

Kynan Bridges
Deliverance and Spiritual Warfare
Session 1

Welcome. My name is Kynan Bridges and today we're going to be talking about deliverance and spiritual warfare in this series. Specifically, today I want to deal with the question that many of you have asked and many people want to know: what is deliverance? That's right, what is deliverance? What does it mean to be delivered? Why do I need deliverance? Is deliverance relevant for today, or is it just something that happened two thousand years ago; is it just something the disciples participated in? Do you need to be a priest; do you need to have an exorcism license to operate in deliverance? Well, beloved, these are the questions I want to answer today and I believe that when you get a deeper understanding of these questions it will dramatically shift and transform your life because you're going to be empowered to be able to know how to exercise your authority in Christ.

So the first question I want to answer is what is deliverance? What does it mean to be delivered? You know, the world deliverance comes from the Greek word 'sozo' and it is the same word for salvation. You know, the Bible says in Roman chapter ten verses eight through ten, "But what saith it? The word is nigh thee, even in thy mouth, and in thy heart: that is, the word of faith, which we preach; that if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation" So what does it mean? When we talk about sozo the word sozo means deliverance, salvation, healing, and restoration. Deliverance, salvation, healing, and restoration. It's an all-encompassing word. It's an all-encompassing reality. You know, when you come to the Lord Jesus in faith and you confess Him as your Lord and Savior; when you come to Yeshua and say "You know what, I repent of my sins. I want to turn to you in faith" what happens is you receive the miracle of salvation. You are delivered; you are delivered in that moment. What are you delivered from?

First, you are delivered from the inheritance of sin because the Bible tells us in the book of Genesis chapter three — which we're going to deal with a little bit later on in this series — but the Bible tells us very specifically that when Adam and Eve begin to eat of the fruit of the tree of the knowledge of good and evil, the Bible says their eyes were open and they knew that they were naked and they were ashamed; they hid themselves from the presence of God, and actually, what took place, is that they were ostracized and outed from the presence of God. Sin entered into their lives and sin consciousness took over and they were separated from the holy God, and we know in the narrative that eventually Adam and Eve were kicked out of the Garden of Eden and they were made to toil and struggle for everything they needed; now they had to struggle and toil to till the ground and that was the curse of sin. As a result of this sin, every person born of the blood lineage of Adam was born into a sinful nature. They were born with the proclivity to rebel against God; to rebel against His word; to rebel against His authority and sovereignty in their lives. And all of us beloved, it doesn't matter if you are black, white, Jew, or Gentile; male, or female.

Every person born of a woman is born into sin, and so when we come to faith in Jesus, and we confess him as our Lord and repent of our sins, the Bible tells us that we are saved. "That if thou shalt confess with thy mouth the Lord Jesus and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved." (Romans ten chapter nine). It's the Greek word sozo. Now, so again, the first

dimension of it is that we are saved from the inheritance of sin, you are no longer a sinner. You know, often times I hear people make this statement; they say, "I'm just a sinner saved by grace." Well, beloved, that's an oxymoron. You can't be a sinner saved by grace no more than you going to the shower and coming out dirty. If you go into the shower and come out dirty, you didn't do a good job of showering; amen. You're clean when you go through the shower and the same when you come to faith in Jesus, you are cleansed by the blood of the lamb; you are no longer a sinner, and your nature has been transformed to a saint. The Bible tells us in First John that "we are no longer in this sinful nature," it says, "but he that is born of God does not sin." Now, hey, I don't know about you, but if I really embraced that then there may be a problem there because we all know we still struggle sometimes; we still make mistakes; we still fall, so what is the Bible talking about when it says we don't sin anymore. This is what it means, it means that we don't practice sin, we don't have a lifestyle of sin, and we no longer have a sinful nature. Why? Because your spirit has been born again. Jesus said it very plainly to Nicodemus "Except a man be born again, he cannot see the kingdom of God.

