

The Kerrie Hess Beginner Course in Abstract Art



Course Modules Checklist

Check off the modules and videos as you watch and complete them at your own pace.

Introduction

- Introduction Video | Why Abstract Art is so good for stress relief
- Tools & Supplies Video
- Understanding Colour Therapy | How Colour can affect your mood

Lessons 1-3 | Small Canvas

- Lesson 1 | Magenta & Pink Gradient
- Lesson 2 | Red & Hot Pink Freeform Abstract
- Lesson 3 | Blue & Turquoise Abstract Petals

Lessons 4-6 | Medium Canvas

- Lesson 4 | Japanese Garden - 'Watercolour' Acrylic
- Lesson 5 | Circle Swirls 'Watercolour' & Opaque
- Lesson 6 | Wedgwood Textured Florals

Lessons 7-9 | Large Canvas

- Lesson 7 | Peach 'Watercolour' Flower - Textured with Gold Foil
- Lesson 8 | Textured Hydrangeas | Impasto & Gold Foil
- Lesson 9 | Freeform Abstract | Large Scale

Conclusion

- Keep Painting, Keep Discovering...

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