

ASSESSMENTS AND (ONLINE) COACHING

Family Excellence

If you have to change something- you have to measure it!

EVOKING EXCELLENCE IN OTHERS



Figure 1: Understanding the conceptual framework of the Performance Excellence Coaching Model - Adapt, Adopt and Accelerate

This is what we do with passion

It is my dream to help as many people as possible to live a life of excellence and that they radiate from the inside out

No one wants to throw darts in the dark

Especially not when it comes to the success of your business and its employees.

THE DIFFERENT ONLINE COACHING ASSESSMENTS

Just click on the links and let your coaching journey begins

Our Coaching Process: 1 Chemistry check. 2. Discovery and assessment process. 3. Feedback meeting. 4. Action planning. 5. Alignment meeting. 6 Ongoing Coaching. 7. Realignment meeting

- Do your online assessments from home.
- Quick turnaround time and assessment outcome.
- Don't shoot in the dark. Fix the real issues and getting to the roots.
- Full hands-on support- Personal guidance when you need it
- Our comprehensive online assessment service offering you easy instantaneous benefits and online coaching.

How it all works..... Six easy steps

1. Your INVESTMENT will cost you: R 1716,20 (Discovery Health Tariffs).
2. Free: Need analysis discussion and priorities.
3. Select and agree on any 5 assessments.
4. We will invoice you after your final selection of assessments.
5. Weekly heart to heart either life or zoom implementation sessions, so you get all the professional help your situations need.
6. On-going personal guidance when you need it.

Norms for assessment results

FUNCTIONAL AND FLOURISHING	IRRITATING	DAMAGING	TOXIC	DEADLY
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More than 80% Excellent and world-class	Between 70 and 80 % Still very good to good but early signals	Between 60 and 70 % Average to Below average	Between 50 and 60 % Very poor	Less than 50 % Exceptionally Poor
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Are you allowing time for things that matter most to you? Whether it's your family, your friends, your favourite vacation spot, there's much more to your life than work. Take a look at these resources to help sustain a healthy work-life balance.

We have found that most people know what to do in the problem areas of their lives. The difficulty is not that they don't know what to do, **but rather that they have an inability to do what they know!** We know in our minds, but something in the heart blocks us from doing what we know. **So how do you get the Truth from your mind to your heart? Let's start with an assessment**

Few would contest the value of learning—but the simple desire to grow is not enough. You'll need a plan if you want your natural curiosity and drive to translate into new capabilities. Research suggests three elements are key: a defined set of clear, immediate goals; a concrete time frame for meeting them; and a group of people you can turn to for support

See examples below

S: Please select where you want to focus on

FAMILY EXCELLENCE

Step-by=step structures that takes all of your doubt away what you need to do for your marriage and family. Move you out of surviving, so get the help your situation needs

The average partner thinks about separation, divorce or cheating for 2 years or more before bringing it to their partner's attention. The clock is ticking and since you don't want the family and business/career empire you have built to fall; you should do something about it now.

1	Attract the Relationships That You Want – Understanding Relationships and How to Improve Your Power of Communication and Synergy	https://forms.gle/3oWUNhLBH7xU6YXeA
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2	Build the Right Foundations- Building Strong Character Foundations	https://forms.gle/fcedi82xfEEVXTrp9
3	Check Your Heart - Hardened, Alienated, Forgiving, Prideful, Humble	https://forms.gle/cEFiTQ4ZkRmeYxB16
4	Covenant Checklist-Commit, Offer, View, Eliminate, Nurture, Ask, Nourish, Turn	https://forms.gle/VuMukGxK6g3k1U6A7
5	Deal with Stress Symptoms - Living A Balanced Life and Assess Your Various Stress Symptoms	https://forms.gle/e789HZLn2znFE1XJ6
6	Determining Real Results- Clarify Your Vision, Goals and Virtues	https://forms.gle/XpiEkEvFhMca3Nyp9
7	Dysfunctional Families – Measuring Timeless, Unchanging Principles	https://forms.gle/NabmyPq6yHnWC6XD7
8	Encouraging Joyfulness- Identify New Levels of Joyfulness	https://forms.gle/dNjvthH53DDRtLa1A
9	Exploring Bullying Identify and Dealing with Bullying	https://forms.gle/nNv8Q753PsFhV3oj7
10	Fulfilment: Myth or Reality- Uncover Your Pain, Fears, Limiting Beliefs and Blind Spots	https://forms.gle/Admn4SD4fmJxTTpT9
11	Deep Marriage Conversations: Part 1- Covenant, One- Flesh Flowing Together, Forgiveness, Sowing and Reaping	https://forms.gle/GbiKSPibLgv4fgBy5
12	Deep Marriage Conversations Part 2- Roles, Responsibilities and Accountabilities, Synergism	https://forms.gle/txceRL3xXgWVgMrd6
13	Deep Marriage Conversations: Part 3 – Vision, Intimacy and Agreement	https://forms.gle/p2M2Km1SvakTjt9A8
14	Positive Parenting Solutions: Part 1- Discipline, Love, Understanding and Preparing, Treasuring	https://forms.gle/9h3DdeEBz5EsM8gn8
15	Positive Parenting Solutions: Part 2- Teaching, mentoring, releasing, destiny	https://forms.gle/trhyU5cuiXYhSABu7
16	Parenting Style: Dad- Major Burning Issues Facing Fathering Today and How Children Observing It	https://forms.gle/aEw43ehyNwmMjaTc6
17	Parenting the New Generation -Prepare Your Child (Ren) To Fly and Keep Releasing Them	https://forms.gle/wvYF8ejJGa6YjG5P8