So to be born again means to be born of the spirit, to be given a brand new nature; so that is the first level of salvation, or deliverance. You are delivered — or saved — from a sinful nature, or the inheritance of sin. So then what's the problem, Pastor Kynan? Why do I need deliverance? Why is deliverance relevant if you just told me that I was delivered at the point of salvation? Well, remember, deliverance is all-encompassing, it is instant and progressive. So, watch this; we are delivered from the inheritance of sin from the moment of salvation, but we are also being delivered through the work of sanctification and my renewal. What does that mean? It means that if though you're born again, there are areas in your life and in your soul that have not been regenerated and those areas have a need to experience greater levels of deliverance as we grow in our faith, as we grow in our relationship with God, there's a need for deliverance there. Now, you know, a lot of people have asked the question, "Can a Christian have a demon?" You know, if we're talking about the relevance of spiritual warfare and deliverance, the question is, "can a Christian have a demon?" You know, it's so funny when I think about this question because for many years, this was a great debate in the body of Christ. People debated whether or not people could be demonized as Christians. Can the Christian have a demon? You know, when I became a pastor, I think that debate ended for me. I was totally convinced that even Christians can have demons, but you know, everyone who argued that in the seventies and eighties, almost every one of the foremost proponents of claiming that Christians could not have demons, almost eighty percent of them had moral failure. I think that's ironic because Satan does not want you to know where he is, he doesn't want you to know how to identify him, and he doesn't want you to even believe that he is there so that he can wreak havoc in your life.

So, beloved, first of all, we know that our spirit can be saved so that Christians cannot be possessed with a demon. We can't be possessed with demons, but because the work of redemption is progressive, there can still be layers of demonic activity in a believer's soul, and that is where deliverance is needed; in the soul.

The other thing I want to really bring out is we talked about deliverance and what it is; it is really the releasing from bondage. Any wearer of bondage in your life can be released through the power of God. God wants to release you today. You may be bound with sickness, you may be bound with disease, you may be bound with poverty, you may be bound with lust; beloved, there is lasting freedom in Jesus Christ. You can be delivered. You know, we don't even talk about it that much these days; we don't talk a lot about deliverance anymore because we have this modern culture and framework and expressively

when we talk about grace, and the way grace is being represented, it's as if everybody is just all right and there's nothing wrong with anybody and you're all right with God — and I do believe that by faith we are all right with God — but there are areas in our lives where we need to experience the delivering power of Jesus. And so, I want you to understand that it is extremely important to being able to understand the need and nature of deliverance. Amen. So the other thing I want to really bring out is something very important. Did you know, beloved, that almost a third of Jesus's ministry was deliverance? The Bible tells us in Luke chapter four, Jesus quotes the prophet Isaiah, from Isaiah 61, "The Spirit of the Lord God — some translations say the Spirit of the sovereign Lord — is upon Me, for He has anointed Me to preach good tidings to the poor; He has set at liberty them who are oppressed, to bind up the brokenhearted."

Beloved, that was deliverance, and you see it in Jesus's ministry; He went about releasing people from captivity, releasing people from demon spirits, releasing people from oppression of the devil, and I believe, beloved, if it was good enough for Jesus, then it is good enough for you. In fact, the Bible tells us in John chapter fourteen verse twelve: "He that believes on Me the works that I do shall do also" Well what did He do? He said, "I must work the works of the Father." How did He work the works of the Father? He healed the sick, he raised the dead, He cast out devils. The Bible tells us in Mark chapter sixteen, the last chapter, "These signs should follow them that believe; in my name they shall cast out devils."

When I was younger, there was a movie that came out called "The Exorcist"; and in this movie, there was a young lady who was possessed with a demon and she turned green and she was spitting out green stuff and her head was spinning around, and that's kind of the picture — or the framework — that we conceive of when we think of deliverance, or a person having a demon. But really, that's not really what the Bible is talking about.

Though there are times where people are possessed, that's not what I'm talking about today. When I talk about being demonized, I am talking about a believer being under demonic oppression. We are talking about something pressing you down — or weighing you down. Something inhibiting the flow of God in your life, something that is restricting you, and preventing you from realizing the purpose and plan of God for your life. Now, when we put it in that context, it changes everything. When we put it in that context, now you can begin to see that there are many people who fall into that category. Oh, you don't believe me? How about those who are dealing with depression? How many people do we know that are battling chronic depression? Spirit-filled believers who love the Lord Jesus with all their heart and who know the Bible, yet they are downed by depression. How many pastors do you know that are bound by pornography. Pastors who know the word of God and who are prolific teachers and preachers, but in the secret place of their heart, they defile themselves with uncleanness. A recent study showed that sixty percent of pastors were addicted to pornography. That is what we mean when we talk about demonization. We are talking about when there is something at work in a believer's life that is undermining their freedom, undermining their ability to worship God, and undermining their progression in the things of God.

How many do we know that are bound by chronic fear? You know, you would be amazed, we get prayer requests from all over the world, beloved, of people who are afraid, adults, married people, clergymen, pastors, leaders, who deal with fear, and deal with anxiety. When they go into a dark room they're

afraid. When they go on an elevator, they are afraid. When they fly on the plane, there's fear — phobias, of all sorts.

