ability to imagine (having eyes to see)

is one of the most crucial elements to a deep and beautiful walk with Elohim.

### **4) Ability to hear Yah’s voice & respond accordingly.**

Another tool in my backpack is the ability to hear and move in real time. I am sensitive to the Ruach ha’Kodesh and confident in my ability to move when and if She says to. I have practiced being responsive to the Ruach ha’Kodesh; to following Her, that Wild Goose. I do not proof-text and study for days and weeks before moving on something. That really isn’t good practice for being responsive to the Ruach ha’Kodesh and the backpack way of life. My heart must be free, flexible and able to move in real time. This ability is crucial in times of battle.

### **5) Experience with provision and the free-fall.**

Over and over again I have seen the hand of Yehovah provide for us. The more we live in Covenant and the more we live in the Free-Fall the more provision we will see. Not only has He personally provided basic needs for the body like shelter, food and clothes, but He has been able to grant health for the body and provision for the heart. I am confident that Elohim cares about my physical needs and the needs of my heart. In that knowing I can really rest.

### **6) The ability to discern.**

Any of us who have received the New and Good heart from Ye’shua should be proud to say that the Ruach ha’Kodesh lives in it! I am! And after living with the Ruach ha’Kodesh for a long time, I



have confidence that my heart knows how to discern things that come at me. By listening to the Ruach living in my new heart I can discern between Yehovah's Kingdom of Light, ha'Satan's Kingdom and the spirits associated with both. My brain takes in Kingdom da'at (information) and if it is good information, my heart moves in more ye'da (intimacy) with Elohim. Yet, if my heart discerns that the da'at isn't moving my heart into ye'da then it rejects it and stores the da'at out until another time. Discernment. It's a really important tool to have in our backpacks.

### **7) Deep conviction.**

I am a person of deep conviction. I will go to the wall for some beliefs. Convictions are like a compass. They are priceless when it comes to finding one's bearings in the midst of a storm. There are deep convictions that (as I have embraced them) have changed my entire reality. I own a few deep convictions that I would die for. Convictions move us as well as center us.

### **8) A belief in the dignity of causality.**

Core to who I am and how I approach life is my belief in the fact that I am truly free. That my free will is of upmost importance to YHVH and that my choices actually affect Him. Therefore, I believe my choices do matter in the Larger Story. I believe that humans can actually push into Elohim and make meaningful changes to the course of things or give input.

I am a Partly Open Viewiest, meaning that I believe that the Scriptures make it clear that Yehovah knows certain things

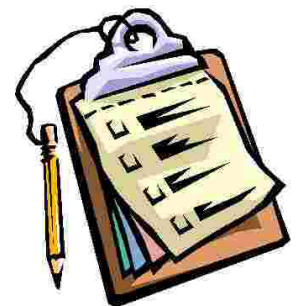
as settled, while other things He does not know as settled—which in turn affect His reality. As a follower of Ye'shua, in the truest sense, I believe in true free-will and that not everything is Yehovah's will, but that sometimes things that happen are ha'Satan's will or our own will. And that part of Yehovah's reality actually changes due to dealing with angelic and human's choices because of true freedom granted by Him. This is a crucial tool when trying to wrap your brain around: "Why do bad things happen to good people?" I do not buy into the saying, "Everything happens for a reason."

### **9) A confidence in my ability.**

I know I have the courage to make hard choices and follow Elohim at all costs. I am familiar with my ability to do 'hard.' I have had enough experience with myself and have gone through enough 'hard times' to know I can pass through dark days, process them however my heart may need, debrief and find myself more one with Elohim than before. I trust my walk and my heart. I've had enough practical knowledge with myself that I really do trust myself in times of trouble. How about you?

### **10) A confidence in YHVH's ability.**

YHVH has a great track record. That is why I have chosen Him to sacrifice to. I trust that He can take me where He needs me to go. I trust that He can figure out how to work with my mistakes to continue to do His will in my life. I really trust his abilities.



## **12) I am in love.**

I find I dig into my backpack the most for this one thing: Not only am I able to love people and animals deeply, but I am in love with the King. I fall back on this more than anything else in my backpack: I am a woman in love. And a woman in love is unstoppable! All she can see is the one she loves. She scribbles his name on her books, daydreams about him, makes clothes purchases based on whether he would like them or not, and talks to her friends about him until their eyes are crossed. She is obsessed with him. No pain is too unbearable if the outcome is getting to be chosen by the one she loves. She will make considerable personal sacrifices and will try to ‘move heaven and earth’ to have him.

