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DISCOVER
OURSELVES**

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What's your dream?

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Write down your answer below...

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What is a powerful question?



Write down your answer below...

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- If you were a teacher, what one rule would you make for all of the students in the class?
- What is something you are really great at?
- Who or what makes you laugh the most?
- What is the best present you have received?
- When you grow up who do you want to be like and why?



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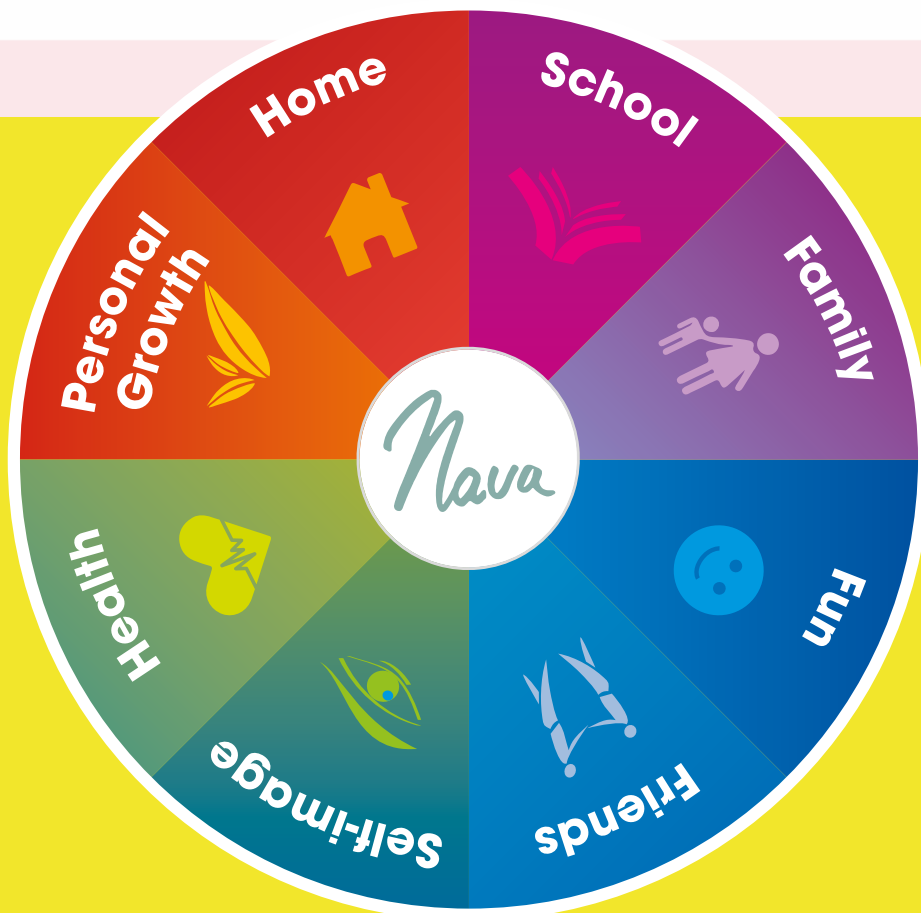
Write down your answers...

1. If you were a teacher, what one rule would you make for all of the students in the class?
2. What is something you are really great at?
3. Who or what makes you laugh the most?
4. What is the best present you have received?
5. When you grow up who do you want to be like and why?

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Complete your wheel of life.

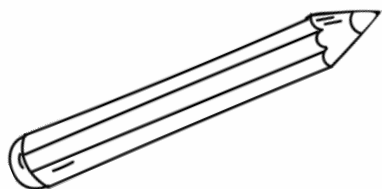
Rate the areas from **1 -10**



Add your answers in the table below

School	Family	Fun	Friends
Self-Image	Health	Personal Growth	Home

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**Draw and/or
write down your
visualisation.**



Draw and/or write down your visualisation.

REFLECTIONS

A large, empty rectangular box with a thin black border, intended for writing reflections. It occupies the central portion of the page.