Beloved, I want to tell you today that God is not giving you a spirit of fear, my God; He is giving you a spirit of power, of love, and of a sound mind. God doesn't want you bound, but until you understand what deliverance is, you won't be able to walk in the manifestation of Him, hallelujah.

So we know that many people are demonized. Now, demons again can't possess the spirit but can operate in the soulish realm. In first Thessalonians chapter five verse twenty three, I want to prove this out, it says: "And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ."

Now what does that teach us? It teaches us that man has a triune nature just like God. God is triune. He is Father, Son, and Holy Spirit. Man, made in the image of God — according to the bible — has a triune nature. Man is tripartite. He is both a spirit who possesses a soul and lives in a body. Man is a spiritual being who has communion with God, who possesses a soul — which is the seed of his mind, will, and his emotions — and is housed in a physical body. So when you begin to understand the breakdown of the human spirit and the breakdown of the composition of us as spiritual beings, you can now understand the need for deliverance. That even though many people are saved in their spirit, they're still bound in their soul. What do I mean by that? They're bound in their emotions; they're bound in their mindset. Now the Bible tells us in the book of James chapter one verse eight that, "A double minded man is unstable in all of his or her ways."

I just felt this in my spirit. There's someone watching me — and you can really identify with this — you battle in your mind. There are literally two opposing belief systems going on inside of you at the same time. We call it — in the psychological world — cognitive dissonance. It is when you have two opposing belief systems. In other words, on the one hand, you go to church, you worship God, and you love God, but then on the other hand, you're addicted to pornography. That is schizophrenia, that is double-mindedness; it originates from a demonic origin. It is something the enemy tries to use to oppress your soul. Beloved, God doesn't just want your spirit saved, He wants you sanctified in your soul, He wants you sanctified in your body, He wants you to walk out your salvation. The Bible says, "Let us work out our salvation with fear and trembling."

So you must understand that there is a great need for deliverance in the body of Christ. It is relevant, it is important, and when you begin to understand the keys for deliverance as we're going to talk about in this series, I believe that your life is going to be turned around. You are going to learn how to walk in freedom; you're going to learn how to walk in consistent breakthrough in your lives. Hallelujah Glory to His holy name.

Now, if deliverance is so important, how do I experience deliverance? Remember, sozo, to be saved, to be restored. God wants to restore you today. Number one — this is how you experience deliverance — The delivering power of God is contained in the blood of Jesus. The Bible tells us that the life is in the blood. The life is in the blood. The blood of Jesus releases God's delivering power for your life. You know, it's the blood that gives us a right, beloved, to freedom. It's the blood that gives us the ability to break out of the snare of the enemy. You know, Satan recognizes the blood, he acknowledges the blood, he realizes the power of the blood so because of the blood of Jesus Christ; you have a right to be free. You have a right to live in victory, and there are times in your life when you're dealing with

bondages, when you're dealing with fear, when you're dealing with oppression; you need to understand that the blood has never lost its power, that the blood of Jesus Christ is available to you to set you free. Beloved, you've got to call upon the blood. Say "In the name of Jesus, I declare the blood of the Lamb over my mind. I declare the blood of the lamb over my soul. I declare the blood of the lamb over my body," and what you're doing by doing that, you are releasing the covenant promise of deliverance. The Bible tells us in Romans Chapter ten verse thirteen that, "For whoever calls upon the name of the Lord shall be saved — or shall be delivered." You have to call upon His name; you have to invoke the blood of Jesus Christ because that is the key to experiencing deliverance and freedom. Number two, the word of God brings deliverance. You know, the Bible says in Psalms one hundred and seven, verse twenty, "He sent his word, and healed them, and delivered them from all of their destructions." Every time you get the word in your spirit, it manifests the delivering power of God in your soul. In fact, the Bible tells us very clearly in Hebrews Chapter four, verse twelve, "The word of God is quick and powerful, sharper than any two edged sword, and — watch this — piercing even to the dividing asunder of soul and spirit."

Beloved, the word is the only force, the only living power, the only life giving power that has the ability to separate soul from spirit. Joints from marrow, and is a discerner of the thoughts and intents of the heart. Every time we hear the word of God, every time we receive the word of God, every time we believe the word of God, it releases God's delivering power into our lives.

And number three, we are delivered by faith. The Bible says, "If thou shalt confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, thou shalt be saved." I can't even begin to communicate to you the countless testimonies — both my personal testimonies and testimonies of others — who have experienced deliverance as they have placed their faith in the word of God. The Bible tells us in John chapter fifteen verse three and four, "Now you are clean through the word which I have spoken unto you. Abide in me, and I in you."