That is true for me. My heart is captured by Ye’shua and I tremble inside to think of the moment when His arms will wrap around me and his eyes will look into mine! I dream about it all the time. I’m nervous and excited all at the same time! Oh, it is good to be a woman in love.

## **13) Clarity of the crucial role I play.**

I am clear that my role in the Kingdom is to be an intimate ally of the King. To fight for the restoration and freedom of the human heart alongside of Him. All believers are called to come back to their heritage and be Melchizedek priests—under the High Priest, Ye’shua. For his followers, it is our priestly job to tell The Story to the world and to show others how to live under the protection of Yah’s Covenant. How that plays out is different for each person. In my life it still confounds me at times. But I know the

overall point is to work for Him and serve Him as part of His forces.

## **14) My true identity.**

I am clear that my true identity is bestowed by my Father, Yehovah. And that it is only by knowing Him that we can ever begin to know who we are individually and collectively. I know that I am a daughter of the High King. I am a princess—royalty in the most real sense. I am part of the Scattered 10 Tribes of Israel and my Daddy is captivated by me. He will fight for his daughter. I know that my true family is Elohim. Taking this to heart is good news.

## **15) A deep knowing that He “likes” me.**

One of the things that most changed the way I relate to myself and to Them is when They revealed to me that They *like* me. I mean, actually *like* to be with me. It’s one thing to know that you are loved. A parent loves all their kids—even the ones who cause them much pain. But it is a completely other thing to know that they literally like to be with you and will seek you out to hang out. It’s almost better than being loved. This is my deep joy that no man can steal. This is a category that not too many people think in. Wouldn’t it be good to know you were truly liked by your Daddy? And that He would choose to spend his free time with you—because He enjoyed you? I know this to be true.

## **16) An ability to feel Yah’s heart.**

My favorite moments are the ones where I feel Yah Elohim say, “Welcome to my world, Rebekah.” My heart can feel Their hearts. Of course, in small amounts,

but that's all I can handle. In my mortality even the small encounters of closeness can make me overwhelmed to the point of it being too much to bear. I feel Their joy, Their grief, Their anger and Their resolve. Hence, I love what They love and hate what They hate.

### **17) A dead-on focus.**

I think one of the most important things in my backpack that I am using right now, as the world is spinning down into it's Dark Last Days, is an ability to focus. Okay, it's not always working great. And sometimes it takes awhile to re-focus those binoculars, but it's there and I'm having to use it a lot! The Mo'edim of Yehovah are critical in teaching us and providing us the means by which to really do this. We can focus dead-on. Dead on what Yehovah is doing and not on what man is doing. This is like having a scope in your backpack!

### **18) The ability to obey and 'take up my cross' at all costs.**

I meditate upon Yah's precepts and Royal Law nearly every day. I have taken His commands to heart. I know them well. I've been through so much that I know that I will obey no matter what is going on in my life. Everything stops for Shabbat. Everything stops for the Feast Days. I will not touch a pagan holy day. Even if it means losing family I choose Yah over them. I always take tithe out of increase – no matter how small or big the increase. I always consider what is going into my body and that it meets the Biblical Kosher standard of His Law. I will always stop to care for someone He has put in my path to help.

### **19) The ability to let Yah be Elohim and trust Him at all costs.**

I'm clear on who God is and who is not. I am not. I am sacrificing to YHVH Elohim because I need a God to do for me what I can not do for myself. I can not and will not try to put Yah in a box. I am the slave and He is the Deliverer. I am not capable of saving myself. I trust Him to be my Elohim and save me.

## **IT'S MINE**

### **Attacked, but Safe**

No one can steal this backpack from me. Of course, it is constantly attacked, and sometimes I feel it got stolen, but it always comes back because it exists where 'moth and rust do not decay.'

This backpack is worth more than fine gold! These things have kept my heart alive in the past when life has become unbearable. They will do the same in the future. This is where my energy comes from. This is the place from which I am 'watching and getting ready.' These are the things that I feel are essential to survival.

If there is any 'prepping' that we are to do at this time of year it is to consider what kind of things you have in your backpack and then start living in them now. This is part of seeking the Kingdom and his righteousness. This is walking in a growing holiness.

Then when your backpack feels lost or comes under attack by the enemy who wants to destroy it — the Ruach ha'Kodesh will send someone to help you remember where you left it. And then go get it back at all costs.



Thank you for letting me share what is in my metaphorical backpack.

**NOW, WHAT DO YOU  
HAVE IN YOUR BACKPACK?**

**WHAT WOULD  
YOU LIKE TO HAVE?**