18	Pathways Part 1 Life, Leadership, Ministry and Business	https://forms.gle/z21sCC36kQrN4ZU99
19	Pathways Part 2 Life, Leadership, Ministry and Business	https://forms.gle/SSc2iDKo2YNPYjif7
20	Praying for My Children and Grandchildren	https://forms.gle/LchJkPWmRY73sGJw9
21	Pre-Marital: Part 1- Family Ties and Memory Lane	https://forms.gle/LrULbrRm7XnDndHs5
22	Pre-Marital: Part 2 – Intimacy, Reality Check, Financial Planning	https://forms.gle/rNjB3YrtQSm1dkgn8
23	Processing Worry and Criticism - How to Cope with Worrying and Dealing with Criticism	https://forms.gle/9G224jV6PHuxHKjV9
24	Relationship Rescue: Eliminating a Bad Spirit	https://forms.gle/tV3H59pCGNFiaz8i6
25	Relationship Rescue: Red Alert	https://forms.gle/EGa94HBkwi46WPrK9
26	Relationship Rescue: Health Profile	https://forms.gle/NG4zEUv7JRMiW5VE9
27	Relationship Rescue: Characteristics	https://forms.gle/v7ayF1swq1p9cUYb8
28	Relationship Rescue: Lifestyle accountability	https://forms.gle/HGxsZSuNxRA7ttbc6
29	Relationship Rescue: Behavioural Profiles	https://forms.gle/HFPDzWmVcbza2qBg9
30	Relationship Rescue: Communication Patterns	- https://forms.gle/hAMVJ9FeVdQciP5QA
31	Relationship Rescue: Emotional, physical, social and security Needs	https://forms.gle/6hfecp3DGVaTsAoe6
32	Releasing of Hurt- Determine Issues Around Your Past Hurt....	https://forms.gle/QxBg8o9zTfK4xQwK9
33	Spring Clean Your Life – Declutter Yourself	https://forms.gle/uuFd7xiW1gzCbKHX8
34	Testing the Waters: Marriage Agreement	https://forms.gle/ihFxCaaYam3Zr9ZW7

“Don’t fear failure. Fear being in the exact same place next year as you are today.” – Michael Hyatt

Just click on the links and let your coaching Journey begins

FACILITATED BY DR MARIO DENTON

MARIO DENTON (MBA, M. Econ., PhD)

1. **In Africa** They Called Him, The Young One, The One Who Brings the Fire, The Platinum Eagle. the Wisdom Doctor.
2. **On the Strengths Finder:** He Is Futuristic, Strategic Thinker and Maximiser, Full of ideas and Responsibility
3. **He Always Wants to Be. F.A.T.** (Faithful, Available, And Teachable).
4. **Feedback from His Clients:** When You Worked with Mario, You Will Get More Than What You Have Asked For. So, challenge him and ask for more.
5. **His Favourite Bible Verse:** Romans 12:2: Do Not Conform Any Longer to The Pattern of The World, But Be Transformed by The Renewing of Your Mind.
6. **Mario Is Passionate** About the Wellbeing and Development of People and Sees the Untapped Potential in Them.
7. As **Psychologist** Likes to Help People to Discover Their Unique Design.
8. He Is A Passionate and Enthusiastic Advocate of Lifelong Learning, Personal Growth and Development. The study leader of 160 MBA research projects
9. **He Is an Inspiring Action-Directed Business Coach** and Expert in Emotional Intelligence.
10. **His Mission Statement:** I Am Trusting God to Use My Coaching and Assessment Skills to Serve Leaders in Order to Significantly Impact Them in The Areas of Character-Based Leadership, Family and Stewardship. **I am, through Christ who strengthens me, a passionate people management facilitator through purposeful, authentic and stewardship conversations**
11. **Happily Married** For 42 Years with His Covenant Wife, The Wife of His Youth with three sons and five grandchildren.
12. **His Favourite Closing Comments** on TV And Radio: Make A Difference and Let the Rest of Your Life Be the Best Part of Your Life. You Ain 't Seen Nothing Yet. Prayer is the most powerful, cost effective under-utilized management tool. Leadership is about Following Him, serving others and influence the world to make a lasting Kingdom Impact

Master in his study field. He knows where he is going and what he wants to achieve

Available. He is available to serve it be professionally or in friendship

Right standing with God. Loves God and will seek ways to please God and want God's blessings in what he does

Illuminates a servant-leadership character

Observant of what goes on around him. Identifies new ideas and challenges in his surrounding

My 30 second Commercial and Affirmation.

You are great and a unique individual. You are born to do well, to succeed and to bless the lives of others. You have what it takes to be great. You are enthusiastic, optimistic and a change embracer. You are a giver rather than a taker, a hard worker and a happy person. You want to go out and make a difference in others people's lives. In an ocean, full of rumblings and waves, you will be the one who brings stability and will be free and enjoy what you do. Stay humble.

TO GOD ALL THE GLORY

1. I thrive on it to see how I can help people to discover the best version of themselves.
2. It is my dream and my passion to inspire people to live out their God-given potential
3. I enjoy inspiring people to discover their redemptive purpose and to encourage them to walk it out

Mario Denton's Epitaph: Not selfish to share his knowledge and wisdom with others.

CONTACT DETAILS

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<http://www.strongmessage.com/>

Just click on the links and let your online assessment and coaching journey begins



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<https://mariodenton.teachable.com/>

Stay Blessed: Cutting Edge People Management Material and Coaching: 23 Years of Celebration

Values

Family values are not just nice words to be put on paper. They need to be working for you to drive improved consistency and alignment.

How well does this value act as a guideline to sustain pride in our organisation?

How well does this value provide a basis for daily communications and decision making?

How well does this value provide a rule for allocating resources and solving problems?