You see, as we abide in the word in God and the word of God abides in us and we begin to release our faith in the word, the word begins to work inside of our soul and spirit and release every area of bondage. You know the Bible talks about the ministry of Jesus. It says that He would cast out demons with His word. He would release the word of God, and as He released the word of God, people were liberated from their captivity. People were set free from their bondage. All you need is the word. Do you know, beloved, that one word can change your life? One word can set the captives free. I know what you're thinking, you're saying, "Pastor Kynan, I hear you but you don't understand, I've been addicted to cigarettes for twenty years. I've tried everything, I'm going to therapy, I've done this, and I've done that." Let me tell you something, the Bible says His word will not return void. I don't care how long you smoked; I don't care if you have a degree in smoking; I declare, in Jesus's name, that today is the day of your freedom. In the name of Jesus Christ of Nazareth. His name is more powerful than your addiction. His name is mightier than your bondage. I declare that you're going to be free today. You say, "Well pastor Kynan, I have this lust addiction. I've tried, I feel ashamed. I have told people about it, I've talked to my pastors, my leaders, but I can't seem to get free."

Let me tell you something, you don't need a pastor to get free. All you need is the word of God, and the word of God will set you free, if you will believe. The Bible says if you will believe, you will see the glory of God. That's what he told Mary. Did you know that, hear this, the book of Hebrews gives us an account of the children of Israel walking through their wilderness journey. And all the sins they

committed, they fornicated in the wilderness, they worshiped the golden calf, they complained against God, they murmured, they were idolaters in the wilderness, but there's only one indictment God uses — in the book of Hebrews — to describe why they did not enter into their promise. It wasn't idolatry, it wasn't rebellion, it wasn't any of those things; it was unbelief. They did not believe the word of God, they didn't believe that God could deliver them from bondage. That's why they remained in that situation. All you have to do today is believe. All you have to do today is to know that the price has already been paid for your freedom. Jesus has already gone to the cross. The same God that saves your soul, the same God that delivers you from the inheritance of sin can deliver you from that addiction. The same God who heals all your diseases is the same God who will set you free from any bondage. All you have to do is believe in the finish work of the Cross and appropriate it in your body, appropriate it over your mind, appropriate it in your soul. In Jesus's name, hallelujah to the Lamb of God. I believe that God wants to minister to you today. I believe that today is the day of your breakthrough. I would dare to say — I'm going to say something very bold if you will bear with me — anybody watching this, anybody listening to my voice, you are going to get set free today. You are going to be delivered today; all you need to do is believe.

Can I pray with you, beloved? I don't know what you are dealing with. Some of you have been bound by spirit of poverty. Everywhere you turn, there's lack; everywhere the enemy's attacking your finances. You need to be delivered from that. Some of you are bound by spirit of gossip and judgementalism. You judge everybody, you even judge yourself. You gossip about everybody. Nobody can turn their back lest you say something about them. There's something wrong there, that's not of God, beloved. You need to recognize that's not the spirit of God, that's the spirit of the enemy. Now I want to declare today that you're going to be free; addictions, aversions, whatever it might be. Someone is dealing with fear. You've been dealing with it since you were five years old. In the middle of the night you've felt this menacing presence and God says he wants to set you free from that, so that you can sleep sweetly. I'm telling you from tonight on Sunday, you will sleep so hard an alarm won't even wake you up. Glory to God. That might be good or bad, I don't know how I want to put it out there, but let's pray right now because I believe the spirit of God is talking to you.

Father in Jesus's name, Lord, Your people are hearing this word and I believe You want to release them today from any bondage they might be experiencing. And I just want you to say this prayer with me. Say, "Heavenly Father, I believe Jesus Christ is Your son. I believe He suffered on the cross and died. I believe he defeated Satan and rose again, and today I accept Him as my Lord and my Deliverer. You said in Your word in Romans ten that if I call upon the name of the Lord, You will deliver me, so right now in the name of the Lord Jesus of Nazareth, Yeshua, deliver me, and set me free. In every area of my life I plead the blood over my mind, my body, my soul, every part of my being. I give it to you. Satan, go from me now! Addiction go, fear go, anger go, lust go now in Jesus's name. I declare I am one hundred percent free because of the cross of the Lord Jesus. In Jesus's name, amen." Beloved, if you prayed that prayer today is your day of breakthrough. Your life will never be the same. God bless you, God keep you, and shalom, and we'll meet again and talk more about deliverance and spiritual warfare next time. God bless you, beloved.