



RECIPES

Blocks and String



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DOUGHS

PLAY DOUGH



Ingredients:

- ✓ 2 cups flour
- ✓ 2tbs oil
- ✓ 2tbs cream of tartar/
baking powder
- ✓ ½ cup salt
- ✓ Two drops food
colouring
- ✓ 1 1/2 cups boiling water

Method:

1. Mix all the ingredients except the hot water.
2. Add the boiling water bit by bit stirring with a wooden spoon.
3. Once all the water is mixed in, allow to cool slightly to be able to handle.
1. 4. Then knead until stickiness goes away. This is the most important step!

Play dough is an exceptionally versatile medium which encourages pretend, free, quiet and manipulative play.

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