Conducting pattern for four beats

downbeat

upbeat

2

1

4

3
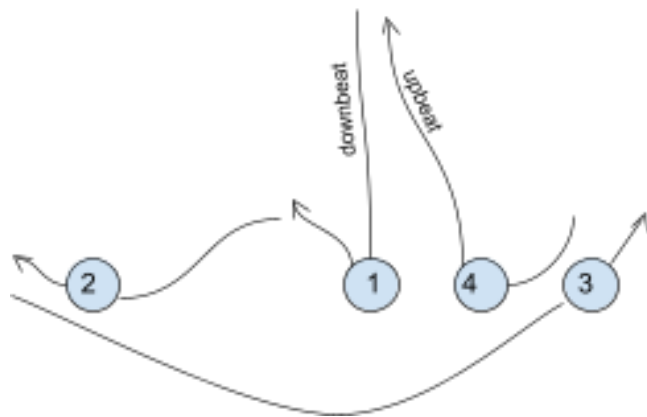
Conducting pattern for three beats

downbeat

upbeat

1

3

2
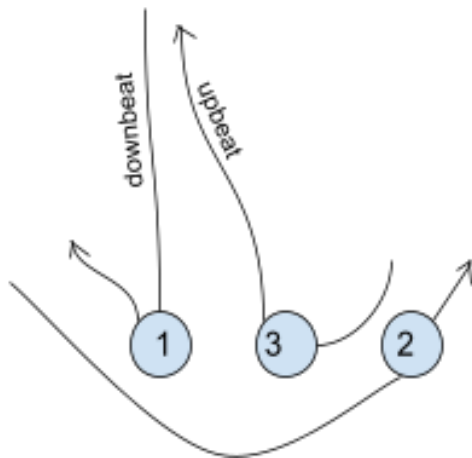
Conducting pattern for two beats

downbeat

upbeat

1

2